

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/01/2024																				
Breakfast Chicken Patty - TR1449 (1 ea)	25	96.00	4.00	1.00	0.00	17.00	207.00	7.00	1.00	0.00	(M)	8.00	1.00	11.00	43.00	47.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	3	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	8	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	8	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	8	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Emoji Waffle - TR1887 (1 ea.)	25	90.32	3.01	0.75	0.00	2.51	105.38	15.05	1.00	2.51	2.51	2.01	1.81	130.47	501.80	0.00	0.00	50.23	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	20	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

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Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/01/2024	
Breakfast Chicken Patty - TR1449 (1 ea)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Emoji Waffle - TR1887 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/01/2024																				
Apple Juice - TR1036 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Friday - ServingDate: 02/02/2024																				
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Blueberry Muffin - TR1782 (1 ea.)	1	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	1	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	

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Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/01/2024	
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Friday - ServingDate: 02/02/2024	
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00

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Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Friday - ServingDate: 02/02/2024																				
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	3	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	5	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	5	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	5	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	5	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Cinnamon Minis - TR1876 (1 ea.)	5	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00	
Yogurt Meal Kit - TR1934 (1 ea.)	5	330.00	3.70	0.50	0.00	5.00	230.00	72.00	5.00	47.00	17.00 (M)	7.00	2.52	370.00	750.00	1.20	0.00(M)	0.00(M)	0.00(M)	
Red Delicious Apple - TR1055 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	15	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

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Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Friday - ServingDate: 02/02/2024	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt Meal Kit - TR1934 (1 ea.)	0.00(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)

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2023 FALL Breakfast Intermed Monday - ServingDate: 02/05/2024																				
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	15	160.00	6.00	1.50	0.00	25.00	310.00	17.00	3.00	4.00	(M)	8.00	1.44	0.00	0.00	0.00	(M)	(M)	0.00	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	8	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	8	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	8	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	10	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	10	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	10	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Monday - ServingDate: 02/05/2024	
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Monday - ServingDate: 02/05/2024																				
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	15	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Tuesday - ServingDate: 02/06/2024																				
Whole Grain Biscuit - TR1006 (1 ea.)	25	210.00	10.00	6.00	0.00	0.00	370.00	26.00	2.00	3.00	(M)	4.00	1.44	100.00	0.00	0.00	(M)	(M)	0.00	
Chex Blueberry Cereal - TR1642 (1 bowl)	3	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	8	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	8	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Monday - ServingDate: 02/05/2024	
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Tuesday - ServingDate: 02/06/2024	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Tuesday - ServingDate: 02/06/2024																				
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	8	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
TURKEY Sausage Patty - TR1283 (1 ea)	25	60.00	4.00	1.00	0.00	30.00	80.00	0.00	0.00	0.00	(M)	6.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Apple Juice - TR1036 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	25	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	5	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Wednesday - ServingDate: 02/07/2024																				
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Tuesday - ServingDate: 02/06/2024	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
TURKEY Sausage Patty - TR1283 (1 ea)	(M)
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 02/07/2024	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Wednesday - ServingDate: 02/07/2024																				
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	15	240.00	13.00	4.50	0.00	40.00	549.99	20.00	2.00	4.00	3.00	11.00	0.90	10.00	0.00	0.00	0.10	79.90	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	8	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	8	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	8	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	10	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	10	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	10	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	30	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	15	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 02/07/2024	
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Banana - TR1056 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Wednesday - ServingDate: 02/07/2024																				
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/08/2024																				
Breakfast Chicken Patty - TR1449 (1 ea)	25	96.00	4.00	1.00	0.00	17.00	207.00	7.00	1.00	0.00	(M)	8.00	1.00	11.00	43.00	47.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	3	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	8	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	8	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	8	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 02/07/2024	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/08/2024	
Breakfast Chicken Patty - TR1449 (1 ea)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Apple Strudel - TR1874 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/08/2024																				
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Emoji Waffle - TR1887 (1 ea.)	25	90.32	3.01	0.75	0.00	2.51	105.38	15.05	1.00	2.51	2.51	2.01	1.81	130.47	501.80	0.00	0.00	50.23	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	20	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Apple Juice - TR1036 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Breakfast Intermed Friday - ServingDate: 02/09/2024																				
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/08/2024	
Cherry Strudel - TR1875 (1 ea.)	0.00
Emoji Waffle - TR1887 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Friday - ServingDate: 02/09/2024	
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Friday - ServingDate: 02/09/2024																				
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Blueberry Muffin - TR1782 (1 ea.)	1	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	1	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	3	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	5	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	5	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	5	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	5	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Cinnamon Minis - TR1876 (1 ea.)	5	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00	
Yogurt Meal Kit - TR1934 (1 ea.)	5	330.00	3.70	0.50	0.00	5.00	230.00	72.00	5.00	47.00	17.00 (M)	7.00	2.52	370.00	750.00	1.20	0.00(M)	0.00(M)	0.00(M)	
Red Delicious Apple - TR1055 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Friday - ServingDate: 02/09/2024	
Lucky Charms - TR1430 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt Meal Kit - TR1934 (1 ea.)	0.00(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Friday - ServingDate: 02/09/2024																				
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	15	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Monday - ServingDate: 02/12/2024																				
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	15	160.00	6.00	1.50	0.00	25.00	310.00	17.00	3.00	4.00	(M)	8.00	1.44	0.00	0.00	0.00	(M)	(M)	0.00	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	8	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	8	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	8	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	10	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Friday - ServingDate: 02/09/2024	
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Monday - ServingDate: 02/12/2024	
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Breakfast Intermed Monday - ServingDate: 02/12/2024																			
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	10	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	10	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	15	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Breakfast Intermed Tuesday - ServingDate: 02/13/2024																			
Whole Grain Biscuit - TR1006 (1 ea.)	25	210.00	10.00	6.00	0.00	0.00	370.00	26.00	2.00	3.00	(M)	4.00	1.44	100.00	0.00	0.00	(M)	(M)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	3	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Monday - ServingDate: 02/12/2024	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Tuesday - ServingDate: 02/13/2024	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Tuesday - ServingDate: 02/13/2024																				
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	8	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	8	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	8	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
TURKEY Sausage Patty - TR1283 (1 ea)	25	60.00	4.00	1.00	0.00	30.00	80.00	0.00	0.00	0.00	(M)	6.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Apple Juice - TR1036 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	25	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL

Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Tuesday - ServingDate: 02/13/2024	
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
TURKEY Sausage Patty - TR1283 (1 ea)	(M)
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Tuesday - ServingDate: 02/13/2024																				
Syrup Dip Cup - TR1058 (1 ea.)	5	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Wednesday - ServingDate: 02/14/2024																				
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	15	240.00	13.00	4.50	0.00	40.00	549.99	20.00	2.00	4.00	3.00	11.00	0.90	10.00	0.00	0.00	0.10	79.90	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	8	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	8	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	8	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	10	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	10	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	10	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Tuesday - ServingDate: 02/13/2024	
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 02/14/2024	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 02/14/2024																			
Banana - TR1056 (1 ea.)	30	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	15	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/15/2024																			
Breakfast Chicken Patty - TR1449 (1 ea)	25	96.00	4.00	1.00	0.00	17.00	207.00	7.00	1.00	0.00	(M)	8.00	1.00	11.00	43.00	47.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	3	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 02/14/2024	
Banana - TR1056 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/15/2024	
Breakfast Chicken Patty - TR1449 (1 ea)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/15/2024																				
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	8	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	8	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	8	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Emoji Waffle - TR1887 (1 ea.)	25	90.32	3.01	0.75	0.00	2.51	105.38	15.05	1.00	2.51	2.51	2.01	1.81	130.47	501.80	0.00	0.00	50.23	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	20	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Apple Juice - TR1036 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/15/2024	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Emoji Waffle - TR1887 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Tuesday - ServingDate: 02/20/2024																				
Whole Grain Biscuit - TR1006 (1 ea.)	25	210.00	10.00	6.00	0.00	0.00	370.00	26.00	2.00	3.00	(M)	4.00	1.44	100.00	0.00	0.00	(M)	(M)	0.00	
Chex Blueberry Cereal - TR1642 (1 bowl)	3	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	0.00	116.09	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	0.00	130.00	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	8	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	8	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	8	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	0.00	109.98	0.00
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	0.00	109.98	0.00
TURKEY Sausage Patty - TR1283 (1 ea)	25	60.00	4.00	1.00	0.00	30.00	80.00	0.00	0.00	0.00	(M)	6.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	0.00	149.93	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Apple Juice - TR1036 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Tuesday - ServingDate: 02/20/2024	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
TURKEY Sausage Patty - TR1283 (1 ea)	(M)
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Tuesday - ServingDate: 02/20/2024																				
Chilled Diced Pears - TR1507 (1/2 c.)	25	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	5	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Wednesday - ServingDate: 02/21/2024																				
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	15	240.00	13.00	4.50	0.00	40.00	549.99	20.00	2.00	4.00	3.00	11.00	0.90	10.00	0.00	0.00	0.10	79.90	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	8	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Tuesday - ServingDate: 02/20/2024	
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 02/21/2024	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 02/21/2024																			
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	8	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	8	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	10	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	10	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	10	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	30	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	15	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/22/2024																			
Breakfast Chicken Patty - TR1449 (1 ea)	25	96.00	4.00	1.00	0.00	17.00	207.00	7.00	1.00	0.00	(M)	8.00	1.00	11.00	43.00	47.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	3	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 02/21/2024	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Banana - TR1056 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/22/2024	
Breakfast Chicken Patty - TR1449 (1 ea)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/22/2024																				
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	8	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	8	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	8	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Emoji Waffle - TR1887 (1 ea.)	25	90.32	3.01	0.75	0.00	2.51	105.38	15.05	1.00	2.51	2.51	2.01	1.81	130.47	501.80	0.00	0.00	50.23	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	20	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Apple Juice - TR1036 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/22/2024	
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Emoji Waffle - TR1887 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/22/2024																				
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Friday - ServingDate: 02/23/2024																				
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Blueberry Muffin - TR1782 (1 ea.)	1	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	1	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	3	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Thursday - ServingDate: 02/22/2024	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Friday - ServingDate: 02/23/2024	
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Friday - ServingDate: 02/23/2024																				
Pancake Mini Puffs ! - TR1914 (1 pkg.)	5	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	5	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	5	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	5	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Cinnamon Minis - TR1876 (1 ea.)	5	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00	
Yogurt Meal Kit - TR1934 (1 ea.)	5	330.00	3.70	0.50	0.00	5.00	230.00	72.00	5.00	47.00	17.00 (M)	7.00	2.52	370.00	750.00	1.20	0.00(M)	0.00(M)	0.00(M)	
Red Delicious Apple - TR1055 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	15	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Breakfast
Site Group: Intermediate
Menu Line: Main Line
Serving Group: K-8
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - February, 2024

Site: ALL
 Date: 02/01/2024 - 02/29/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Friday - ServingDate: 02/23/2024	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt Meal Kit - TR1934 (1 ea.)	0.00(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)