

# TOO SICK FOR SCHOOL?



HERE'S HOW TO TELL



## STAY HOME IF ...

Your child feels too sick for regular activities

Yellow or green pus appears

The temperature on an oral thermometer reads 100° F or higher (100.4° F for an ear, rectal or forehead temp)

You suspect flu – it spreads rapidly

Redness and itchiness affect all or most of your child's body

Your doctor suspects or diagnoses strep throat

Your child is vomiting or has uncontrollable diarrhea



## GO BACK TO SCHOOL AFTER ...

Fever decreases and your child feels better

The amount of pus decreases; after using antibiotic eye drops for 24 hours

Body temperature reaches normal (98.6° F)

Fever has been gone for 24 hours

The rash is gone – or the doctor gives the OK

24 hours have passed since beginning antibiotics

Vomiting stops and your child has control of bathroom breaks

## SYMPTOM

← COUGH AND OTHER COLD SYMPTOMS →

← EYE DISCHARGE →

← FEVER →

← FLU →

← RASH →

← SORE THROAT →

← STOMACHACHE →



If your child's symptoms are persistent or severe, seek an evaluation by a health care provider. Learn more at [Rainbow.org/AskRainbow](http://Rainbow.org/AskRainbow).

Sources: American Academy of Pediatrics, Centers for Disease Control and Prevention