

BREAKFAST MENU

<p>February 5 Mini Pancake Bites & Syrup Pear Cup</p>	<p>6 Breakfast Calzone Whole Apple</p>	<p>7 Chocolate Muffin Peach Cup</p>	<p>8 Saint Paul Sunrise Croissant Banana</p>	<p>9 Mini Cinnamon Rolls Apple Slices</p>
<p>12 Chicken Waffle Sandwich Mixed Fruit Cup</p>	<p>13 Egg & Cheese Breakfast Burrito Apple</p>	<p>14 Apple Cinnamon Muffin Peach Cup</p>	<p>15 Saint Paul Sunrise Sandwich Banana</p>	<p>16 Belgian Maple Waffle Chocolate Spread Apple Slices</p>
<p>19 </p>	<p>20 Breakfast Calzone Whole Apple</p>	<p>21 Chocolate Muffin Peach Cup</p>	<p>22 Saint Paul Sunrise Croissant Banana</p>	<p>23 Mini Cinnamon Rolls Apple Slices</p>
<p>26 Chicken Waffle Sandwich Mixed Fruit Cup</p>	<p>27 Egg & Cheese Breakfast Burrito Apple</p>	<p>28 Apple Cinnamon Muffin Peach Cup</p>	<p>29 Saint Paul Sunrise Sandwich Banana</p>	<p>March 1 Belgian Maple Waffle Chocolate Spread Apple Slices</p>

DAILY CHOICES

- Assorted Cereals
- Yogurt
- String Cheese
- Rice Bowl
- Juice
- Milk

LUNCH MENU

<p>February 5 Crispy OR Spicy Chicken Sandwich OR Veggie Burger Potato Wedges</p> <hr/> <p>Popcorn Shrimp and Corn Muffin OR Grilled Cheese Potato Wedges Galaxy Sauce</p>	<p>6 Mongolian Beef OR Tofu Jasmine Rice Vegetable Egg Roll Broccoli</p> <hr/> <p>BBQ Beef Rib Sandwich OR Grilled Cheese Potato Wedges</p>	<p>7 Seasoned Beef Nachos Refried Beans Cheese Sauce Tortilla Chips</p> <hr/> <p>Cheeseburger OR Veggie Burger Potato Wedges Galaxy Sauce</p>	<p>8 MN THURSDAY!</p> <p>Turkey Hot Dog Fingerling Potatoes</p> <hr/> <p>Fish & Chips Battered Fish Filet Pretzel Stick OR Grilled Cheese Waffle Fries Corn</p>	<p>9 Italian Dunker Marinara Sauce Mixed Vegetables Chocolate Chip Cookie</p> <hr/> <p>Shredded Seasoned Beef Burrito Bowl Cilantro Rice Cheese Sauce Roasted Corn Tortilla Chips</p>
<p>12 SPECIAL MENU*</p> <p>Kickin' Chicken Wings Mac & Cheese Corn Muffin Broccoli Chocolate Brownie</p> <hr/> <p>Chicken Sliders OR Grilled Cheese Potato Wedges</p>	<p>13 Teriyaki Chicken OR Tofu Jasmine Rice Broccoli Potstickers</p> <hr/> <p>Pulled Turkey Sandwich OR Veggie Burger Potato Wedges</p>	<p>14 TACO DAY Seasoned Beef Refried Beans Shredded Cheese Tortilla Shells</p> <hr/> <p>Cheeseburger OR Veggie Burger Potato Wedges Galaxy Sauce</p>	<p>15 Crispy OR Spicy Chicken Sandwich OR Veggie Burger Potato Wedges</p> <hr/> <p>Chicken Tinga Tacos Refried Beans Tortilla Shells Corn Relish</p>	<p>16 Cheese OR Turkey Sausage Pizza Make Your Own Caesar Salad</p> <hr/> <p>Shredded Beef Loaded Waffle Fries Cheese Sauce Pretzel Stick</p>
<p>19</p> <p>NO SCHOOL TODAY!</p> 	<p>20 Beef OR Tofu Bulgogi Jasmine Rice Vegetable Egg Roll Broccoli</p> <hr/> <p>Buffalo Chicken OR Plant Based Tenders Sandwich Potato Wedges</p>	<p>21 Oven Fried Chicken Original OR Nashville and Corn Muffin OR Grilled Cheese Mashed Potatoes</p> <hr/> <p>Como Street Chicken OR Falafel on a Pita Tzatziki Sauce Potato Wedges</p>	<p>22 Cheeseburger OR Veggie Burger Potato Wedges Galaxy Sauce</p> <hr/> <p>Southern Chicken OR Plant Based Tender Bowl Mashed Potatoes & Gravy Corn Muffin</p>	<p>23 Italian Dunker Marinara Sauce Mixed Vegetables Oatmeal Raisin Cookie</p> <hr/> <p>Crispy OR Spicy Chicken OR Plant Based Tender Sandwich Potato Wedges Galaxy Sauce</p>
<p>26 Chicken Parmesan with Pasta and Marinara Sauce Garlic Toast</p> <hr/> <p>Chicken Sliders OR Grilled Cheese Potato Wedges</p>	<p>27 Orange Chicken OR Tofu Jasmine Rice Vegetable Egg Roll Broccoli</p> <hr/> <p>Cheeseburger OR Veggie Burger Potato Wedges Galaxy Sauce</p>	<p>28 Pancakes Chicken Sausages Hash Browns</p> <hr/> <p>Chicken Fingers OR Plant Based Tenders Mac & Cheese Corn Muffin Coleslaw Galaxy Sauce</p>	<p>29 Beef Nachos Cheese Sauce Refried Beans Tortilla Chips</p> <hr/> <p>Turkey Kielbasa OR Plant Based Tenders on a Bun Potato Wedges</p>	<p>March 1 Hamari Chicken, Yellow Rice, & Dinner Roll OR Grilled Cheese Mixed Vegetables</p> <hr/> <p>Gyro OR Falafel on a Pita Tzatziki Sauce Potato Wedges</p>

*THANK YOU to the Parents of African American Students Advisory Council for your partnership in creating the menu for National African American Parent Involvement Day.

For nutrient & allergen information, visit SchoolCafe.com/SPPS. Choice bar and milk are available at every meal. Menu subject to change. This institution is an equal opportunity provider.