WRESTLING – Thursday at Mt. Spokane, the Panthers (9-0) defeated the Wildcats in the annual GlowDown ShowDown, 55-15 to finish the regular season undefeated and claim their 4th Greater Spokane League Wrestling Title in a row! The Panthers got off to a quick start and did not look back. The first three matches ended with pins by Billy Weisgerber, James Mason and Josh Neiwert and Mead led 18-0. For a complete recap click the link here - Mead jumps out to commanding lead, topples rival Mt. Spokane to claim Greater Spokane League title Tuesday at Cheney, the Panthers defeated the Blackhawks, 71-6 in a rescheduled match. Next up for the Panthers is the Region IV Sub Regional at the Spokane Convention Center – February 2nd & 3rd. The Girls Sub Regional is at Hanford High School on Friday, February 2nd. Our Panther Freshmen defeated the rest of the GSL Teams at Saturdays’s Spokaloo Wrestling Tournament held at Rogers High School. Mead outscored 2nd place Gonzaga Prep, 265-147.

Champions were: Trandyn Lundquist (106 lbs), Raenah Smith (120 lbs), Evan Urann (144 lbs), Brendan Patton (157 lbs), Kayleb Klaus (165 lbs), Caden Brooks (175 lbs), Ciaus Kimpel (190 lbs) & Dustin Johnson (215-285 lbs).

GYMNASTICS – Mead finished 1st in their League Meet last Tuesday outscoring 2nd place Ferris, 174,875 to 149,775. Tabitha Pierce won the Vault, finished 2nd on the Floor and Bars and was the All-Around Champion (35.125). Delaney Christoph was 3rd AA. Dezlyn Lundquist placed 1st on the Bars, Beam and Floor while Gracie Young finished 2nd on Bars, Abbie Fielding was 3rd on Beam and Mason Bonnett was 3rd on the Floor. The Girls were in Vancouver for an Invitational over the weekend.

GIRLS BASKETBALL – Mead won at Ferris Tuesday, 82-36. Teryn Gardner led all scorers with 21 points, Gracie Wenkheimer hit five 3’s and scored 17 and Julie Thoet added 11 points. Friday, the Panthers (7-0, 17-1) had four players score in double figures and defeated a determined Ridgeline team, 53-47. Teryn Gardner had 15 points and Reese Frederick (10 points) hit a couple of big threes in the 2nd half to increase the lead over the Falcons. Addison Wells-Morrison scored 11 points and Brynn Smith had 10.

BOYS BASKETBALL – The Boys trailed by one at halftime, but lost to the Saxons, 63-54. Brady Thornton had 17 points. Karson Maze and Jaden Ghoreishi each had 11. Friday Mead (2-5, 8-9) lost a tough one to Ridgeline, 58-53. Karson Maze (11 points) and Jaden Ghoreishi (10 points) led the Panthers.

FAST! – Last week, Mead senior Dominick Corley became nation’s fastest high school sprinter in the 60-meter dash winning the event at the Spokane High School Invitational with a personal best 6.64. Here’s a couple of Story Links: Sprint Star Interview

Sneak Peak @ Post Season Dates . . . Wrestling - Regional Tournaments are next weekend (Feb 9 & 10) – Boys at University and Girls at Sunnyside. Mat Classic XXXV is February 16 & 17 at the Tacoma Dome. Gymnastics – The Mead Gymnastics Center will host the 2A/3A Regionals on February 13. The State Meet is at Sammamish High School February 22-24. February 6 (CatMania) is the end of the regular season for Boys & Girls Basketball. The District-8 Tournament begins February 10 and the Opening Round of State games are set for February 20.