

February 2024

This institution is an equal opportunity provider.
MENU IS SUBJECT TO CHANGE.



MIDDLE SCHOOL MENU

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Groundhog Day, celebrated on February 2nd, came about because of a German superstition. They thought if a hibernating animal cast a shadow on February 2nd that winter would last another six weeks. If there was no shadow, spring would come early.

Pancake on a Stick **5**

TERIYAKI CHICKEN RICE BOWL

Grab & Go - Southwest & Veggie Salad PB & J Sandwich & Italian Club

Biscuits & Gravy **6**

PEPPERONI OR CHEESE PIZZA

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J Sandwich & Turkey & Cheese

French Toast Sticks **7**

CREAMY CHICKEN ENCHILADA

Grab & Go - Southwest & Veggie Salad PB & J Sandwich & Italian Club

French Toast Sticks **1**

PEPPERONI OR CHEESE PIZZA

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J Sandwich & Ham & Cheese

Maple Waffle **2**

CORN DOG

Grab & Go - Southwest & Veggie Salad PB & J Sandwich & Italian Club

Breakfast Burrito **12**

ORANGE CHICKEN RICE BOWL

Grab & Go - Southwest & Veggie Salad, PB & J & Italian Club Sandwich

Pancakes **13**

PEPPERONI OR CHEESE PIZZA

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J Sandwich & Turkey & Cheese

Breakfast Pizza **14**

CHICKEN NUGGETS

Grab & Go - Southwest & Veggie Salad, PB & J Sandwich & Italian Club

French Toast Sticks **15**

PEPPERONI OR CHEESE PIZZA

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J Sandwich & Ham & Cheese

Maple Waffle **16**

TACOS

Grab & Go - Southwest & Veggie Salad, PB & J Sandwich & Italian Club

19

President's Day

Biscuits & Gravy **20**

PEPPERONI OR CHEESE PIZZA

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J Sandwich & Turkey & Cheese

French Toast Sticks **21**

CHICKEN POTATO BOWL

Grab & Go - Southwest & Veggie Salad PB & J Sandwich & Italian Club

Breakfast Pizza **22**

PEPPERONI OR CHEESE PIZZA

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J Sandwich & Ham & Cheese

Mini Waffle **23**

CORN DOG

Grab & Go - Southwest & Veggie Salad PB & J Sandwich & Italian Club

Breakfast Burrito **26**

TERIYAKI CHICKEN RICE BOWL

Grab & Go - Southwest & Veggie Salad PB & J Sandwich & Italian Club

Pancakes **27**

PEPPERONI OR CHEESE PIZZA

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J Sandwich & Turkey & Cheese

Breakfast Pizza **28**

CREAMY CHICKEN ENCHILADA

Grab & Go - Southwest & Veggie Salad PB & J Sandwich & Italian Club

French Toast Sticks **29**

PEPPERONI OR CHEESE PIZZA

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J Sandwich & Ham & Cheese

2023-2024 MEAL PRICES

PAID MEALS	
Breakfast	\$1.20
Lunch	\$2.30
ADULT MEALS & 2 nd STUDENT MEALS	
Breakfast	\$2.75
Lunch	\$3.75

GRILL ITEMS SERVED DAILY -

Hamburger, Cheeseburger, Spicy Chicken Sandwich, Breaded Chicken Sandwich & Grilled Cheese

During LUNCH, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

<https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

½ CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL

HAPPY Valentine's DAY