

Middle School February 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 29 th Sweet and Sour Popcorn Chicken (available without sauce) Carolina Rice Roasted Broccoli Fresh Cantaloupe 100% Fruit Juice Hormone Free Milk	30st Grilled Cheese Chicken Noodle Soup Sliced Cucumbers Fresh Pear 100% Fruit Juice Hormone Free Milk	31 Barilla Penne Pasta Bar Marinara/ Meat Sauce Toasted Garlic Bread Roasted Zucchini Fresh Banana Sakanaya Sushi Salmon/California Roll	1 Brunch for Lunch Waffle or Blueberry Pancake Hard Boiled Egg Potato Rounds Fresh Banana 100% Fruit Juice Hormone Free Milk	2 National Pizza Day Sunrise Pizza Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk
5 Chicken Patty Deluxe with Melted Cheese French Fries Lettuce/Tomato Chipotle Ranch Garden Salad Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk	6 Tostitos Nachos Beef Taco Tostitos Baked Scoops Pico de Gallo Sour Cream Shredded Lettuce Cooked Black Beans Pineapple Chunks	7 Macaroni and Cheese or Pasta with butter Steamed Peas Fresh Grapes 100% Fruit Juice Hormone Free Milk Sakanaya Sushi Salmon/California Roll	8 Brunch for Lunch French Toast Sausage Links (2) Breakfast Potatoes Cherry Tomato Cup Orange Smiles	9 Sunrise Pizza Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk
12 Boneless Chicken Tempura Ketchup or BBQ Sauce Roasted Cauliflower Red Delicious Apple 100% Fruit Juice Hormone Free Milk	13 Bosco Stick (2) (Mozzarella Filled Bread Stick) Marinara Sauce for Dipping Chicken Noodle Soup Sliced Cucumbers Red Delicious Apple 100% Fruit Juice Hormone Free Milk	14 Barilla Spaghetti Marinara Sauce or Aglie e Olio Meatballs (2) Toasted Bread Stick Steamed Spinach Kiwi Slices Sakanaya Sushi Salmon/California Roll	15 Brunch for Lunch French Toast Turkey Bacon (2) Hash Brown Potato Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk <i>Class Trip 6R</i>	16 Sunrise Pizza Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk
		Mid- Winter Recess		School Closed
26 Chicken Tenders (3) Potato Tots Sweet Corn Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk	27 Cheese Quesadilla Seasoned Black Beans with Brown Rice Pico de Gallo Sour Cream/Guacamole National Strawberry Day Strawberry Cup 100% Fruit Juice Hormone Free Milk	28 Halal Chicken Skewer Rice Bowl Basmati Rice Shredded Lettuce Cucumber/Tomato Salad Toasted Pita Slice Ranch Dip Sakanaya Sushi	29 Brunch for Lunch French Toast Sausage Patty Hash Brown Potato Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk	



SCHOOL LUNCH PRICES

LUNCH: \$4.00

Gluten Free

Rolls, Cereal, Pizza and Pasta available upon request

MEAL OF THE DAY

INCLUDES:

Vegetable, Fresh Whole Fruit or 100% Fruit Juice,
Hormone/Antibiotic Free Skim,
Low Fat Choc and 1% Milk
Fresh Fruit Basket offered Daily

Pre-Made Sandwiches offered daily with Boar's Head Meats

(Turkey, Ham, Bologna, Salami
Buffalo Chicken, American Cheese)
Sun Butter and Jelly Sandwich

Pre Made Salads Available:

Chicken Caesar Salad/Caesar Salad
Garden Salad/Greek

À la Carte Prices

Mini Poland Spring Water \$1.25
Poland Spring Water 16oz \$1.50
Baked Snack Varieties \$1.25-\$2.75
Fresh Fruit Purchase \$1.00
Small Fruit Salad \$2.50
Baked Cookie \$1.00 (Wednesdays)
Baked Whole Grain Pretzel (Thursdays)
Ice Cream \$1.25-\$3.00 (Fridays)

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE: We try our best to serve our menus as posted; however, sometimes last minute changes occur.