

February 2024

Lunch includes entrée listed below, fruit, milk, and vegetable

All grains are at least 50% whole Grain. Students Must take ½ cup fruit and/or vegetables with meal. Milk Choice Include Skim, 1% and Skim Chocolate. Menu subject to change without notice, due to price and availability.

Local Harvest of the Month is Beets

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST: Students: \$2.00 Reduced: .30 Adult: \$2.25	Whole Grain Cereal OR Oatmeal with Choose Your Own Toppings Fruit and Milk	Egg, Ham, Cheese on English Muffin w/ Fruit and Milk	Benefit Bar, Fruit and Milk	Pancakes/Yogurt/ Sausage Fruit and Milk	Muffin w/ String Cheese, Fruit, Milk
	Available Daily: Assorted Whole Grain Cereals, Oatmeal, UBR Bar, String Cheese, Milk, Orange Juice and Canned and Fresh Seasonal Fruit, Breakfast comes with Choice of Protein, Choice of Grain, Choice of Fruit and Milk				
LUNCH: Students: \$3.25 Reduced: .40 Adult: \$4.25 Now Local: Beef, Lentils, Squash, Carrots, Some Breads and Flour And more!	PLEASE JOIN US FOR BREAKFAST OR LUNCH! For Free Lunch Eligibility Call 751-3400 ext 3443, Menu Questions 751-3400 ext 3646				
				1 Chicken Patty on WG Bun, Pizza or PBJ	2 Corn Dog, Hoagie, PBJ
	5 Cheeseburger on WG Bun w/ Baked Chips, Hoagies, PBJ	6 Pizza, PBJ, or Burrito	7 Pizza, Hoagie or, PBJ	8 Pizza, Hoagie or Chicken Patty on WG Bun	9 Corn Dog, Hoagie and PBJ
	12 Cheeseburger w/ Baked Chips, Hoagies, PBJ	13 Pizza, PBJ or Burrito	14 Pizza, Hoagie, PBJ	15 Pizza, Hoagie or Chicken Patty on WG Bun	16 Corn Dog, Hoagie or PBJ
	19 NO SCHOOL	20 Pizza, PBJ, or Burrito	21 Pizza, Hoagie, PBJ	22 Pizza, Hoagie or Chicken Patty on WG Bun	23 Corn Dog, Hoagie or PBJ
	26 Cheeseburger w/ Baked Chips, Hoagie or PBJ	27 Pizza, PBJ or Burrito	28 Pizza, Hoagie PBJ	29 Pizza, Hoagie or Chicken Patty on WG Bun	
	Student Meal Includes: 1 cup milk, 1-2 oz. meat, 1-2 oz. grain, 3/4 cup veggie and 1/2 cup fruit, 600-700 calories				