APAC SWIMMING 2023 @ ISB, Beijing		
STAGE	EVENT	APPROX TIME
	THURSDAY FEBRUARY 1 – SESSION 1	
PRELIMS	200M Freestyle (Girls)	10:15
PRELIMS	200M Freestyle (Boys)	10:35
PRELIMS	50m Breaststroke (Girls)	10:55
PRELIMS	50m Breaststroke (Boys)	11:05
PRELIMS	50m Butterfly (Girls)	11:15
PRELIMS	50m Butterfly (Boys)	11:25
PRELIMS	100M Backstroke (Girls)	11:35
PRELIMS	100M Backstroke (Boys)	11:45
PRELIMS	400M Freestyle Relay (Girls)	12:00
PRELIMS	400M Freestyle Relay (Boys)	12:15
	THURSDAY FEBRUARY 1 – SESSION 2	
FINALS	200M Freestyle (Girls)	15:00
FINALS	200M Freestyle (Boys)	15:10
FINALS	50m Breaststroke (Girls)	15:30
FINALS	50m Breaststroke (Boys)	15:40
FINALS	50m Butterfly (Girls)	16:00
FINALS	50m Butterfly (Boys)	16:10
FINALS	100M Backstroke (Girls)	16:30
FINALS	100M Backstroke (Boys)	16:40
FINALS	400M Freestyle Relay (Girls)	17:00
FINALS	400M Freestyle Relay (Boys)	17:15
	FRIDAY FEBRUARY 2 – SESSION 3	
PRELIMS	100M Individual Medley (Girls)	10:00
PRELIMS	100M Individual Medley (Boys)	10:15
FINALS (1-2)	400M Freestyle (Girls)	10:30
FINALS (1)	400M Freestyle (Boys)	10:45
PRELIMS	100m Breaststroke (Girls)	11:15
PRELIMS	100m Breaststroke (Boys)	11:25
PRELIMS	50M Freestyle (Girls)	11:40
PRELIMS	50M Freestyle (Boys)	11:55
PRELIMS	200M Medley Relay (Girls)	12:05
PRELIMS	200M Medley Relay (Boys)	12:15
	FRIDAY FEBRUARY 2 – SESSION 4	
FINALS	100M Individual Medley (Girls)	15:00
FINALS	100M Individual Medley (Boys)	15:10
FINALS (3-4)	400M Freestyle (Girls)	15:30
FINALS (2-3)	400M Freestyle (Boys)	15:40
FINALS	100m Breaststroke (Girls)	16:00
FINALS	100m Breaststroke (Boys)	16:10
FINALS	50M Freestyle (Girls)	16:30
FINALS	50M Freestyle (Boys)	16:40
FINALS	200M Medley Relay (Girls)	17:00
FINALS	200M Medley Relay (Boys)	17:10