

BREAKFAST MENU

February 5 Mini Pancake Bites & Syrup Pear Cup	6 Breakfast Calzone Whole Apple	7 Chocolate Muffin Peach Cup	8 Saint Paul Sunrise Croissant Banana	9 Mini Cinnamon Rolls Apple Slices
12 Chicken Waffle Sandwich Mixed Fruit Cup	13 Egg & Cheese Breakfast Burrito Apple	14 Apple Cinnamon Muffin Peach Cup	15 Saint Paul Sunrise Sandwich Banana	16 Belgian Maple Waffle Chocolate Spread Apple Slices
19 NO SCHOOL TODAY! 	20 Breakfast Calzone Whole Apple	21 Chocolate Muffin Peach Cup	22 Saint Paul Sunrise Croissant Banana	23 Mini Cinnamon Rolls Apple Slices
26 Chicken Waffle Sandwich Mixed Fruit Cup	27 Egg & Cheese Breakfast Burrito Apple	28 Apple Cinnamon Muffin Peach Cup	29 Saint Paul Sunrise Sandwich Banana	March 1 Belgian Maple Waffle Chocolate Spread Apple Slices

DAILY CHOICES

- Assorted Cereals
- Yogurt or Smoothie
- String Cheese
- Rice Bowl
- Juice
- Milk

For nutrient & allergen information, visit SchoolCafe.com/SPPS. Menu subject to change.
This institution is an equal opportunity provider.

LUNCH MENU

February 5

Crispy OR Spicy
Chicken Sandwich
OR Veggie Burger
Potato Wedges
Galaxy Sauce
Choice Bar

Soybutter Sandwich
Choice Bar

6

Mongolian Beef
OR Tofu
Jasmine Rice
Broccoli
Choice Bar

Soybutter Sandwich
Choice Bar

7

Beef Nachos
Cheese Sauce
Refried Beans
Tortilla Chips
Choice Bar

Soybutter Sandwich
Choice Bar

8 MN THURSDAY!

Turkey Hot Dog
Fingerling Potatoes
Choice Bar

Soybutter Sandwich
Choice Bar

9

Italian Dunker
Marinara Sauce
Mixed Vegetables
Chocolate Chip
Cookie
Choice Bar

Soybutter Sandwich
Choice Bar

12 SPECIAL MENU*

Kickin' Chicken Wings
Mac & Cheese
Corn Muffin
Broccoli
Chocolate Brownie
Choice Bar

Soybutter Sandwich
Choice Bar

13

Teriyaki Chicken
OR Tofu
Jasmine Rice
Broccoli
Choice Bar

Soybutter Sandwich
Choice Bar

14

TACO DAY
Seasoned Beef
Refried Beans
Shredded Cheese
Tortilla Shells
Choice Bar

Soybutter Sandwich
Choice Bar

15

Crispy OR Spicy
Chicken Sandwich
OR Veggie Burger
Potato Wedges
Galaxy Sauce
Choice Bar

Soybutter Sandwich
Choice Bar

16

Cheese OR Turkey
Sausage Pizza
Make your own
Caesar Salad
Choice Bar

Soybutter Sandwich
Choice Bar

19

NO SCHOOL
TODAY!



20

Beef OR Tofu
Bulgogi
Jasmine Rice
Broccoli
Choice Bar

Soybutter Sandwich
Choice Bar

21

Oven Fried Chicken
Original OR
Nashville and
Corn Muffin
OR Grilled Cheese
Mashed Potatoes
Choice Bar

Soybutter Sandwich
Choice Bar

22

Cheeseburger OR
Veggie Burger
Potato Wedges
Galaxy Sauce
Choice Bar

Soybutter Sandwich
Choice Bar

23

Italian Dunker
Marinara Sauce
Mixed Vegetables
Oatmeal Raisin
Cookie
Choice Bar

Soybutter Sandwich
Choice Bar

26

Chicken Parmesan
with Pasta and
Marinara Sauce
Garlic Toast
Choice Bar

Soybutter Sandwich
Choice Bar

27

Orange Chicken
OR Tofu
Jasmine Rice
Broccoli
Choice Bar

Soybutter Sandwich
Choice Bar

28

Pancake
Chicken Sausages
Hash Browns
Choice Bar

Soybutter Sandwich
Choice Bar

29

Beef Nachos
Cheese Sauce
Refried Beans
Tortilla Chips
Choice Bar

Soybutter Sandwich
Choice Bar

March 1

Roasted Chicken
Drumstick and
Dinner Roll
OR Grilled Cheese
Yellow Rice
Mixed Vegetable

Soybutter Sandwich
Choice Bar

*THANK YOU to the Parents of African American Students Advisory Council for your partnership in creating the menu for National African American Parent Involvement Day.

For nutrient & allergen information, visit SchoolCafe.com/SPPS. Choice bar and milk are available at every meal. Menu subject to change. This institution is an equal opportunity provider.