

BREAKFAST MENU

February 5

Mini Pancake
Bites & Syrup
Pear Cup

6

Breakfast Calzone
Whole Apple

7

Chocolate Muffin
Peach Cup

8

Saint Paul Sunrise
Croissant
Banana

9

Mini Cinnamon
Rolls
Apple Slices

12



13

Egg & Cheese
Breakfast Burrito
Apple

14

Apple Cinnamon
Muffin
Peach Cup

15

Saint Paul Sunrise
Sandwich
Banana

16

Belgian Maple
Waffle
Chocolate Spread
Apple Slices

19

NO SCHOOL TODAY!



20

Breakfast Calzone
Whole Apple

21

Chocolate Muffin
Peach Cup

22

Saint Paul Sunrise
Croissant
Banana

23

Mini Cinnamon
Rolls
Apple Slices

COMMUNITY FOOD RESOURCES

MINNESOTA FOOD HELPLINE

1-888-711-1151

MONDAY-FRIDAY

10:00 AM - 5:00 PM



RAMSEY COUNTY



DAILY CHOICES

- Assorted Cereals
- Yogurt or Smoothie
- String Cheese
- Rice Bowl
- Juice
- Milk

For nutrient & allergen information, visit SchoolCafe.com/SPPS.
This institution is an equal opportunity provider.

Menu subject to change.

LUNCH MENU

February 5

Crispy OR Spicy
Chicken Sandwich
OR Veggie Burger
Potato Wedges
Galaxy Sauce
Choice Bar

Soybutter Sandwich
Choice Bar

6

Mongolian Beef
OR Tofu
Jasmine Rice
Broccoli
Choice Bar

Soybutter Sandwich
Choice Bar

7

Beef Nachos
Cheese Sauce
Refried Beans
Tortilla Chips
Choice Bar

Soybutter Sandwich
Choice Bar

8 MN THURSDAY!

Turkey Hot Dog
Fingerling Potatoes
Choice Bar

Soybutter Sandwich
Choice Bar

9

Italian Dunker
Marinara Sauce
Mixed Vegetables
Chocolate Chip
Cookie
Choice Bar

Soybutter Sandwich
Choice Bar

12

NO SCHOOL
TODAY!



13

Teriyaki Chicken
OR Tofu
Jasmine Rice
Broccoli
Choice Bar

Soybutter Sandwich
Choice Bar

14

TACO DAY
Seasoned Beef
Refried Beans
Shredded Cheese
Tortilla Shells
Choice Bar

Soybutter Sandwich
Choice Bar

15

Crispy OR Spicy
Chicken Sandwich
OR Veggie Burger
Potato Wedges
Galaxy Sauce
Choice Bar

Soybutter Sandwich
Choice Bar

16

Cheese OR Turkey
Sausage Pizza
Make your own
Caesar Salad
Choice Bar

Soybutter Sandwich
Choice Bar

19

NO SCHOOL
TODAY!



20

Beef OR Tofu
Bulgogi
Jasmine Rice
Broccoli
Choice Bar

Soybutter Sandwich
Choice Bar

21

Oven Fried Chicken
Original OR
Nashville and
Corn Muffin
OR Grilled Cheese
Mashed Potatoes
Choice Bar

Soybutter Sandwich
Choice Bar

22

Cheeseburger OR
Veggie Burger
Potato Wedges
Galaxy Sauce
Choice Bar

Soybutter Sandwich
Choice Bar

23

Italian Dunker
Marinara Sauce
Mixed Vegetables
Oatmeal Raisin
Cookie
Choice Bar

Soybutter Sandwich
Choice Bar



SPRING BREAK