

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 02/01/2024																			
Breaded Chicken Drumsticks - TR1453 (1 ea.)	10	285.25	16.86	3.89	0.00	77.80	687.20	7.78	1.30	0.00	0.00	24.64	1.87	25.93	0.00	0.00	(M)	(M)	0.00
Chicken Drumstick - TR1739 (1 ea.)	10	191.47	11.70	2.66	0.00	90.42	329.75	4.25	0.00	0.00	0.00	17.02	0.77	21.27	0.00	0.00	(M)	201.98	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chili Cheese Fries - TR1922 (1 ea.)	60	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00
Spicy Breaded Drumsticks - TR1860 (1 drumstick)	10	187.22	10.70	2.23	0.00	75.78	338.77	6.24	0.89	0.00	0.00	15.16	0.89	0.00	0.00	0.00	0.00	615.10	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Garlic Breadstick - TR1622 (1 ea.)	90	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00
Baked Beans - TR1186 (1/2 c.)	35	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	25	89.84	1.14	0.25	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	15	79.11	0.00	0.00	0.00	0.00	336.24	20.77	0.00	18.79	17.80	0.00	0.00	0.00	0.00	0.00	0.00	102.72	0.00

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Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 02/01/2024	
Breaded Chicken Drumsticks - TR1453 (1 ea.)	0.00
Chicken Drumstick - TR1739 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Spicy Breaded Drumsticks - TR1860 (1 drumstick)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Baked Beans - TR1186 (1/2 c.)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS Friday Country Bowl - ServingDate: 02/02/2024																				
Teriyaki Beef - TR1906 (4 ea.)	20	159.00	6.50	2.60	0.00	39.00	382.00	11.70	0.60	9.10	(M)	13.60	1.60	14.00	49.00	0.00	0.00	(M)	0.00	
Plant Based Chicken Nuggets - TR1830 (5 ea.)	10	251.16	11.30	1.88	0.00	0.00	464.64	25.12	3.77	2.51	0.00	15.07	2.13	37.67	0.00	0.00	0.00	452.11	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	30	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00	
Whole Grain Roll - TR1005 (1 ea.)	80	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Golden Corn - TR1095 (1/2 c.)	50	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)	
Mashed Potatoes - TR1083 (1/2 c.)	80	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.60	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Shredded American Cheese - TR1069 (1/2 oz.)	35	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)	
Country Gravy - TR1074 (4 tbsp.)	50	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.37	0.00	101.25	1.22	(M)	(M)	0.00	

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2023 FALL Lunch HS Friday Country Bowl - ServingDate: 02/02/2024	
Teriyaki Beef - TR1906 (4 ea.)	0.00
Plant Based Chicken Nuggets - TR1830 (5 ea.)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
2023 FALL Lunch HS Friday Country Bowl - ServingDate: 02/02/2024																				
BBQ Sauce - TR1151 (1 ea.)	5	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 02/05/2024																				
Meatballs - TR1262 (2 1/2 oz.)	45	152.00	11.00	4.00	0.70	48.00	302.00	2.00	1.00	1.00	(M)	12.00	1.00	28.00	1.00	0.00	(M)	(M)	(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Premium Lunch Quick Kit - TR1660 (1 kit)	5	480.00	11.50	3.50	0.00	20.00	545.00	75.00	3.00	33.00	4.00(M)	17.00	1.80	360.00	90.00	42.00	0.10(M)	269.31(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Turkey Fajita - TR1820 (1/2 c.)	45	85.54	1.07	0.54	0.00	37.42	352.84	1.07	0.00	0.00	0.00	17.11	0.39	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	40	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00	
Marinara Sauce - TR1124 (1/2 c.)	40	86.67	3.37	0.48	0.00	0.00	134.81	14.44	1.93	9.63	(M)	1.93	1.04	19.26	481.48	5.78	(M)	(M)	(M)	
Garlic Toast - TR1004 (1 ea.)	60	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)	
Rotini Pasta - TR1129 (1 c.)	80	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40(M)	
Seasoned Green Beans - TR1085 (1/2 c.)	35	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.43	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)	
Vegetable Medley - TR1105 (1/2 c.)	35	41.62	1.12	0.24	0.00	0.00	167.75	5.34	2.13	3.20	0.00(M)	1.07	0.00	21.35	808.46	6.40	0.00(M)	0.00(M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Shredded Parmesan - TR1132 (1 tbsp.)	25	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00	

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2023 FALL Lunch HS Friday Country Bowl - ServingDate: 02/02/2024	
BBQ Sauce - TR1151 (1 ea.)	(M)
2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 02/05/2024	
Meatballs - TR1262 (2 1/2 oz.)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Turkey Fajita - TR1820 (1/2 c.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	(M)
Garlic Toast - TR1004 (1 ea.)	(M)
Rotini Pasta - TR1129 (1 c.)	0.53(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Vegetable Medley - TR1105 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00

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2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 02/06/2024																				
Beef Chili - TR1808 (1 #8 scoop)	55	141.20	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Fajita - TR1122 (3 1/2 oz.)	15	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Crispy Beef Tacos - TR1949 (2 ea.)	20	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00	
Nachos - TR1277 (20 ea.)	20	302.39	12.96	3.24	0.00	0.00	162.00	41.04	4.32	0.00	(M)	4.32	0.78	43.20	0.00	0.00	(M)	(M)	(M)	
Seasoned Rice - TR1833 (1 c.)	15	196.88	1.74	0.00	0.00	0.00	569.81	40.53	2.32	0.00	0.00(M)	4.63	0.83	3.41	0.00	0.00	0.00(M)	0.00(M)	113.44(M)	
Premium Frito Chips - TR1856 (2 oz.)	20	320.00	20.00	3.00	0.00	0.00	339.99	32.00	2.00	0.00	0.00	4.00	0.00	40.00	(M)	(M)	0.00	60.00	(M)	
Charro Beans - TR1094 (1/2 c.)	35	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.24	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)	
Roasted Corn & Peppers - TR1615 (1/2 c.)	35	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00	
Salsa Cup - TR1072 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	35	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese Sauce - TR1624 (2 fl. oz.)	60	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00	
Fiesta Salad - TR1101 (1/2 c.)	25	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)	
Picante Sauce - TR1865 (1 packet)	25	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 02/06/2024	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Nachos - TR1277 (20 ea.)	(M)
Seasoned Rice - TR1833 (1 c.)	0.11(M)
Premium Frito Chips - TR1856 (2 oz.)	(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Picante Sauce - TR1865 (1 packet)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 02/06/2024																				
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 02/07/2024																				
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	252.00	7.35	0.53	0.00	36.75	577.49	32.55	2.10	3.15	1.05	17.85	3.15	36.75	0.00	0.00	0.00	(M)	0.00	
General Tso's Chicken (Premium/Plus) - TR1412 (7 7/8 oz.)	10	420.00	14.00	2.00	0.00	100.00	902.00	48.00	2.00	28.00	(M)	24.00	1.44	40.00	0.00	0.00	(M)	(M)	0.00	
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	20	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00	
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	40	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	5	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Chow Mein Noodles - TR1801 (1 c.)	80	215.84	7.95	1.14	0.00	0.00	306.71	30.67	2.27	4.54	4.54	7.95	2.04	45.44	2839.95	17.04	0.00	0.00	0.00	
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)	
Steamed Broccoli - TR1112 (1/2 c.)	50	36.26	1.12	0.24	0.00	0.00	156.75	5.07	2.85	1.40	0.00(M)	2.95	0.56	31.06	965.72	38.20	0.00(M)	0.00(M)	0.00(M)	
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00	
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 02/06/2024	
Sour Cream - TR1098 (1 pkg.)	(M)
2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 02/07/2024	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7 7/8 oz.)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1801 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 02/07/2024																			
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fortune Cookie - TR1002 (1 ea)	30	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	30	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 02/08/2024																			
Breaded Chicken Drumsticks - TR1453 (1 ea.)	10	285.25	16.86	3.89	0.00	77.80	687.20	7.78	1.30	0.00	0.00	24.64	1.87	25.93	0.00	0.00	(M)	(M)	0.00
Chicken Drumstick - TR1739 (1 ea.)	10	191.47	11.70	2.66	0.00	90.42	329.75	4.25	0.00	0.00	0.00	17.02	0.77	21.27	0.00	0.00	(M)	201.98	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chili Cheese Fries - TR1922 (1 ea.)	60	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00
Spicy Breaded Drumsticks - TR1860 (1 drumstick)	10	187.22	10.70	2.23	0.00	75.78	338.77	6.24	0.89	0.00	0.00	15.16	0.89	0.00	0.00	0.00	0.00	615.10	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Garlic Breadstick - TR1622 (1 ea.)	90	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00
Baked Beans - TR1186 (1/2 c.)	35	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	25	89.84	1.14	0.25	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 02/07/2024	
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	(M)
2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 02/08/2024	
Breaded Chicken Drumsticks - TR1453 (1 ea.)	0.00
Chicken Drumstick - TR1739 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Spicy Breaded Drumsticks - TR1860 (1 drumstick)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Baked Beans - TR1186 (1/2 c.)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 02/08/2024																				
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	15	79.11	0.00	0.00	0.00	0.00	336.24	20.77	0.00	18.79	17.80	0.00	0.00	0.00	0.00	0.00	0.00	102.72	0.00	
2023 FALL Lunch HS Friday Country Bowl - ServingDate: 02/09/2024																				
Teriyaki Beef - TR1906 (4 ea.)	20	159.00	6.50	2.60	0.00	39.00	382.00	11.70	0.60	9.10	(M)	13.60	1.60	14.00	49.00	0.00	0.00	(M)	0.00	
Plant Based Chicken Nuggets - TR1830 (5 ea.)	10	251.16	11.30	1.88	0.00	0.00	464.64	25.12	3.77	2.51	0.00	15.07	2.13	37.67	0.00	0.00	0.00	452.11	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	30	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00	
Whole Grain Roll - TR1005 (1 ea.)	80	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Golden Corn - TR1095 (1/2 c.)	50	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)	
Mashed Potatoes - TR1083 (1/2 c.)	80	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.60	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 02/08/2024	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	0.00
2023 FALL Lunch HS Friday Country Bowl - ServingDate: 02/09/2024	
Teriyaki Beef - TR1906 (4 ea.)	0.00
Plant Based Chicken Nuggets - TR1830 (5 ea.)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS Friday Country Bowl - ServingDate: 02/09/2024																				
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Shredded American Cheese - TR1069 (1/2 oz.)	35	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)	
Country Gravy - TR1074 (4 tbsp.)	50	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.37	0.00	101.25	1.22	(M)	(M)	0.00	
BBQ Sauce - TR1151 (1 ea.)	5	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 02/12/2024																				
Meatballs - TR1262 (2 1/2 oz.)	45	152.00	11.00	4.00	0.70	48.00	302.00	2.00	1.00	1.00	(M)	12.00	1.00	28.00	1.00	0.00	(M)	(M)	(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Premium Lunch Quick Kit - TR1660 (1 kit)	5	480.00	11.50	3.50	0.00	20.00	545.00	75.00	3.00	33.00	4.00(M)	17.00	1.80	360.00	90.00	42.00	0.10(M)	269.31(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Turkey Fajita - TR1820 (1/2 c.)	45	85.54	1.07	0.54	0.00	37.42	352.84	1.07	0.00	0.00	0.00	17.11	0.39	0.00	0.00	0.00	0.00	0.00	0.00	
Alfredo Sauce - TR1261 (1 #16 scoop)	40	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00	
Marinara Sauce - TR1124 (1/2 c.)	40	86.67	3.37	0.48	0.00	0.00	134.81	14.44	1.93	9.63	(M)	1.93	1.04	19.26	481.48	5.78	(M)	(M)	(M)	
Garlic Toast - TR1004 (1 ea.)	60	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)	
Rotini Pasta - TR1129 (1 c.)	80	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40(M)	
Seasoned Green Beans - TR1085 (1/2 c.)	35	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.43	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)	
Vegetable Medley - TR1105 (1/2 c.)	35	41.62	1.12	0.24	0.00	0.00	167.75	5.34	2.13	3.20	0.00(M)	1.07	0.00	21.35	808.46	6.40	0.00(M)	0.00(M)	0.00(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Friday Country Bowl - ServingDate: 02/09/2024	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	(M)
2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 02/12/2024	
Meatballs - TR1262 (2 1/2 oz.)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Turkey Fajita - TR1820 (1/2 c.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	(M)
Garlic Toast - TR1004 (1 ea.)	(M)
Rotini Pasta - TR1129 (1 c.)	0.53(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Vegetable Medley - TR1105 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 02/12/2024																				
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Shredded Parmesan - TR1132 (1 tbsp.)	25	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00	
2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 02/13/2024																				
Beef Chili - TR1808 (1 #8 scoop)	55	141.20	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Fajita - TR1122 (3 1/2 oz.)	15	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Crispy Beef Tacos - TR1949 (2 ea.)	20	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00	
Nachos - TR1277 (20 ea.)	20	302.39	12.96	3.24	0.00	0.00	162.00	41.04	4.32	0.00	(M)	4.32	0.78	43.20	0.00	0.00	(M)	(M)	(M)	
Seasoned Rice - TR1833 (1 c.)	15	196.88	1.74	0.00	0.00	0.00	569.81	40.53	2.32	0.00	0.00(M)	4.63	0.83	3.41	0.00	0.00	0.00(M)	0.00(M)	113.44 (M)	
Premium Frito Chips - TR1856 (2 oz.)	20	320.00	20.00	3.00	0.00	0.00	339.99	32.00	2.00	0.00	0.00	4.00	0.00	40.00	(M)	(M)	0.00	60.00	(M)	
Charro Beans - TR1094 (1/2 c.)	35	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.24	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)	
Roasted Corn & Peppers - TR1615 (1/2 c.)	35	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00	
Salsa Cup - TR1072 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 02/12/2024	
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00
2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 02/13/2024	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Nachos - TR1277 (20 ea.)	(M)
Seasoned Rice - TR1833 (1 c.)	0.11(M)
Premium Frito Chips - TR1856 (2 oz.)	(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 02/13/2024																				
Banana - TR1056 (1 ea.)	35	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese Sauce - TR1624 (2 fl. oz.)	60	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00	
Fiesta Salad - TR1101 (1/2 c.)	25	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)	
Picante Sauce - TR1865 (1 packet)	25	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00	
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 02/14/2024																				
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	252.00	7.35	0.53	0.00	36.75	577.49	32.55	2.10	3.15	1.05	17.85	3.15	36.75	0.00	0.00	0.00	(M)	0.00	
General Tso's Chicken (Premium/Plus) - TR1412 (7 7/8 oz.)	10	420.00	14.00	2.00	0.00	100.00	902.00	48.00	2.00	28.00	(M)	24.00	1.44	40.00	0.00	0.00	(M)	(M)	0.00	
Chicken Egg Rolls (Premium) - TR1908 (2 ea.)	20	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00	
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	40	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	5	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 02/13/2024	
Banana - TR1056 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Picante Sauce - TR1865 (1 packet)	0.00
Sour Cream - TR1098 (1 pkg.)	(M)
2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 02/14/2024	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7 7/8 oz.)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Generated on: 1/28/2024 11:55:48 AM by Kevin White

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 02/14/2024																				
Chow Mein Noodles - TR1801 (1 c.)	80	215.84	7.95	1.14	0.00	0.00	306.71	30.67	2.27	4.54	4.54	7.95	2.04	45.44	2839.95	17.04	0.00	0.00	0.00	
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)	
Steamed Broccoli - TR1112 (1/2 c.)	50	36.26	1.12	0.24	0.00	0.00	156.75	5.07	2.85	1.40	0.00(M)	2.95	0.56	31.06	965.72	38.20	0.00(M)	0.00(M)	0.00(M)	
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00	
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Fortune Cookie - TR1002 (1 ea)	30	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00	
Sweet & Sour Sauce - TR1114 (1 ea.)	30	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 02/15/2024																				
Breaded Chicken Drumsticks - TR1453 (1 ea.)	10	285.25	16.86	3.89	0.00	77.80	687.20	7.78	1.30	0.00	0.00	24.64	1.87	25.93	0.00	0.00	(M)	(M)	0.00	
Chicken Drumstick - TR1739 (1 ea.)	10	191.47	11.70	2.66	0.00	90.42	329.75	4.25	0.00	0.00	0.00	17.02	0.77	21.27	0.00	0.00	(M)	201.98	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chili Cheese Fries - TR1922 (1 ea.)	60	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00	
Spicy Breaded Drumsticks - TR1860 (1 drumstick)	10	187.22	10.70	2.23	0.00	75.78	338.77	6.24	0.89	0.00	0.00	15.16	0.89	0.00	0.00	0.00	0.00	615.10	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 02/14/2024	
Chow Mein Noodles - TR1801 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	(M)
2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 02/15/2024	
Breaded Chicken Drumsticks - TR1453 (1 ea.)	0.00
Chicken Drumstick - TR1739 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Spicy Breaded Drumsticks - TR1860 (1 drumstick)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 02/15/2024																			
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Garlic Breadstick - TR1622 (1 ea.)	90	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00
Baked Beans - TR1186 (1/2 c.)	35	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	25	89.84	1.14	0.25	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	15	79.11	0.00	0.00	0.00	0.00	336.24	20.77	0.00	18.79	17.80	0.00	0.00	0.00	0.00	0.00	0.00	102.72	0.00
2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 02/20/2024																			
Beef Chili - TR1808 (1 #8 scoop)	55	141.20	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	15	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 02/15/2024	
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Baked Beans - TR1186 (1/2 c.)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	0.00
2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 02/20/2024	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 02/20/2024																				
Crispy Beef Tacos - TR1949 (2 ea.)	20	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00	
Nachos - TR1277 (20 ea.)	20	302.39	12.96	3.24	0.00	0.00	162.00	41.04	4.32	0.00	(M)	4.32	0.78	43.20	0.00	0.00	(M)	(M)	(M)	
Seasoned Rice - TR1833 (1 c.)	15	196.88	1.74	0.00	0.00	0.00	569.81	40.53	2.32	0.00	0.00(M)	4.63	0.83	3.41	0.00	0.00	0.00(M)	0.00(M)	113.44 (M)	
Premium Frito Chips - TR1856 (2 oz.)	20	320.00	20.00	3.00	0.00	0.00	339.99	32.00	2.00	0.00	0.00	4.00	0.00	40.00	(M)	(M)	0.00	60.00	(M)	
Charro Beans - TR1094 (1/2 c.)	35	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.24	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)	
Roasted Corn & Peppers - TR1615 (1/2 c.)	35	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00	
Salsa Cup - TR1072 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	35	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese Sauce - TR1624 (2 fl. oz.)	60	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00	
Fiesta Salad - TR1101 (1/2 c.)	25	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)	
Picante Sauce - TR1865 (1 packet)	25	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00	
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 02/21/2024																				
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 02/20/2024	
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Nachos - TR1277 (20 ea.)	(M)
Seasoned Rice - TR1833 (1 c.)	0.11(M)
Premium Frito Chips - TR1856 (2 oz.)	(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Picante Sauce - TR1865 (1 packet)	0.00
Sour Cream - TR1098 (1 pkg.)	(M)
2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 02/21/2024	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 02/21/2024																				
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	252.00	7.35	0.53	0.00	36.75	577.49	32.55	2.10	3.15	1.05	17.85	3.15	36.75	0.00	0.00	0.00	(M)	0.00	
General Tso's Chicken (Premium/Plus) - TR1412 (7 7/8 oz.)	10	420.00	14.00	2.00	0.00	100.00	902.00	48.00	2.00	28.00	(M)	24.00	1.44	40.00	0.00	0.00	(M)	(M)	0.00	
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	20	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00	
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	40	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	5	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Chow Mein Noodles - TR1801 (1 c.)	80	215.84	7.95	1.14	0.00	0.00	306.71	30.67	2.27	4.54	4.54	7.95	2.04	45.44	2839.95	17.04	0.00	0.00	0.00	
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)	
Steamed Broccoli - TR1112 (1/2 c.)	50	36.26	1.12	0.24	0.00	0.00	156.75	5.07	2.85	1.40	0.00(M)	2.95	0.56	31.06	965.72	38.20	0.00(M)	0.00(M)	0.00(M)	
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00	
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Fortune Cookie - TR1002 (1 ea)	30	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00	
Sweet & Sour Sauce - TR1114 (1 ea.)	30	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 02/21/2024	
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7 7/8 oz.)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1801 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 02/22/2024																				
Breaded Chicken Drumsticks - TR1453 (1 ea.)	10	285.25	16.86	3.89	0.00	77.80	687.20	7.78	1.30	0.00	0.00	24.64	1.87	25.93	0.00	0.00	(M)	(M)	0.00	
Chicken Drumstick - TR1739 (1 ea.)	10	191.47	11.70	2.66	0.00	90.42	329.75	4.25	0.00	0.00	0.00	17.02	0.77	21.27	0.00	0.00	(M)	201.98	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chili Cheese Fries - TR1922 (1 ea.)	60	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00	
Spicy Breaded Drumsticks - TR1860 (1 drumstick)	10	187.22	10.70	2.23	0.00	75.78	338.77	6.24	0.89	0.00	0.00	15.16	0.89	0.00	0.00	0.00	0.00	615.10	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Garlic Breadstick - TR1622 (1 ea.)	90	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00	
Baked Beans - TR1186 (1/2 c.)	35	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Mixed Vegetables - TR1150 (1/2 c.)	25	89.84	1.14	0.25	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)	
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	15	79.11	0.00	0.00	0.00	0.00	336.24	20.77	0.00	18.79	17.80	0.00	0.00	0.00	0.00	0.00	0.00	102.72	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 02/22/2024	
Breaded Chicken Drumsticks - TR1453 (1 ea.)	0.00
Chicken Drumstick - TR1739 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Spicy Breaded Drumsticks - TR1860 (1 drumstick)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Baked Beans - TR1186 (1/2 c.)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS Friday Country Bowl - ServingDate: 02/23/2024																				
Teriyaki Beef - TR1906 (4 ea.)	20	159.00	6.50	2.60	0.00	39.00	382.00	11.70	0.60	9.10	(M)	13.60	1.60	14.00	49.00	0.00	0.00	(M)	0.00	
Plant Based Chicken Nuggets - TR1830 (5 ea.)	10	251.16	11.30	1.88	0.00	0.00	464.64	25.12	3.77	2.51	0.00	15.07	2.13	37.67	0.00	0.00	0.00	452.11	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	30	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00	
Whole Grain Roll - TR1005 (1 ea.)	80	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Golden Corn - TR1095 (1/2 c.)	50	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)	
Mashed Potatoes - TR1083 (1/2 c.)	80	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.60	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Shredded American Cheese - TR1069 (1/2 oz.)	35	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)	
Country Gravy - TR1074 (4 tbsp.)	50	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.37	0.00	101.25	1.22	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Friday Country Bowl - ServingDate: 02/23/2024	
Teriyaki Beef - TR1906 (4 ea.)	0.00
Plant Based Chicken Nuggets - TR1830 (5 ea.)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS Friday Country Bowl - ServingDate: 02/23/2024																				
BBQ Sauce - TR1151 (1 ea.)	5	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 02/26/2024																				
Meatballs - TR1262 (2 1/2 oz.)	45	152.00	11.00	4.00	0.70	48.00	302.00	2.00	1.00	1.00	(M)	12.00	1.00	28.00	1.00	0.00	(M)	(M)	(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Premium Lunch Quick Kit - TR1660 (1 kit)	5	480.00	11.50	3.50	0.00	20.00	545.00	75.00	3.00	33.00	4.00(M)	17.00	1.80	360.00	90.00	42.00	0.10(M)	269.31(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Turkey Fajita - TR1820 (1/2 c.)	45	85.54	1.07	0.54	0.00	37.42	352.84	1.07	0.00	0.00	0.00	17.11	0.39	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	40	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00	
Marinara Sauce - TR1124 (1/2 c.)	40	86.67	3.37	0.48	0.00	0.00	134.81	14.44	1.93	9.63	(M)	1.93	1.04	19.26	481.48	5.78	(M)	(M)	(M)	
Garlic Toast - TR1004 (1 ea.)	60	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)	
Rotini Pasta - TR1129 (1 c.)	80	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40(M)	
Seasoned Green Beans - TR1085 (1/2 c.)	35	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.43	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)	
Vegetable Medley - TR1105 (1/2 c.)	35	41.62	1.12	0.24	0.00	0.00	167.75	5.34	2.13	3.20	0.00(M)	1.07	0.00	21.35	808.46	6.40	0.00(M)	0.00(M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Shredded Parmesan - TR1132 (1 tbsp.)	25	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Friday Country Bowl - ServingDate: 02/23/2024	
BBQ Sauce - TR1151 (1 ea.)	(M)
2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 02/26/2024	
Meatballs - TR1262 (2 1/2 oz.)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Turkey Fajita - TR1820 (1/2 c.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	(M)
Garlic Toast - TR1004 (1 ea.)	(M)
Rotini Pasta - TR1129 (1 c.)	0.53(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Vegetable Medley - TR1105 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 02/27/2024																				
Beef Chili - TR1808 (1 #8 scoop)	55	141.20	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Fajita - TR1122 (3 1/2 oz.)	15	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Crispy Beef Tacos - TR1949 (2 ea.)	20	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00	
Nachos - TR1277 (20 ea.)	20	302.39	12.96	3.24	0.00	0.00	162.00	41.04	4.32	0.00	(M)	4.32	0.78	43.20	0.00	0.00	(M)	(M)	(M)	
Seasoned Rice - TR1833 (1 c.)	15	196.88	1.74	0.00	0.00	0.00	569.81	40.53	2.32	0.00	0.00(M)	4.63	0.83	3.41	0.00	0.00	0.00(M)	0.00(M)	113.44 (M)	
Premium Frito Chips - TR1856 (2 oz.)	20	320.00	20.00	3.00	0.00	0.00	339.99	32.00	2.00	0.00	0.00	4.00	0.00	40.00	(M)	(M)	0.00	60.00	(M)	
Charro Beans - TR1094 (1/2 c.)	35	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.24	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)	
Roasted Corn & Peppers - TR1615 (1/2 c.)	35	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00	
Salsa Cup - TR1072 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	35	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese Sauce - TR1624 (2 fl. oz.)	60	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00	
Fiesta Salad - TR1101 (1/2 c.)	25	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)	
Picante Sauce - TR1865 (1 packet)	25	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 02/27/2024	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Nachos - TR1277 (20 ea.)	(M)
Seasoned Rice - TR1833 (1 c.)	0.11(M)
Premium Frito Chips - TR1856 (2 oz.)	(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Picante Sauce - TR1865 (1 packet)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 02/27/2024																				
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 02/28/2024																				
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	252.00	7.35	0.53	0.00	36.75	577.49	32.55	2.10	3.15	1.05	17.85	3.15	36.75	0.00	0.00	0.00	(M)	0.00	
General Tso's Chicken (Premium/Plus) - TR1412 (7 7/8 oz.)	10	420.00	14.00	2.00	0.00	100.00	902.00	48.00	2.00	28.00	(M)	24.00	1.44	40.00	0.00	0.00	(M)	(M)	0.00	
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	20	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00	
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	40	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	5	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Chow Mein Noodles - TR1801 (1 c.)	80	215.84	7.95	1.14	0.00	0.00	306.71	30.67	2.27	4.54	4.54	7.95	2.04	45.44	2839.95	17.04	0.00	0.00	0.00	
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)	
Steamed Broccoli - TR1112 (1/2 c.)	50	36.26	1.12	0.24	0.00	0.00	156.75	5.07	2.85	1.40	0.00(M)	2.95	0.56	31.06	965.72	38.20	0.00(M)	0.00(M)	0.00(M)	
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00	
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 02/27/2024	
Sour Cream - TR1098 (1 pkg.)	(M)
2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 02/28/2024	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7 7/8 oz.)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1801 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 02/28/2024																			
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fortune Cookie - TR1002 (1 ea)	30	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	30	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 02/29/2024																			
Breaded Chicken Drumsticks - TR1453 (1 ea.)	10	285.25	16.86	3.89	0.00	77.80	687.20	7.78	1.30	0.00	0.00	24.64	1.87	25.93	0.00	0.00	(M)	(M)	0.00
Chicken Drumstick - TR1739 (1 ea.)	10	191.47	11.70	2.66	0.00	90.42	329.75	4.25	0.00	0.00	0.00	17.02	0.77	21.27	0.00	0.00	(M)	201.98	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chili Cheese Fries - TR1922 (1 ea.)	60	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00
Spicy Breaded Drumsticks - TR1860 (1 drumstick)	10	187.22	10.70	2.23	0.00	75.78	338.77	6.24	0.89	0.00	0.00	15.16	0.89	0.00	0.00	0.00	0.00	615.10	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Garlic Breadstick - TR1622 (1 ea.)	90	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00
Baked Beans - TR1186 (1/2 c.)	35	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	25	89.84	1.14	0.25	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 02/28/2024	
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	(M)
2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 02/29/2024	
Breaded Chicken Drumsticks - TR1453 (1 ea.)	0.00
Chicken Drumstick - TR1739 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Spicy Breaded Drumsticks - TR1860 (1 drumstick)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Baked Beans - TR1186 (1/2 c.)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 02/29/2024																			
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	15	79.11	0.00	0.00	0.00	0.00	336.24	20.77	0.00	18.79	17.80	0.00	0.00	0.00	0.00	0.00	0.00	102.72	0.00

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: High School
Menu Line: Top Cat Line
Serving Group: 9-12
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 02/29/2024	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	0.00