

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/01/2024																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	15	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)
Cheeseburger - TR1897 (1 ea.)	15	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Crispy Chicken Sandwich - TR1658 (1 ea.)	20	370.00	10.00	1.50	0.00	50.00	870.00	46.00	4.00	5.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00
Chili Cheese Fries - TR1922 (1 ea.)	35	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Garlic Breadstick - TR1622 (1 ea.)	35	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00
Baked Beans - TR1186 (1/2 c.)	25	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Sidewinder Fries - TR1939 (3 oz.)	50	136.49	5.31	0.76	0.00	0.00	394.31	21.23	1.52	0.00	0.00	1.52	0.46	15.17	0.00	0.00	0.00	242.35	0.00
Mixed Vegetables - TR1150 (1/2 c.)	15	89.84	1.14	0.25	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)
Apple Red Delicous - TR1420 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/01/2024	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Crispy Chicken Sandwich - TR1658 (1 ea.)	0.00
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Baked Beans - TR1186 (1/2 c.)	0.00(M)
Sidewinder Fries - TR1939 (3 oz.)	0.00
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/01/2024																				
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	10	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS STAR Friday - ServingDate: 02/02/2024																				
Teriyaki Beef - TR1906 (4 ea.)	20	159.00	6.50	2.60	0.00	39.00	382.00	11.70	0.60	9.10	(M)	13.60	1.60	14.00	49.00	0.00	0.00	(M)	0.00	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	20	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)	
Plant Based Chicken Nuggets - TR1830 (5 ea.)	10	251.16	11.30	1.88	0.00	0.00	464.64	25.12	3.77	2.51	0.00	15.07	2.13	37.67	0.00	0.00	0.00	452.11	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Mega Mini Bites - TR1462 (10 ea.)	20	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
MEAT LOVERS PIZZA - TR1383 (1 slice)	6	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00	
Tuscan Style Cheese Pizza - TR1152 (1 slice)	7	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.84	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)	
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	7	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Whole Grain Roll - TR1005 (1 ea.)	70	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Golden Corn - TR1095 (1/2 c.)	50	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)	

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Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/01/2024	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2023 FALL Lunch HS STAR Friday - ServingDate: 02/02/2024	
Teriyaki Beef - TR1906 (4 ea.)	0.00
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Plant Based Chicken Nuggets - TR1830 (5 ea.)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)

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 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch HS STAR Friday - ServingDate: 02/02/2024																			
Mashed Potatoes - TR1083 (1/2 c.)	80	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.60	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75 (M)
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	35	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)
Country Gravy - TR1074 (4 tbsp.)	50	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.37	0.00	101.25	1.22	(M)	(M)	0.00
BBQ Sauce - TR1151 (1 ea.)	5	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	10	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
2023 FALL Lunch HS STAR Monday - archived on Jan 22 2024 8:50AM - ServingDate: 02/05/2024																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	20	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)
Cheeseburger - TR1897 (1 ea.)	10	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Hamburger - TR1899 (1 ea.)	10	357.00	17.60	6.40	0.00	63.00	511.00	29.00	2.00	4.00	4.00(M)	20.60	2.60	125.00	0.00	0.00	0.00(M)	0.00(M)	0.00
Meatballs - TR1262 (2 1/2 oz.)	15	152.00	11.00	4.00	0.70	48.00	302.00	2.00	1.00	1.00	(M)	12.00	1.00	28.00	1.00	0.00	(M)	(M)	(M)

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 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Friday - ServingDate: 02/02/2024	
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2023 FALL Lunch HS STAR Monday - archived on Jan 22 2024 8:50AM - ServingDate: 02/05/2024	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Hamburger - TR1899 (1 ea.)	0.00
Meatballs - TR1262 (2 1/2 oz.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch HS STAR Monday - archived on Jan 22 2024 8:50AM - ServingDate: 02/05/2024																			
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	12	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	5	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	5	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.84	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	5	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)
Premium Lunch Quick Kit - TR1660 (1 kit)	1	480.00	11.50	3.50	0.00	20.00	545.00	75.00	3.00	33.00	4.00(M)	17.00	1.80	360.00	90.00	42.00	0.10(M)	269.31(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Turkey Fajita - TR1820 (1/2 c.)	15	85.54	1.07	0.54	0.00	37.42	352.84	1.07	0.00	0.00	0.00	17.11	0.39	0.00	0.00	0.00	0.00	0.00	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	25	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00
Marinara Sauce - TR1124 (1/2 c.)	25	86.67	3.37	0.48	0.00	0.00	134.81	14.44	1.93	9.63	(M)	1.93	1.04	19.26	481.48	5.78	(M)	(M)	(M)
Garlic Toast - TR1004 (1 ea.)	50	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)
Rotini Pasta - TR1129 (1 c.)	50	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40(M)
Crinkle Cut Fries - TR1527 (3 oz.)	65	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)
Seasoned Green Beans - TR1085 (1/2 c.)	15	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.43	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Vegetable Medley - TR1105 (1/2 c.)	15	41.62	1.12	0.24	0.00	0.00	167.75	5.34	2.13	3.20	0.00(M)	1.07	0.00	21.35	808.46	6.40	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Monday - archived on Jan 22 2024 8:50AM - ServingDate: 02/05/2024	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Turkey Fajita - TR1820 (1/2 c.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	(M)
Garlic Toast - TR1004 (1 ea.)	(M)
Rotini Pasta - TR1129 (1 c.)	0.53(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Vegetable Medley - TR1105 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch HS STAR Monday - archived on Jan 22 2024 8:50AM - ServingDate: 02/05/2024																			
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	10	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	10	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/06/2024																			
Beef Chili - TR1808 (1 #8 scoop)	40	141.20	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	10	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	10	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	5	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.84	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	5	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	20	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Monday - archived on Jan 22 2024 8:50AM - ServingDate: 02/05/2024	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/06/2024	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/06/2024																				
Nachos - TR1277 (20 ea.)	20	302.39	12.96	3.24	0.00	0.00	162.00	41.04	4.32	0.00	(M)	4.32	0.78	43.20	0.00	0.00	(M)	(M)	(M)	
Seasoned Rice - TR1833 (1 c.)	10	196.88	1.74	0.00	0.00	0.00	569.81	40.53	2.32	0.00	0.00(M)	4.63	0.83	3.41	0.00	0.00	0.00(M)	0.00(M)	113.44 (M)	
Premium Frito Chips - TR1856 (2 oz.)	20	320.00	20.00	3.00	0.00	0.00	339.99	32.00	2.00	0.00	0.00	4.00	0.00	40.00	(M)	(M)	0.00	60.00	(M)	
Charro Beans - TR1094 (1/2 c.)	35	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.24	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)	
Roasted Corn & Peppers - TR1615 (1/2 c.)	35	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00	
Salsa Cup - TR1072 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	35	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese Sauce - TR1624 (2 fl. oz.)	60	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00	
Fiesta Salad - TR1101 (1/2 c.)	25	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)	
Soft Taco Shred American Cheese - TR1258 (1/8 c.)	10	35.00	2.25	1.25	0.00	7.50	235.00	1.00	0.00	0.50	(M)	3.50	0.00	100.00	150.00	0.00	(M)	(M)	(M)	
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/07/2024																				
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
MEAT LOVERS PIZZA - TR1383 (1 slice)	5	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/06/2024	
Nachos - TR1277 (20 ea.)	(M)
Seasoned Rice - TR1833 (1 c.)	0.11(M)
Premium Frito Chips - TR1856 (2 oz.)	(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Soft Taco Shred American Cheese - TR1258 (1/8 c.)	(M)
Sour Cream - TR1098 (1 pkg.)	(M)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/07/2024	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/07/2024																				
Tuscan Style Cheese Pizza - TR1152 (1 slice)	5	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.84	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)	
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	5	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)	
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	252.00	7.35	0.53	0.00	36.75	577.49	32.55	2.10	3.15	1.05	17.85	3.15	36.75	0.00	0.00	0.00	(M)	0.00	
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	10	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00	
Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)	20	260.00	7.00	2.00	0.00	140.00	960.00	20.00	0.00	18.00	(M)	30.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	25	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Chow Mein Noodles - TR1936 (1 c.)	70	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00	
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)	
Steamed Broccoli - TR1112 (1/2 c.)	50	36.26	1.12	0.24	0.00	0.00	156.75	5.07	2.85	1.40	0.00(M)	2.95	0.56	31.06	965.72	38.20	0.00(M)	0.00(M)	0.00(M)	
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00	
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Fortune Cookie - TR1002 (1 ea)	30	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/07/2024	
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/07/2024																				
Sweet & Sour Sauce - TR1114 (2 ea.)	50	30.00	0.00	0.00	0.00	0.00	140.00	8.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/08/2024																				
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	15	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)	
Cheeseburger - TR1897 (1 ea.)	15	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Crispy Chicken Sandwich - TR1658 (1 ea.)	20	370.00	10.00	1.50	0.00	50.00	870.00	46.00	4.00	5.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00	
Chili Cheese Fries - TR1922 (1 ea.)	35	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Garlic Breadstick - TR1622 (1 ea.)	35	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00	
Baked Beans - TR1186 (1/2 c.)	25	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Sidewinder Fries - TR1939 (3 oz.)	50	136.49	5.31	0.76	0.00	0.00	394.31	21.23	1.52	0.00	0.00	1.52	0.46	15.17	0.00	0.00	0.00	242.35	0.00	
Mixed Vegetables - TR1150 (1/2 c.)	15	89.84	1.14	0.25	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)	
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Apple Red Delicous - TR1420 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/07/2024	
Sweet & Sour Sauce - TR1114 (2 ea.)	(M)
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/08/2024	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Crispy Chicken Sandwich - TR1658 (1 ea.)	0.00
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Baked Beans - TR1186 (1/2 c.)	0.00(M)
Sidewinder Fries - TR1939 (3 oz.)	0.00
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Apple Red Delicous - TR1420 (1 ea.)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/08/2024																				
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	10	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS STAR Friday - ServingDate: 02/09/2024																				
Teriyaki Beef - TR1906 (4 ea.)	20	159.00	6.50	2.60	0.00	39.00	382.00	11.70	0.60	9.10	(M)	13.60	1.60	14.00	49.00	0.00	0.00	(M)	0.00	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	20	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)	
Plant Based Chicken Nuggets - TR1830 (5 ea.)	10	251.16	11.30	1.88	0.00	0.00	464.64	25.12	3.77	2.51	0.00	15.07	2.13	37.67	0.00	0.00	0.00	452.11	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Mega Mini Bites - TR1462 (10 ea.)	20	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
MEAT LOVERS PIZZA - TR1383 (1 slice)	6	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00	
Tuscan Style Cheese Pizza - TR1152 (1 slice)	7	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.84	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)	
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	7	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/08/2024	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2023 FALL Lunch HS STAR Friday - ServingDate: 02/09/2024	
Teriyaki Beef - TR1906 (4 ea.)	0.00
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Plant Based Chicken Nuggets - TR1830 (5 ea.)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Friday - ServingDate: 02/09/2024																				
Whole Grain Roll - TR1005 (1 ea.)	70	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Golden Corn - TR1095 (1/2 c.)	50	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)	
Mashed Potatoes - TR1083 (1/2 c.)	80	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.60	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75(M)	
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Shredded American Cheese - TR1069 (1/2 oz.)	35	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)	
Country Gravy - TR1074 (4 tbsp.)	50	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.37	0.00	101.25	1.22	(M)	(M)	0.00	
BBQ Sauce - TR1151 (1 ea.)	5	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Buffalo Ranch Sauce - TR1854 (1 ea.)	10	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00	
2023 FALL Lunch HS STAR Monday - ServingDate: 02/12/2024																				
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	20	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)	
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Hamburger - TR1899 (1 ea.)	15	357.00	17.60	6.40	0.00	63.00	511.00	29.00	2.00	4.00	4.00(M)	20.60	2.60	125.00	0.00	0.00	0.00(M)	0.00(M)	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Friday - ServingDate: 02/09/2024	
Whole Grain Roll - TR1005 (1 ea.)	(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2023 FALL Lunch HS STAR Monday - ServingDate: 02/12/2024	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Hamburger - TR1899 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Monday - ServingDate: 02/12/2024																				
Meatballs - TR1262 (2 1/2 oz.)	15	152.00	11.00	4.00	0.70	48.00	302.00	2.00	1.00	1.00	(M)	12.00	1.00	28.00	1.00	0.00	(M)	(M)	(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	12	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Premium Lunch Quick Kit - TR1660 (1 kit)	1	480.00	11.50	3.50	0.00	20.00	545.00	75.00	3.00	33.00	4.00(M)	17.00	1.80	360.00	90.00	42.00	0.10(M)	269.31(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Turkey Fajita - TR1820 (1/2 c.)	15	85.54	1.07	0.54	0.00	37.42	352.84	1.07	0.00	0.00	0.00	17.11	0.39	0.00	0.00	0.00	0.00	0.00	0.00	
Alfredo Sauce - TR1261 (1 #16 scoop)	25	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00	
Marinara Sauce - TR1124 (1/2 c.)	25	86.67	3.37	0.48	0.00	0.00	134.81	14.44	1.93	9.63	(M)	1.93	1.04	19.26	481.48	5.78	(M)	(M)	(M)	
Garlic Toast - TR1004 (1 ea.)	50	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)	
Rotini Pasta - TR1129 (1 c.)	50	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40(M)	
Crinkle Cut Fries - TR1527 (3 oz.)	65	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00	
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Seasoned Green Beans - TR1085 (1/2 c.)	15	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.43	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)	
Vegetable Medley - TR1105 (1/2 c.)	15	41.62	1.12	0.24	0.00	0.00	167.75	5.34	2.13	3.20	0.00(M)	1.07	0.00	21.35	808.46	6.40	0.00(M)	0.00(M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Monday - ServingDate: 02/12/2024	
Meatballs - TR1262 (2 1/2 oz.)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Turkey Fajita - TR1820 (1/2 c.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	(M)
Garlic Toast - TR1004 (1 ea.)	(M)
Rotini Pasta - TR1129 (1 c.)	0.53(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Vegetable Medley - TR1105 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Monday - ServingDate: 02/12/2024																				
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	10	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Shredded Parmesan - TR1132 (1 tbsp.)	10	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00	
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/13/2024																				
Beef Chili - TR1808 (1 #8 scoop)	40	141.20	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Fajita - TR1122 (3 1/2 oz.)	10	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
MEAT LOVERS PIZZA - TR1383 (1 slice)	10	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00	
Tuscan Style Cheese Pizza - TR1152 (1 slice)	5	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.84	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)	
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	5	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Crispy Beef Tacos - TR1949 (2 ea.)	20	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00	
Nachos - TR1277 (20 ea.)	20	302.39	12.96	3.24	0.00	0.00	162.00	41.04	4.32	0.00	(M)	4.32	0.78	43.20	0.00	0.00	(M)	(M)	(M)	
Seasoned Rice - TR1833 (1 c.)	10	196.88	1.74	0.00	0.00	0.00	569.81	40.53	2.32	0.00	0.00(M)	4.63	0.83	3.41	0.00	0.00	0.00(M)	0.00(M)	113.44 (M)	
Premium Frito Chips - TR1856 (2 oz.)	20	320.00	20.00	3.00	0.00	0.00	339.99	32.00	2.00	0.00	0.00	4.00	0.00	40.00	(M)	(M)	0.00	60.00	(M)	
Charro Beans - TR1094 (1/2 c.)	35	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.24	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)	
Roasted Corn & Peppers - TR1615 (1/2 c.)	35	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Monday - ServingDate: 02/12/2024	
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/13/2024	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Nachos - TR1277 (20 ea.)	(M)
Seasoned Rice - TR1833 (1 c.)	0.11(M)
Premium Frito Chips - TR1856 (2 oz.)	(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Generated on: 1/28/2024 11:58:07 AM by Kevin White

Site: TOMBALL STAR ACADEMY

Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/13/2024																			
Salsa Cup - TR1072 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	35	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	60	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00
Fiesta Salad - TR1101 (1/2 c.)	25	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Soft Taco Shred American Cheese - TR1258 (1/8 c.)	10	35.00	2.25	1.25	0.00	7.50	235.00	1.00	0.00	0.50	(M)	3.50	0.00	100.00	150.00	0.00	(M)	(M)	(M)
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/14/2024																			
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	5	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	5	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.84	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	5	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	252.00	7.35	0.53	0.00	36.75	577.49	32.55	2.10	3.15	1.05	17.85	3.15	36.75	0.00	0.00	0.00	(M)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/13/2024	
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Soft Taco Shred American Cheese - TR1258 (1/8 c.)	(M)
Sour Cream - TR1098 (1 pkg.)	(M)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/14/2024	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/14/2024																				
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	10	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00	
Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)	20	260.00	7.00	2.00	0.00	140.00	960.00	20.00	0.00	18.00	(M)	30.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	25	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Chow Mein Noodles - TR1936 (1 c.)	70	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00	
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)	
Steamed Broccoli - TR1112 (1/2 c.)	50	36.26	1.12	0.24	0.00	0.00	156.75	5.07	2.85	1.40	0.00(M)	2.95	0.56	31.06	965.72	38.20	0.00(M)	0.00(M)	0.00(M)	
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00	
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Fortune Cookie - TR1002 (1 ea)	30	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00	
Sweet & Sour Sauce - TR1114 (2 ea.)	50	30.00	0.00	0.00	0.00	0.00	140.00	8.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/15/2024																				
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	15	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/14/2024	
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (2 ea.)	(M)
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/15/2024	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/15/2024																				
Cheeseburger - TR1897 (1 ea.)	15	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Crispy Chicken Sandwich - TR1658 (1 ea.)	20	370.00	10.00	1.50	0.00	50.00	870.00	46.00	4.00	5.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00	
Chili Cheese Fries - TR1922 (1 ea.)	35	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Garlic Breadstick - TR1622 (1 ea.)	35	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00	
Baked Beans - TR1186 (1/2 c.)	25	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Sidewinder Fries - TR1939 (3 oz.)	50	136.49	5.31	0.76	0.00	0.00	394.31	21.23	1.52	0.00	0.00	1.52	0.46	15.17	0.00	0.00	0.00	242.35	0.00	
Mixed Vegetables - TR1150 (1/2 c.)	15	89.84	1.14	0.25	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)	
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Apple Red Delicous - TR1420 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	10	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/15/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Crispy Chicken Sandwich - TR1658 (1 ea.)	0.00
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Baked Beans - TR1186 (1/2 c.)	0.00(M)
Sidewinder Fries - TR1939 (3 oz.)	0.00
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/15/2024																				
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/20/2024																				
Beef Chili - TR1808 (1 #8 scoop)	40	141.20	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Fajita - TR1122 (3 1/2 oz.)	10	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
MEAT LOVERS PIZZA - TR1383 (1 slice)	10	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00	
Tuscan Style Cheese Pizza - TR1152 (1 slice)	5	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.84	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)	
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	5	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Crispy Beef Tacos - TR1949 (2 ea.)	20	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00	
Nachos - TR1277 (20 ea.)	20	302.39	12.96	3.24	0.00	0.00	162.00	41.04	4.32	0.00	(M)	4.32	0.78	43.20	0.00	0.00	(M)	(M)	(M)	
Seasoned Rice - TR1833 (1 c.)	10	196.88	1.74	0.00	0.00	0.00	569.81	40.53	2.32	0.00	0.00(M)	4.63	0.83	3.41	0.00	0.00	0.00(M)	0.00(M)	113.44 (M)	
Premium Frito Chips - TR1856 (2 oz.)	20	320.00	20.00	3.00	0.00	0.00	339.99	32.00	2.00	0.00	0.00	4.00	0.00	40.00	(M)	(M)	0.00	60.00	(M)	
Charro Beans - TR1094 (1/2 c.)	35	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.24	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)	
Roasted Corn & Peppers - TR1615 (1/2 c.)	35	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00	
Salsa Cup - TR1072 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/15/2024	
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/20/2024	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Nachos - TR1277 (20 ea.)	(M)
Seasoned Rice - TR1833 (1 c.)	0.11(M)
Premium Frito Chips - TR1856 (2 oz.)	(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/20/2024																			
Banana - TR1056 (1 ea.)	35	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	60	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00
Fiesta Salad - TR1101 (1/2 c.)	25	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Soft Taco Shred American Cheese - TR1258 (1/8 c.)	10	35.00	2.25	1.25	0.00	7.50	235.00	1.00	0.00	0.50	(M)	3.50	0.00	100.00	150.00	0.00	(M)	(M)	(M)
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/21/2024																			
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	5	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	5	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.84	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	5	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	252.00	7.35	0.53	0.00	36.75	577.49	32.55	2.10	3.15	1.05	17.85	3.15	36.75	0.00	0.00	0.00	(M)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	10	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/20/2024	
Banana - TR1056 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Soft Taco Shred American Cheese - TR1258 (1/8 c.)	(M)
Sour Cream - TR1098 (1 pkg.)	(M)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/21/2024	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/21/2024																				
Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)	20	260.00	7.00	2.00	0.00	140.00	960.00	20.00	0.00	18.00	(M)	30.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	25	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Chow Mein Noodles - TR1936 (1 c.)	70	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00	
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)	
Steamed Broccoli - TR1112 (1/2 c.)	50	36.26	1.12	0.24	0.00	0.00	156.75	5.07	2.85	1.40	0.00(M)	2.95	0.56	31.06	965.72	38.20	0.00(M)	0.00(M)	0.00(M)	
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00	
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Fortune Cookie - TR1002 (1 ea)	30	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00	
Sweet & Sour Sauce - TR1114 (2 ea.)	50	30.00	0.00	0.00	0.00	0.00	140.00	8.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/22/2024																				
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	15	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)	
Cheeseburger - TR1897 (1 ea.)	15	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/21/2024	
Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (2 ea.)	(M)
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/22/2024	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/22/2024																				
Crispy Chicken Sandwich - TR1658 (1 ea.)	20	370.00	10.00	1.50	0.00	50.00	870.00	46.00	4.00	5.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00	
Chili Cheese Fries - TR1922 (1 ea.)	35	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Garlic Breadstick - TR1622 (1 ea.)	35	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00	
Baked Beans - TR1186 (1/2 c.)	25	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Sidewinder Fries - TR1939 (3 oz.)	50	136.49	5.31	0.76	0.00	0.00	394.31	21.23	1.52	0.00	0.00	1.52	0.46	15.17	0.00	0.00	0.00	242.35	0.00	
Mixed Vegetables - TR1150 (1/2 c.)	15	89.84	1.14	0.25	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)	
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Apple Red Delicous - TR1420 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	10	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/22/2024	
Crispy Chicken Sandwich - TR1658 (1 ea.)	0.00
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Baked Beans - TR1186 (1/2 c.)	0.00(M)
Sidewinder Fries - TR1939 (3 oz.)	0.00
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Friday - ServingDate: 02/23/2024																				
Teriyaki Beef - TR1906 (4 ea.)	20	159.00	6.50	2.60	0.00	39.00	382.00	11.70	0.60	9.10	(M)	13.60	1.60	14.00	49.00	0.00	0.00	(M)	0.00	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	20	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)	
Plant Based Chicken Nuggets - TR1830 (5 ea.)	10	251.16	11.30	1.88	0.00	0.00	464.64	25.12	3.77	2.51	0.00	15.07	2.13	37.67	0.00	0.00	0.00	452.11	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Mega Mini Bites - TR1462 (10 ea.)	20	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
MEAT LOVERS PIZZA - TR1383 (1 slice)	6	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00	
Tuscan Style Cheese Pizza - TR1152 (1 slice)	7	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.84	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)	
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	7	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Whole Grain Roll - TR1005 (1 ea.)	70	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Golden Corn - TR1095 (1/2 c.)	50	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)	
Mashed Potatoes - TR1083 (1/2 c.)	80	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.60	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75(M)	
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Friday - ServingDate: 02/23/2024	
Teriyaki Beef - TR1906 (4 ea.)	0.00
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Plant Based Chicken Nuggets - TR1830 (5 ea.)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Friday - ServingDate: 02/23/2024																				
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Shredded American Cheese - TR1069 (1/2 oz.)	35	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)	
Country Gravy - TR1074 (4 tbsp.)	50	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.37	0.00	101.25	1.22	(M)	(M)	0.00	
BBQ Sauce - TR1151 (1 ea.)	5	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Buffalo Ranch Sauce - TR1854 (1 ea.)	10	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00	
2023 FALL Lunch HS STAR Monday - ServingDate: 02/26/2024																				
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	20	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)	
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Hamburger - TR1899 (1 ea.)	15	357.00	17.60	6.40	0.00	63.00	511.00	29.00	2.00	4.00	4.00(M)	20.60	2.60	125.00	0.00	0.00	0.00(M)	0.00(M)	0.00	
Meatballs - TR1262 (2 1/2 oz.)	15	152.00	11.00	4.00	0.70	48.00	302.00	2.00	1.00	1.00	(M)	12.00	1.00	28.00	1.00	0.00	(M)	(M)	(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	12	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Premium Lunch Quick Kit - TR1660 (1 kit)	1	480.00	11.50	3.50	0.00	20.00	545.00	75.00	3.00	33.00	4.00(M)	17.00	1.80	360.00	90.00	42.00	0.10(M)	269.31(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Turkey Fajita - TR1820 (1/2 c.)	15	85.54	1.07	0.54	0.00	37.42	352.84	1.07	0.00	0.00	0.00	17.11	0.39	0.00	0.00	0.00	0.00	0.00	0.00	
Alfredo Sauce - TR1261 (1 #16 scoop)	25	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00	
Marinara Sauce - TR1124 (1/2 c.)	25	86.67	3.37	0.48	0.00	0.00	134.81	14.44	1.93	9.63	(M)	1.93	1.04	19.26	481.48	5.78	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Friday - ServingDate: 02/23/2024	
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2023 FALL Lunch HS STAR Monday - ServingDate: 02/26/2024	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Hamburger - TR1899 (1 ea.)	0.00
Meatballs - TR1262 (2 1/2 oz.)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Turkey Fajita - TR1820 (1/2 c.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Monday - ServingDate: 02/26/2024																				
Garlic Toast - TR1004 (1 ea.)	50	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)	
Rotini Pasta - TR1129 (1 c.)	50	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40 (M)	
Crinkle Cut Fries - TR1527 (3 oz.)	65	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00	
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Seasoned Green Beans - TR1085 (1/2 c.)	15	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.43	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)	
Vegetable Medley - TR1105 (1/2 c.)	15	41.62	1.12	0.24	0.00	0.00	167.75	5.34	2.13	3.20	0.00(M)	1.07	0.00	21.35	808.46	6.40	0.00(M)	0.00(M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	10	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Shredded Parmesan - TR1132 (1 tbsp.)	10	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00	
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/27/2024																				
Beef Chili - TR1808 (1 #8 scoop)	40	141.20	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Monday - ServingDate: 02/26/2024	
Garlic Toast - TR1004 (1 ea.)	(M)
Rotini Pasta - TR1129 (1 c.)	0.53(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Vegetable Medley - TR1105 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/27/2024	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/27/2024																				
Chicken Fajita - TR1122 (3 1/2 oz.)	10	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
MEAT LOVERS PIZZA - TR1383 (1 slice)	10	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00	
Tuscan Style Cheese Pizza - TR1152 (1 slice)	5	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.84	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)	
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	5	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Crispy Beef Tacos - TR1949 (2 ea.)	20	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00	
Nachos - TR1277 (20 ea.)	20	302.39	12.96	3.24	0.00	0.00	162.00	41.04	4.32	0.00	(M)	4.32	0.78	43.20	0.00	0.00	(M)	(M)	(M)	
Seasoned Rice - TR1833 (1 c.)	10	196.88	1.74	0.00	0.00	0.00	569.81	40.53	2.32	0.00	0.00(M)	4.63	0.83	3.41	0.00	0.00	0.00(M)	0.00(M)	113.44 (M)	
Premium Frito Chips - TR1856 (2 oz.)	20	320.00	20.00	3.00	0.00	0.00	339.99	32.00	2.00	0.00	0.00	4.00	0.00	40.00	(M)	(M)	0.00	60.00	(M)	
Charro Beans - TR1094 (1/2 c.)	35	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.24	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)	
Roasted Corn & Peppers - TR1615 (1/2 c.)	35	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00	
Salsa Cup - TR1072 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	35	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese Sauce - TR1624 (2 fl. oz.)	60	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/27/2024	
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Nachos - TR1277 (20 ea.)	(M)
Seasoned Rice - TR1833 (1 c.)	0.11(M)
Premium Frito Chips - TR1856 (2 oz.)	(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/27/2024																				
Fiesta Salad - TR1101 (1/2 c.)	25	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)	
Soft Taco Shred American Cheese - TR1258 (1/8 c.)	10	35.00	2.25	1.25	0.00	7.50	235.00	1.00	0.00	0.50	(M)	3.50	0.00	100.00	150.00	0.00	(M)	(M)	(M)	
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/28/2024																				
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
MEAT LOVERS PIZZA - TR1383 (1 slice)	5	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00	
Tuscan Style Cheese Pizza - TR1152 (1 slice)	5	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.84	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)	
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	5	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)	
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	252.00	7.35	0.53	0.00	36.75	577.49	32.55	2.10	3.15	1.05	17.85	3.15	36.75	0.00	0.00	0.00	(M)	0.00	
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	10	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00	
Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)	20	260.00	7.00	2.00	0.00	140.00	960.00	20.00	0.00	18.00	(M)	30.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	25	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Chow Mein Noodles - TR1936 (1 c.)	70	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00	
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 02/27/2024	
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Soft Taco Shred American Cheese - TR1258 (1/8 c.)	(M)
Sour Cream - TR1098 (1 pkg.)	(M)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/28/2024	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/28/2024																			
Steamed Broccoli - TR1112 (1/2 c.)	50	36.26	1.12	0.24	0.00	0.00	156.75	5.07	2.85	1.40	0.00(M)	2.95	0.56	31.06	965.72	38.20	0.00(M)	0.00(M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fortune Cookie - TR1002 (1 ea)	30	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00
Sweet & Sour Sauce - TR1114 (2 ea.)	50	30.00	0.00	0.00	0.00	0.00	140.00	8.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/29/2024																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	15	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)
Cheeseburger - TR1897 (1 ea.)	15	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Crispy Chicken Sandwich - TR1658 (1 ea.)	20	370.00	10.00	1.50	0.00	50.00	870.00	46.00	4.00	5.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00
Chili Cheese Fries - TR1922 (1 ea.)	35	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Garlic Breadstick - TR1622 (1 ea.)	35	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 02/28/2024	
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (2 ea.)	(M)
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/29/2024	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Crispy Chicken Sandwich - TR1658 (1 ea.)	0.00
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/29/2024																				
Baked Beans - TR1186 (1/2 c.)	25	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Sidewinder Fries - TR1939 (3 oz.)	50	136.49	5.31	0.76	0.00	0.00	394.31	21.23	1.52	0.00	0.00	1.52	0.46	15.17	0.00	0.00	0.00	242.35	0.00	
Mixed Vegetables - TR1150 (1/2 c.)	15	89.84	1.14	0.25	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)	
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Apple Red Delicous - TR1420 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	10	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: High School
 Menu Line: STAR Academy Line
 Serving Group: 9-12
 Nutrients Option: All

Menu Calendar Nutrient Analysis Report - February, 2024

Site: TOMBALL STAR ACADEMY
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Thursday - ServingDate: 02/29/2024	
Baked Beans - TR1186 (1/2 c.)	0.00(M)
Sidewinder Fries - TR1939 (3 oz.)	0.00
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)