


February 2024

Harker Lunch Menu

Swedesboro-Woolwich

DAILY VEGETABLE BAGS:
MONDAY: BABY CARROTS
TUESDAY: CELERY STICKS
WEDNESDAY: ROASTED GARLIC CHICKPEAS
THURSDAY: CUCUMBER SLICES
FRIDAY: SPINACH SIDE SALAD
FRUIT: Fresh, Cupped & 100% Fruit Juice
MILK: Skim White, Skim Chocolate, Skim Strawberry, 1% White

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Lunch Includes: Protein Grain Fruit Veggie Milk Choose at least 3 out of 5 components— 1 must be a fruit or veggie. You may take 2 fruits & 2 veggies!</p> <p>Lunch Prices Student Paid: \$3.10 Free & Reduced Status: free! Adult Lunch: \$5.00</p>				<p>1</p> <p>ENTREE #1 CHICKEN TENDERS & GARLIC BREADSTICK ENTREE #2 BUFFALO CHICKEN DIP ENTREE #3 FROSTED FLAKES BAG Sides: CHEESY BROCCOLI 100% JUICE CUP</p>	<p>2</p> <p>ENTREE #1 GARLIC FRENCH BREAD PIZZA ENTREE #2 HOT DOG ON BUN ENTREE #3 FROSTED FLAKES BAG Sides: GREEN BEANS FRUIT OF THE DAY</p>
<p>5</p> <p>ENTREE #1 STUFFED CHEESY BREADSTICKS ENTREE #2 GRILLED CHEESE ENTREE #3 BAGEL LUNCH BAG Sides: BBQ BAKED BEANS FRUIT OF THE DAY</p>	<p>6</p> <p>ENTREE #1 BEEF & CHEESE TACO WRAP ENTREE #2 CHEESEBURGER ENTREE #3 BAGEL LUNCH BAG Sides: MIXED VEGETABLES 100% JUICE CUP</p>	<p>7</p> <p>ENTREE #1 PANCAKES & CHICKEN SAUSAGE ENTREE #2 EGG & CHEESE BAGEL ENTREE #3 BAGEL LUNCH BAG Sides: PEAS FRUIT OF THE DAY</p>	<p>8</p> <p>ENTREE #1 CHICKEN NUGGETS & GARLIC STICK ENTREE #2 CHEESE QUESADILLA ENTREE #3 BAGEL LUNCH BAG Sides: GARLIC SPINACH 100% JUICE CUP</p>	<p>9</p> <p>ENTREE #1 CHEESE PIZZA WEDGE ENTREE #2 HAM & CHEESE SANDWICH ENTREE #3 BAGEL LUNCH BAG Sides: CARROTS FRUIT OF THE DAY</p>	
<p>12</p> <p>ENTREE #1 STUFFED CRUST PIZZA ENTREE #2 CHEESEBURGER ENTREE #3 TRIX CEREAL BAG Sides: GREEN BEANS FRUIT OF THE DAY</p>	<p>13</p> <p>ENTREE #1 BEEF TACO & HARDSHELLS ENTREE #2 MINI CHICKEN CORN DOGS ENTREE #3 TRIX CEREAL BAG Sides: GOLDEN CORN 100% JUICE CUP</p>	<p>14</p> <p>ENTREE #1 MAPLE WAFFLES & CHICKEN SAUSAGE ENTREE #2 HOT DOG ON BUN ENTREE #3 TRIX CEREAL BAG Sides: SMILE FRIES FRUIT OF THE DAY</p>	<p>15</p> <p>ENTREE #1 POPCORN CHICKEN & GARLIC BREADSTICK ENTREE #2 CHEESEBURGER ENTREE #3 TRIX CEREAL BAG Sides: PEAS 100% JUICE CUP</p>	<p>16</p> <p>SCHOOL CLOSED</p>	
<p>19</p> <p>SCHOOL CLOSED</p>	<p>20</p> <p>ENTREE #1 CHICKEN FAJITAS ENTREE #2 CHICKEN CAESAR SALAD & ROLL ENTREE #3 BAGEL LUNCH BAG Sides: CARROTS 100% JUICE CUP</p>	<p>21</p> <p>ENTREE #1 CONFETTI PANCAKE & CHICKEN SAUSAGE ENTREE #2 EGG & CHEESE BAGEL ENTREE #3 BAGEL LUNCH BAG Sides: MIXED VEGETABLES FRUIT OF THE DAY</p>	<p>22</p> <p>ENTREE #1 CHICKEN TENDERS & GARLIC BREADSTICK ENTREE #2 BUFFALO CHICKEN DIP ENTREE #3 BAGEL LUNCH BAG Sides: CHEESY SPINACH 100% JUICE CUP</p>	<p>23</p> <p>ENTREE #1 MINI PIZZA BAGELS ENTREE #2 HOT DOG ON BUN ENTREE #3 BAGEL LUNCH BAG Sides: POTATO WEDGES FRUIT OF THE DAY</p>	
<p>26</p> <p>ENTREE #1 CHICKEN PATTY ON BUN ENTREE #2 GRILLED CHEESE ENTREE #3 C. TST CEREAL BAG Sides: PEAS FRUIT OF THE DAY</p>	<p>27</p> <p>ENTREE #1 BEEF NACHO GRANDE ENTREE #2 GARDEN SALAD W/CHEESE & ROLL ENTREE #3 C. TST CEREAL BAG Sides: BROCCOLI 100% JUICE CUP</p>	<p>28</p> <p>ENTREE #1 FR. TST STICKS & CHICKEN SAUSAGE ENTREE #2 QUESADILLA PIZZA ENTREE #3 C. TST CEREAL BAG Sides: SMILE FRIES FRUIT OF THE DAY</p>	<p>29</p> <p>ENTREE #1 CHICKEN NUGGETS & GARLIC BREADSTICK ENTREE #2 HOT DOG ON BUN ENTREE #3 C. TST CEREAL BAG Sides: BBQ BAKED BEANS 100% JUICE CUP</p>	<p>CAFÉ CONTACT INFO:</p> <p>GINA D'ADAMO Food Service Director abc@nsfm.com Phone: 856-241-1552 ext 1097 *Menu subject to change</p>	

View your lunch account: www.schoolpaymentportal.com