

FAMILY COURSE SELECTION NIGHT

10th Grade – Class of 2026







MEET YOUR COUNSELING JEAM



Sandra Woosley Last Names: A-C (408) 522-2459



Vanessa Goulart Last Names: A-C (408) 522-2430



Sherry Fazzio Last Names: D-HUR (408) 522-2480



Ana Franco Last Names: HUS-MEK (408) 522-2428



Dan Amezquita Last Names: MEL-ROM (408) 522-2484



Eric Medeiros Last Names: RON-Z (408) 522-2423





TONIGHT'S AGENDA:

6:00-6:30

Overview of course selection process presented by school counselors

6:30-7:1

Brief presentations by teachers from each department about 11th grade course options







COURSE SELECTION TIMELINE

- **★** School Wide Conversations **This week**
- Choose courses for next year (English class) –February –8th & 9th
- Course Verification Forms will be sent viaInformed K12 April 2nd
- * Any requests to change must be submitted by April 5th
- ★ Final schedule will be given during Firebird Fiesta in August before school begins



- Amer. Lit or Am. Lit Honors or APLAC
- 2. US History or APUSH
- 3. Math
- 4. Science
- 5. Elective (PE*, fine art, applied academic, World Language)
- 6. Elective (PE*, fine art, applied academic, World Language)

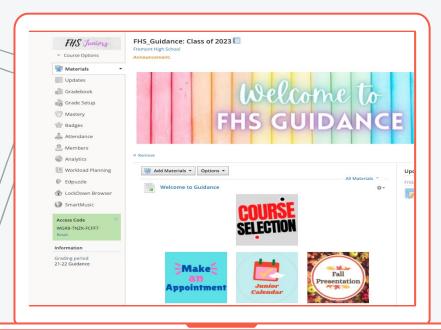


(For 4-year university, must take World Lang (2 yr) and 1 year of a Fine Art)



COURSE SELECTION FOLDER





SCHOOLOGY FOLDER

FILL OUT - DO NOT SUBMIT:

- **X** Course Advising Sheet
- Time Management Activity & Homework Calculation
 Guide

RESOURCES:

- ***** FHS Course Offerings
- * Math Course Sequence
- **★** AP/Honors Agreement







- This is what students can use for their conversations with teachers.
- We recommend students filling this out before choosing their classes on Feb 8th & 9th





2022-23 School Year Fremont High School COURSE PLANNING & ADVISING FORM

Current 11TH GRAD

ny gour ny	ter graduation is: (work, colle	ege military travel)	
	ier graduation is. (work, com	ege, minury, truvely	
Currently,	I would like to consider a car	eer in: (occupation, major)	
		300 000 000	
7th) class to l	be added <u>if space is available</u> . Studer		itial registration process and may indicate a seventh y one curriculum area in their first six choices. It is er date may not be possible.
nstructio	ons		
	wn your requested courses.		
	with your teacher your requested		
. Register	for classes online using our Infi	nite Campus (IC) Portai.	
Requeste	d Courses		
If you are p	lanning to take 3 or more AP/Hono	rs classes we strongly encourage you to co	mplete the time management activity.)
	Subject	Student Course Request	Course Number
	1. English		
	2. Social Science		
	3. Math		
	4. Science		
	 Elective (PE, fine art, applied academic, World Language) 		
	6. Elective		
		(O. 1) N	
	6th or 7th Block Request	3) to 3.	□ No 7th
□ N	lo 1st	□ No 6th	□ No 7th
□ N You may	io 1st ONLY choose one option.	□ No 6th Entering two or three will void A	ALL requests.
You may The Course Completing course will	o 1st ONLY choose one option. e Request (Doesn't work it g this section indicates you wo	□ No 6th Entering two or three will void A f you requested no 1st, no 6th, uld like a 7th course if space is avail	ALL requests. or no 7th) lable. Placement is not guaranteed. This 7th
You may th Course Completing course will Portal.	o 1st ONLY choose one option. e Request (Doesn't work it g this section indicates you wo	□ No 6th Entering two or three will void A f you requested no 1st, no 6th, uld like a 7th course if space is avail	ALL requests. or no 7th) lable. Placement is not guaranteed. This 7 th ution process using our Infinite Campus (IC)
You may The Course Completing Course will Portal. The Course Backup El	ONLY choose one option. Request (Doesn't work it g this section indicates you we be selected under the category Course Name: Rective Choices: You must pro . You must be willing to take a	No 6th Entering two or three will void A f you requested no 1st, no 6th, uld like a 7th course if space is avail y of "alternate" in the online registra Course Nu vide three class options to be used it ny of these courses equally. If you di	ALL requests. or no 7th) lable. Placement is not guaranteed. This 7 th ution process using our Infinite Campus (IC)



Instructions

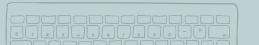
- 1. Write down your requested courses.
- 2. Discuss with your teacher your requested courses
- 3. Register for classes online using our Infinite Campus (IC) Portal.

Requested Courses

(If you are planning to take 3 or more AP/Honors classes we strongly encourage you to complete the time management activity.)

	Subject	Student Course Request	Course Number
1. Englis	h		2
2. Social	Science		
3. Math			
4. Science	e		
5. Electivacadem	ve (PE, fine art, applied ic, World Language)		
6. Electiv	re		T)

Teachers give recommendations, but ultimately it is a student/family decision.











SUMMER CLASSES



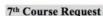
- Summer Academy (Summer School) **More information to come**
- **X** Summer Classes for Advancement
 - o Typically these courses do not go on the FHS transcript
 - YOU need to communicate with us if your summer plans change. We will be holding a spot for you in the requested class, therefore if you have a change to make, it is your responsibility to communicate.
 You need to research where to take these classes we will
 - You need to research where to take these classes we will not make recommendations for outside courses
 - Be sure to check the <u>UC A-G Course List</u> for UC/CSU approved courses







- If you don't receive a 7th class, you will have an opportunity to add one during the add lottery (2nd week of school)
- **★** Your 7th class could be one of your alternates
- No department "double-ups" (ex. Chem & Physics)
- **X** AVID or Band could potentially be your 7th class
- **X** Student Tutor can be your 7th class



Completing this section indicates you would like a 7th course if space is available. Placement is not guaranteed. This 7th course will be selected under the category of "alternate" in the online registration process using our Infinite Campus (IC) Portal.

7th Course | Course Name:

Course Number:



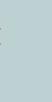








HOMEWORK CALCULATION GUIDE & TIME MANAGEMENT ACTIVITY



FHS Homework Calculation Guide 2022-23

Hrs/Week

Please consider the following ESTIMATES when planning your course schedule. Actual times and workloads will vary by teacher and student skill level

English	Hrs/Week
Lit/Writ	2.4
Global Literature	1
World Literature	2.4
Am Lit	1.5
Am Lit Honors	3.5
AP Lang & Comp	4.5
Exp. Reading & Writ.	1.5
Story & Style	2
AP Literature	4
ELD IA & B	1
ELD 2	2.25
ELD 3	2.25
0 '10'	
Social Science World History	Hrs/Week
World History-SH	1.5
	1.5
U.S. History	
U.S. History-SH	1
U.S. History-SH AP U.S. History	5
U.S. History-SH	

AP Gov & Econ

Ceramics 3-4 3-D Design 1

World Language

Mathematics	Hrs/Week
Algebra 1	1-1.5
App of Adv Math	1-2
Geometry	1
Algebra 2	1-3
Algebra 2/trig	1.5
Pre-Calc	1-4
Pre-Calc H	1-2
AP Statistics	2-3
AP Calculus AB	4
AP Calculus BC	4
C-!	Hrs/Week
Science Biology	0.5-1

Science	Hrs/Week
Biology	0.5-1
Science in Society	0.5
Chemistry	1.5
Chemistry-H	3
Physics	1.5
Physics-H	3
Physiology	1.5
AP Biology	6
AP Chemistry	6
AP Env. Science	6
AP Physics	6

Theatre Arts	Hrs/Show
Drama	0.5-1/week
Adv. Drama	30
Adv. Drama H (+ project)	30 +20

Electives	Hrs/Week
Communications	1
AVID	1.75

Career Tech. Ed	Hrs/Week
Principles of Bus.	1
Law	1
Journalism	varies by position
Comp Prog Java	0
AP Comp Science	1-4
Engineering Essentials	1
(EES)	
Engineering Design	1
(IED)	
POE/DE	1/0
Sports Medicine	1/mo.
Auto Tech 1 & 2	0.5
All Culinary Classes	5/mo.
Stagecraft	5/mo.
Technical Writing	varies by position

Symphonic Band	1
Wind Ensemble	2
Activities	Hrs/Week
Club (Average)	1
Robotics (Build season)	12
Leadership	varies by position
Marching Band	14*
Sports Team (Practice)	12.5
Winter	
Guard/Percussion	14*
*Includes S	aturdays

AP= Advanced Placement; H= Honors

Individual Practice

Orchestra

Chamber Orchestra All choirs Concert Band

Use the Homework Calculation Guide to help you complete the Time Management Activity Time Management Activity		
In class 5 days per week	35	

In class 5 days per week 35
2 Thous per day 35
English Social Science:

Math
Social Science:

Language:
Elective:
Elective:
PE:

Total School Hours: (A)

Extra-Curricular Activities	Avg Hrs/Wk
Paid job	
Hobbies/Interests	
Community Service	
Non-School Sports	
School-Related Activity	
School-Related Activity	

Total Extra-Curricular Hours:	(B)
Daily Living Activities	Avg Hrs/Wk
Sleep (7 days x 9 hours)	63
Necessities (eating, showering, chores)	
Family time	
Free time (friends, etc.)	
Travel time (to/from school, activities)	
Faith/Religious Activities	
Total Daily Living Hours:	(C)
Total School (A)	
Total Eutra Curricular (D)	

Faith/Religious Activities	
Total Daily Living Hours:	(C)
Total School (A)	i i
Total Extra-Curricular (B)	+
Total Daily Living (C)	+
YOUR Total Hours	-
Total Hours in a Week =	168

- Time Management Activity found on the Homework Calculation Guide.
- This will help you make class choices while maintaining balance.





- Sleep (8-9 hours ideal)
- Social time with friends (preferably in person)
- Limits on technology (especially around bedtime)
- Physical activity for mental health (3–5 times/week)
- Time for family connection
- Healthy communication (listening, validating, joint problem solving)



AP/HONORS AGREEMENT



Student Name:

Grade: Student II

On the left, check the courses you will take and have a conversation with your current teachers about taking the class.

On the right, write in the courses you will be taking next year next to each subject listed. Find the amount of homework or time for each class or activity on the back of this contract. Write in the average hours per week and add up the Total School Hours. Do this for each section to come up with the total number of hours per week you spend in each area. Determine where you need to cut back time or

Course(s)

Check all courses that you plan to

- AP Course (HW Hrs/Week)
- ☐ AP Biology (6)
- AP Calculus AB (4)

 AP Calculus BC (4)
- AP Calculus BC (4)
- AP Comp. Sci (1-4)
- ☐ 11th AP Lang & Comp (4.5)
- 11° AP English Lit (4)
- ☐ AP Enviro Science (6)
- □ AP Microeconomics (5)
- ☐ AP Music Theory (2-3)
- AP Physics C: Mechanics
- ☐ AP Statistics (2-3)
- ☐ AP U.S. Gov. & Politics (5)
- ☐ AP U.S. History (5)
- ☐ AP Chinese (2.5)
- ☐ AP French (2.5)
- ☐ AP Japanese (2.5) ☐ AP Spanish (2.5)

Adv. Drama H (30 hrs per show + 20 hr project)

- ☐ American Lit. H (3.5)
- ☐ Alg. 2/Trig. * (1.5)
- ☐ Chemistry H (3)
- ☐ Physics H (3)
- ☐ Physics H (3)
- ☐ Pre-Calculus H (1-2)
- ☐ Chinese 4H (2.5) ☐ French 4H (2.5)
- ☐ Japanese 4H (2.5)
- ☐ Spanish 4H (2.5)
- Spanish 4H (2.5)

* While this class is not labeled "honors", it is an accelerated course that requires students to learn at a pace faster than Algebra 2 Advanced Placement (AP) and Honors courses are rigorous, fast-paced courses. AP courses are college-level and prepare students to take the AP Exam in May. Students who receive a score of "3" or higher on an AP Exam may receive college credit and be exempt from taking the course in college. Honors courses are designed to prepare students for AP courses by mirroring the fast pace and expectations for critical thinking. For those reasons, we also encourage you to obtain your teachers' recommendations for placement in such courses. The content of AP and

recommendations for placement in such courses. The content of AP and Honors courses may include mature themes that will require students to be open and willing to investigate new ideas.

AP and Honors courses generally cover more material in greater detail and at a higher level than a regular course in the given subject. As a result, students can expect

- an increase in the amount of reading, writing, and studying that they will need to do outside of class;
- work assigned over the summer to ensure that all relevant material is covered before the exam (for AP classes);
- a course that generally includes lecture-style teaching and student note-taking;
- to be self-directed, take accurate and useful notes, complete homework, and study even if no points are assigned for a particular task;
- more weight is given to assessments or labs rather than homework or class-work completion; and
- to accept responsibility for identifying any necessary outside-of-class support activities they will need, to ask for assistance, and to apply themselves to this additional workload.

If students in AP and Honors courses fail to meet the demands of the course, they may not be able to drop the course and take a regular course: there is no guarantee of availability in a regular course or an alternative course. To make up for a dropped AP or Honors course, students may take the course in summer school (if the subject is offered) or a community college.

By reviewing this agreement, my parents/guardians and I understand:

- The estimated amount of time I will need to commit to be successful my AP/Honors course.
- ✓ The requirements and expectations for AP/Honors classes outlined
 above.
- ✓ For AP Courses: I am expected to take the corresponding AP Exam May

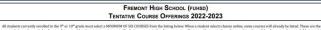
- AP Agreement must be reviewed to understand the expectations and demands of AP/Honors classes.
- Choose AP/Honors courses carefully and understand that there may not be space available for you to change your schedule once school starts.











AVID 11*

AVID 12* AVID Tutor* Academic Foundations*

Student Clerk (office only)*

1010 P	Lit/Writ	9
1020 P	World Lit/Writ	10
1130 P	Amer Lit/Writ	11
1140 H	Amer Lit/Writ H	11
1190 H	AP Lang/Comp	11
1030 P	Exp. Read/Writ (ERWC)	12
1034 P	Senior Core (combo w/ 1834/1844)	12
1260 P	Story and Style	12
1410 H	AP English Lit	12
01.515.1	Not English Credit for College	
1360 Pg	Journalism	10-12
8370	Ac. Reading/Writ Wrkshp*	9-12
S	OCIAL STUDIES DEPARTMENT (UC/CSU 4)	
1620 P	World History	10
1730 P	U.S. History	11
1750 H	AP U.S. History	11
	12th Graders MUST select 2 courses	
1834 Pg	Senior Core Econ (combo with 1844) 12
1835 Pg	Economics	12
1865 Pg	AP Microeconomics	12
1844 P a	Senior Core Gov (combo with 1834)	12
1845 Pa	US Government	12
1855 Ha	AP US Government	12
	PHYSICAL EDUCATION DEPARTMENT	
2510	PE 9	9
2525	PE 9 Band+	9
2530	PE 10-12	10
2590	PE Athletics**	10-12
2670	PE Basketball	10-12
2720	PE Racquet Sports	10-12
2210	DE MA Tonining	10 12

2510	PE 9	9
2525	PE 9 Band+	9
2530	PE 10-12	10
2590	PE Athletics**	10-12
2670	PE Basketball	10-12
2720	PE Racquet Sports	10-12
2740	PE Wt. Training	10-12
2780	PE Total Fitness	10-12
2810 Pf	Dance 1	10-12
En	GLISH LANGUAGE DEVELOPMENT	r (ELD)
1013 P b	Lit/ Writ*	9-12
1043	Global Lit*	9-12
1420/30	ELD 1A/ 1B*	9-12
1450	ELD 2*	9-12
1460 P b	ELD 3*	9-12
1023 Pb	World Lit/Writ*	10-12
1623 Pa	World History*	10-12
1733 Pa	US History*	11-12
1833 P g	Economics*	12
1843 P g	US Government*	12
2213 P c	Algebra 1*	9-12
2233 P c	Geometry*	9-12
3113 P d	Biology*	9-12
3713 P d	Physics*	9-12
	SPECIAL EDUCATION GRADES 9-12	

Courses selected must be directly related to the student's Individual Education Plan as created by the student, parent and Special Education team member(s).

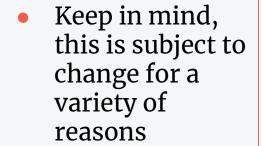
folloge Prep (UC/CSU a-g)

	SCIENCE DEPARTMENT (UC/CSU D)			ON-DEPARTMENTAL ELECTIVES CON-	i.
Life Scie	ence		9050	Lab Assistant (Science)*	10-1
3110 P	Biology	9	9090	Student Tutor*	10-1
3120 H	AP Biology	11-12			
3130 P	Physiology	11-12		CAREER TECHNICAL EDUCATION	
	Science			(Антин Асконся)	
610 P	Chemistry	10-12	Business	Department	
620 H	Chemistry H	10-12	4580 P g	Principles of Business	9-12
630 H	AP Chemistry	11-12	4850 P g	Law	9-12
710 P	Physics	10-12			
720 H	Physics H	10-12		ills Department	
720 H	AP Physics C: Mech	11-12	5710	Intro to Culinary Careers	9-12
/30 H	AUGUST CONTROL TO STATE OF THE	11-12	7765	Culinary Careers 2	10-12
840 H	Interdisciplinary Science AP Environ Sci	11-12		r Science/Math Electives	
850 P	Science in Society (pending IC approval)			Digital Innovation & Design	9
0301	Science in society (priority or approva)	10-12		Comp Prog Java	9-12
	MATHEMATICS DEPARTMENT (UC/CSU C)	i,	2350 H c	AP Comp Sci A	10-12
210 P	Algebra 1		CTE Prop		
230 P	Geometry		7530	Auto Tech 1	10-1
310 P	Algebra 2		7535	Auto Tech 2	11-1
320 P	Algebra 2/Trig		8380	Yearbook	10-3
390 P	Pre-Calculus		7770	Stagecraft Tech	9-1
410 P	Applications of Advanced Math		7900	Sports Medicine	10-1
420 H	Pre-Calculus Honors		7920 P	Kinesiology (dual enrollment class)	11-3
430 H	AP Calculus AB			Engineering Essentials	9-13
440 H	AP Calculus BC			Intro to Engineering Design	10-
460 H	AP Statistics		8270 P g	Principles of Engineering	10-
	Statway (dual enrollment class)		8260 P g	Digital Electronics	11-1
2330 P		e)	VI	Digital Electronics SUAL AND PERFORMING ARTS (UC/CSL	2000
330 P	Statway (dual enrollment class) ORLD LANGUAGE DEPARTMENT (UC/CSU	e)	Art	SUAL AND PERFORMING ARTS (UC/CSL	(f)
330 P W	Statway (dual enrollment class)	e)	Art 6110 P	Art 1	9-12
330 P W	Statway (dual enrollment class) ORLD LANGUAGE DEPARTMENT (UC/CSU Japanese 1	e)	Art 6110 P 6120 P	Art 1 Art 2	9-12 10-1
010 P 020 P 030 P	Statway (dual enrollment class) ORLD LANGUAGE DEPARTMENT (UC/ESU Japanese 1 Japanese 2	e)	Art 6110 P 6120 P 6130 P	Art 1 Art 2 Art 3	9-12 10-1 10-1
330 P W 010 P 020 P 030 P 040 H	Statway (dual enrollment dats) ORLD LANGUAGE DEPARTMENT (UC/CSU- Japanese 1 Japanese 2 Japanese 3 Japanese 4 H	e)	Art 6110 P 6120 P 6130 P 6210 P	Art 1 Art 2 Art 3 3D Sculpture and Design 1	9-12 10-1 10-1 9-12
330 P W 010 P 020 P	Statway (dual-enrollment class) ORLD LANGUAGE DEPARTMENT (UC/ESU- Japanese 1 Japanese 2 Japanese 3	e)	Art 6110 P 6120 P 6130 P 6210 P 6310 P	Art 1 Art 2 Art 3 3D Sculpture and Design 1 Ceramics 1-2	9-12 10-1 10-1 9-12 9-12
010 P 020 P 030 P 040 H 050 H 110 P	Statway (dual euroliment class) ORLD LANGUAGE DEPARTMENT (UC//CSU Japanese 1 Japanese 2 Japanese 3 Japanese 4 H AP Japanese (Level 5)	e)	Art 6110 P 6120 P 6130 P 6210 P 6310 P 6320 P	Art 1 Art 2 Art 3 3D Sculpture and Design 1 Ceramics 1-2 Ceramics 3-4	9-12 10-1 10-1 9-12 9-12 10-1
330 P W 010 P 020 P 030 P 040 H 050 H 110 P 120 P	Statway (stud enrollment class) ORLD LANGUAGE DEPARTMENT (UC/CSU- Japanese 1 Japanese 2 Japanese 3 Japanese 4 H AP Japanese (Level 5) French 1	e)	Art 6110 P 6120 P 6130 P 6210 P 6310 P	Art 1 Art 2 Art 3 3D Sculpture and Design 1 Ceramics 1-2	9-12 10-1 10-1 9-12 9-12
330 P W 010 P 020 P 030 P 040 H 050 H 110 P 120 P 130 P	Statway (dual enrollment class) ORLD LANGUAGE DEPARTMENT (UC/CSI) Japanese 1 Japanese 2 Japanese 3 Japanese 4 H AP Japanese (Level 5) French 1 French 2	e)	Art 6110 P 6120 P 6130 P 6210 P 6310 P 6320 P 6450 H	Art 1 Art 2 Art 3 3D Sculpture and Design 1 Ceramics 1-2 Ceramics 3-4	9-12 10-1 10-1 9-12 9-12 10-1
330 P W 010 P 020 P 030 P 040 H 050 H 110 P 120 P 130 P 140 H	Statway (foul enrollment (law) ORLD LANGUAGE DEPARTMENT (IUC/CSI: Japanese 1 Japanese 2 Japanese 3 Japanese 3 Japanese 4H AP Japanese (Level 5) French 1 French 2 French 3 French 3	e)	Art 6110 P 6120 P 6130 P 6210 P 6310 P 6320 P 6450 H	Art 1 Art 2 Art 3 Art 3 Art 2 Art 3 Art 2 Art 3 Art 2 Art 3 Art 2 Art 3	9-12 10-1 10-1 9-12 9-12 10-1 11-1
330 P W 010 P 020 P 030 P 040 H 050 H 110 P 120 P 130 P 140 H 150 H	Statiway (foul errollment class) ORD LANGUAGE DEPARTMENT (IOC/SSU. Japanese 1 Japanese 2 Japanese 3 Japanese 4 AP Japanese (Level 5) French 1 French 2 French 2	e)	Art 6110 P 6120 P 6130 P 6210 P 6310 P 6320 P 6450 H Music 7040 P	Art 1 Art 2 Art 3 30 Sculpture and Design 1 Ceramics 1-2 Ceramics 3-4 AP Studio Art: 2D Design Adv. Treble Choir	9-12 10-1 10-1 9-12 9-12 10-1 11-1
330 P W 010 P 020 P 030 P 040 H 050 H 110 P 120 P 130 P 140 H 150 H 310 P	Statiway (foul errollment class) ORD LANGUAGE DEPARTMENT (0C/CSU. Japanese 2 Japanese 3 Japanese 3 Japanese 4 AP Japanese (Level 5) French 1 French 2 French 2 French 4 AP French (Level 5)	e)	Vi Art 6110 P 6120 P 6130 P 6210 P 6310 P 6320 P 6450 H Music 7040 P 7060 P	Art 1 Art 2 Art 3 B Sculpture and Design 1 Ceramics 1-2 Ceramics 3-4 AP Studio Art: 2D Design Adv. Treble Choir A Choir (Concert Choir)	9-12 10-1 10-1 9-12 10-1 11-1 9-12 9-12
330 P W 010 P 020 P 030 P 040 H 100 P 120 P 130 P 140 H 150 H 310 P 320 P	Stativnty (four errollment class) onto Language Dimerisative (10°/080: 1 Japanese 1 Japanese 2 Japanese 3 Japanese 3 Japanese 4 H AP Japanese (Level 5) French 1 French 2 French 3 French (Level 5) Spanish 1 AP French (Level 5) Spanish 1	e)	Vi Art 6110 P 6120 P 6130 P 6210 P 6310 P 6320 P 6450 H Music 7040 P 7060 P	Art 1 Art 2 Art 3 D Sculpture and Design 1 Ceramics 1-2 Ceramics 1-2 Ceramics 2-4 AP Studio Art: 2D Design Adv. Treble Choir A Choir (Concert Choir) Small Mixed Vocal*	9-12 10-1 10-1 9-12 9-12 10-1 11-1 9-12 9-12
330 P 010 P 020 P 030 P 040 H 050 H 110 P 120 P 130 P 140 H 150 H 310 P 320 P 324 P	Stativery (seef accomment case) GROUND LEARNING DEFERRENCE (UCCOU) Japanese 2 Japanese 2 Japanese 3 Japanese 1 Japanese 1 Japanese 2 Japanese 1 Japanese 2 Japanese 1 Japanese 1 Japanese 2 Japanese 1 Japanese 2 Japanese	e)	Vi Art 6110 P 6120 P 6130 P 6210 P 6310 P 6320 P 6450 H Music 7040 P 7060 P 7080 P 7120 P	Art 1 Art 2 Art 3	9-12 10-1 10-1 9-12 9-12 10-1 11-1 9-12 9-12 9-12
330 P W 010 P 020 P 030 P 040 H 050 H	Statisty (seed envilopment class) Japaneses 1 Japaneses 2 Japaneses 3 Japaneses 4 AP Japaneses 1 French 1 French 2 French 2 French 2 French 4 AP French (Level 5) Spanish 1 Spanish 1 Spanish 1	e)	Vi Art 6110 P 6120 P 6130 P 6210 P 6310 P 6320 P 6450 H Music 7040 P 7060 P	Art 1 Art 2 Art 3 30 Sculpture and Design 1 Ceramics 1-2 Ceramics 3-4 Af Studo Art 2D Design Adw. Treble Choir A Choir (Concert Choir) Small Mixed Vocal* Concert Band+ Symphonic Band+	9-12 10-1 10-1 9-12 9-12 10-1 11-1 9-12 9-12 10-1 9-12
330 P 010 P 020 P 030 P 040 H 050 H 110 P 120 P 130 P 140 H 150 H 310 P 320 P 324 P 330 P	Stativny Josef announce class) Japanese 1 Japanese 2 Japanese 2 Japanese 2 Japanese 3 French 2 French 1 French 2 French 2 French 4 French (Evel 5) Spanish 7 Spanish 3 Spanish 3 Spanish 3 Spanish 3 Spanish Spanish Speakers	e)	Art 6110 P 6120 P 6130 P 6310 P 6310 P 6310 P 6320 P 6450 H Music 7040 P 7060 P 7080 P 7120 P 7130 P 7140 P	Art 1 Art 2 Art 3 B) Sculpture and Design 1 Coranics 1-2 Germics 1	9-12 10-1 10-1 9-12 9-12 10-1 11-1 9-12 10-1 9-12 10-1 10-1
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nguage. Students also need 70 elective credits that

y include classes or additional academic courses















Should I ask my teacher or my counselor?

Teacher Questions

Specific subject/ course questions

- Am I ready to take an Honors or AP class?
- What's the content difference between an Honors or AP class?
- What am I going to do & learn in this class?
- How much homework is given? Class expectations?

Counselor Questions

Overall transcript & scheduling questions

- Based on the rest of my schedule, does it make sense to take this class?
- Outside commitments, am I taking on too much?
- Am I on track for graduation and A-G eligibility?





- Graduation & College Requirements(A-G's)
- Post Secondary Goals/Plan
- **X** Teacher Advice
- Other Time Commitments
- * Honors/AP classes*
- ***** Student interest
- ★ 4-Year Plan in Schoology





NEXT STEPS:

- Students will input course requests on February
 8th & 9th (during English classes)
- 2) Students should fill out the Course Advising Sheet and Time Management Activity found in Schoology to prepare for course selection
- 3) Students will receive course verification list by April 2nd, which will give them an opportunity for requesting changes if needed.





JUNIOR ENGLISH OPTIONS

DEPARTMENT LEAD: CAMILA TORRES









American Literature American Literature Honors

AP
Language
and
Composition



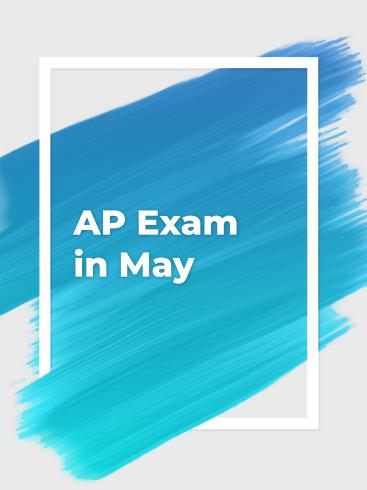
APLaC focuses on...



- Reading texts and analyzing for the big ideas of each <u>rhetorical</u> situation
- Identifying claims/evidence, reasoning/organization, and style.
- Writing responses on current topics – rooted heavily on organized EVIDENCE and CLEAR reasoning.



- Community
- Claim, Evidence, and Commentary
 - Identity in America
- Reading and writing effectively
 - Creativity, the art and science of good writing
- Controversy: Argument and Storytelling
 - Race and Racism



- 50-55 Multiple Choice Questions
 - 1.5 hours
- 3 Essay Questions
 - 2 hours

Collegeboard: Course + Test





- College level rigor
 - Equivalent to a first-semester college-level class
- Fast-paced (not much time to work on assignments & several skills/assignments overlap)
- You will write 5-8 pages a week outside of class.



American Literature focuses on...

Literature created by American Authors

Poems, stories, novels, plays, film, etc.

- Improving academic skills
 - Listening, speaking, reading, and writing
- Understanding the complexity of the American identity and perspective
- Becoming active and engaged citizens



- American Voices
 - Short texts
- The Builders of America
 - The Book of Unknown Americans
- Remembering Veterans
 - The Things They Carried
- Empowered Voices
 - The Crucible
 - A Raisin in the Sun



In American Literature Honors you will focus on...

- Practice and refine <u>analytical writing</u>
- Showcase <u>critical thinking</u> in a variety of mediums
- Apply text to <u>ourselves</u> and our context/world
- Build <u>academic discussion stamina</u>
- Practice and refine <u>reflective writing</u>



- American Voices (short stories)
- American Philosophy (Transcendentalism)
- The Fight for Justice (Frederick Douglass and The Grapes of Wrath)
- The American Dream (A Raisin in the Sun and The Great Gatsby)
- Standing Against Injustice (The Crucible)
- Truth and Storytelling (The Things They Carried)



American Literature American Literature Honors

AP
Language
and
Composition



Eric Summers-

Social Science Dept Chair











Junior Year: US History or AP US History

US History

A brief review of United States history from 1750-1860. Then a closer look at the eras and issues from the Civil War through contemporary times.

AP US History

This class covers all of American history from Pre-Columbian times to the Present Day. The year culminates with the national AP test in May, for which students can earn college credits.

Junior Year: US History or AP US History

US History

- High school level reading
- Up to three assignments per week
- Average of 1.5 hours of homework per week

AP US History

- College level reading
- Advance primary source analysis
- Time writing (short answer and essays) in response to complex prompts
- Average of 5 hours of homework per week

Both Classes

Primary Source Analysis, Historical Thinking Skills, Organization, presentations, simulations, critical thinking, memorization, group work, note taking from reading and lectures, discussions.





DAVID HEINKE AND BOB CAPRILES

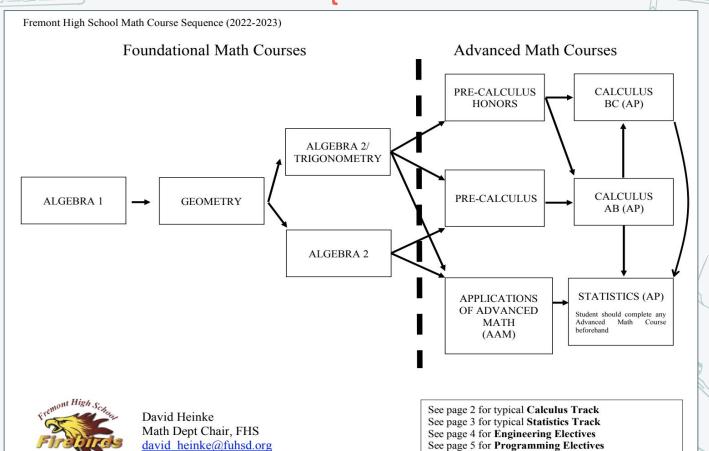
Contact: david_heinke@fuhsd.org bob_capriles@fuhsd.org (Engineering)

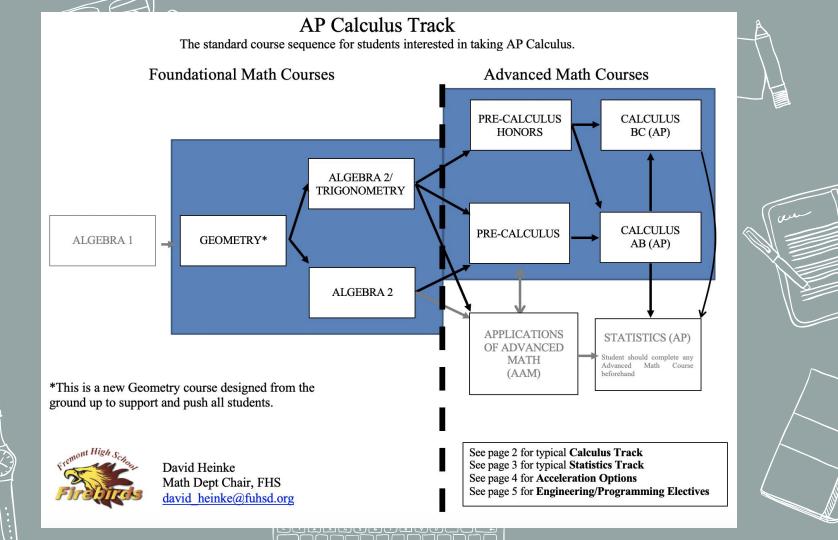


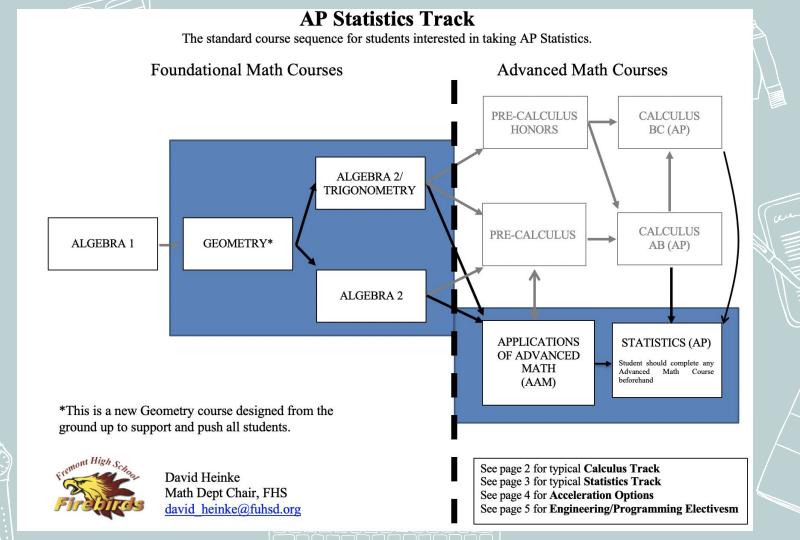




ASDEGMORE MATH COURSE SEQUENCE 2024-2025







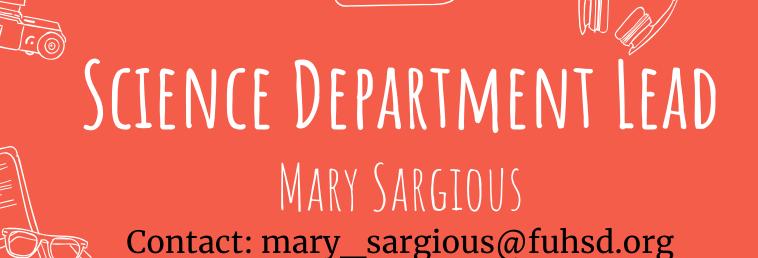
OUR MESSAGE TO RISING JUNIORS...

Balance! Having 5 "hardest" classes isn't particularly healthy.

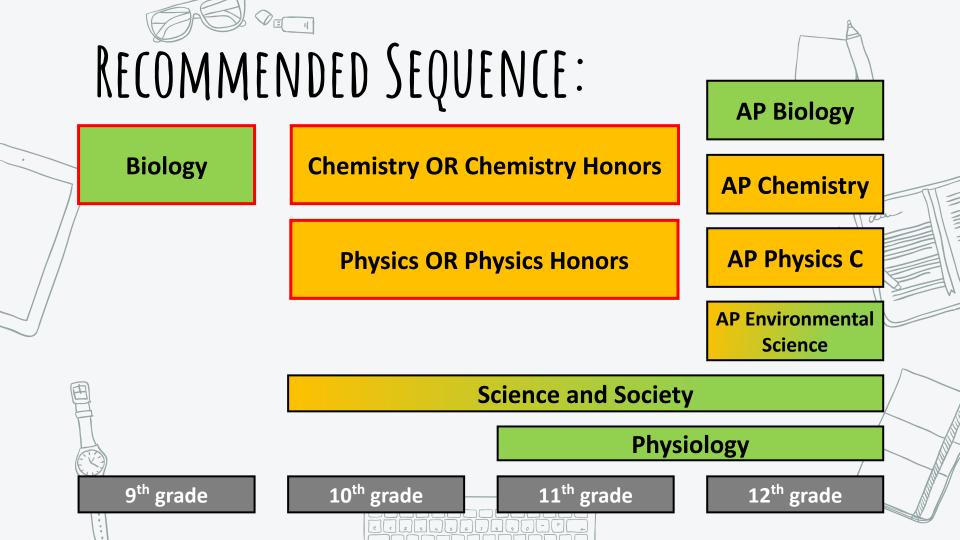
There are a number of choices for you, make the one you're ready for next. While it is ultimately up to you and your family, what are your teacher's thoughts on the matter?

The math dept does NOT recommend advancing via a summer class.

IF you were to spend time on math this summer, it would be wiser to review than to look ahead.







WHAT WILL I BE LEARNING?

	CHEMISTRY	PHYSICS
	Will your head explode if your helmet broke in space?	How is energy used in the design of roller coasters?
	How do we know how old Earth is using nuclear chemistry?	How is the electricity I use on a daily basis generated?
	CSI: How do we identify unknown chemicals?	Can cell phones cause cancer?
	Why do fireworks have different colors?	How do stars create light?
	What is the universe made of?	How can we design devices to protect people during collisions?



INFO VIDEO AVAILABLE ON THE GUIDANCE WEBSITE

COLLEGE PREP	HONORS	
Focus on concepts	Additional focus on problem solving and more depth	
Math present but not emphasized	Math integral to class	
30 min of HW per class	60 min of HW per class	
More support in class to develop foundational skills & knowledge	More independent learning and faster pacing	
	Strongly recommended prior to taking AP science courses	

AP SCIENCE COURSES

- A **second year course** in the topic
 - College-level work, taught in a supportive high school environment
- Independent reading and study required beyond classroom instruction; 90 min-2 hrs of HW per class
- AP examination in May (optional); some colleges may give credit for passing scores on exam

AP SCIENCE COURSES

To be successful in AP science courses, we recommend the following prerequisites:

AP Biology

- High B or better in Biology AND
- B or better in Honors Chemistry OR an A in College Prep Chemistry

AP Chemistry

• B or better in Honors Chemistry OR an A in College Prep Chemistry

AP Physics C

- B or better in Honors Physics **AND**
- Previous or concurrent enrollment in AP Calculus (AB or BC)

AP Environmental Science

- B or better in previous science courses AND
- Successful completion of any honors-level science course



Foothill's Firebird Academy



What is the academy?
Who might fit the student profile?
What are the benefits?
We're interested-what next?

Sonia Dass-Hanson Firebird Academy Teacher Coordinator



Firebird Academy is a Dual Enrollment Program



- Earn college credit while in high school
- The college units can count as high school credits
- Begin taking classes towards a career pathway
- Register for up to 15 units per quarter
- Tuition and books are FREE!







Student Snapshot



- ☐ 11th grader
- Interested in taking college classes, while maintaining a connection to FHS
- First in family to attend college
- Wants to be a part of a cohort of learners
- Willing to engage in college level curriculum, uphold a commitment, and persevere over challenges
- Open to taking counseling classes and knowing more about self
- Is considering different options after high school (Certificate, AA, working, 4 year college etc.)



Options after Foothill Firebird Academy



Go into the workforce based on the classes already taken and experience gained

Continue at a community college and earn an Associate' Degree (AA). Could start working in their field of study, and/or transfer to a 4 year college.



Continue at a community college and complete a certificate in a specific career. Start working in their field.

Apply straight to a 4 year college and earn a Bachelor's Degree (BA). Start working in their field or continue in grad school.



Junior Seminar



Part of Firebird Academy is taking counseling and career & life planning classes in preparation for their college and career pathways.

Fall Semester	Spring Semester	
CRLP 17 (1 unit) - Exploring Career Fields = 2 HS units	CRLP 7 (4 units) - Self Assessment=8 HS Units	
Asynchronous classes (choice)	Asynchronous Classes (choice)	





So what's my schedule going to look like next year if I'm in FFA?



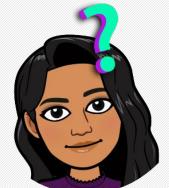
11th Grader in Foothill Firebird Academy	11th Grader
Am Lit/Am Lit Honors/APLAC	Am Lit/Am Lit Honors/APLAC
U.S. History/APUSH	U.S. History/APUSH
Math	Math
Science	Science
Elective (ex. Language)	Elective (ex. Language)
Junior Seminar/Counseling Classes	



So what does senior year look like?



- FFA students will still have the seminar class
- Start taking classes in a career/educational pathway.
- Can also take math & science at Foothill.





What are some pathways?



- Digital Marketing
- Child Development
- Geospatial Technology
- Music Technology





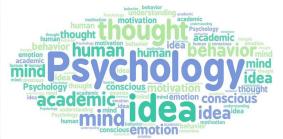


Other Career/Educational Pathways



- Psychology
- Media and Film
- Sociology









Still stay connected to FHS...

















...and benefit from Foothill Resources!



Dually enrolled students are eligible to use all of Foothill College's students services, which include

Academic Supports

- Counseling
- Language and STEM Tutoring
- Transfer Center
- Virtual Campus & Tech Hub

Social-Emotional Supports

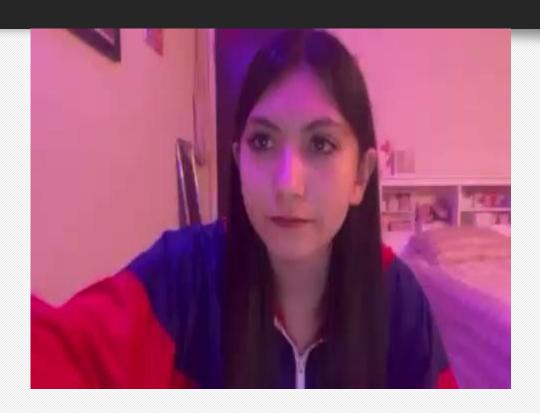
- Psychological Services
- Financial Aid and Dreamers Support
- Disability Resource Center
- Food Pantry
- The Outreach Office





Ashley's Experience







What are next steps?





- Students fill out application through the link provided by World Lit teachers (due in March)
- □ Attend the info meetings
 - ☐ Student Mtg (TBA)
 - Parent Mtg: Tuesday, Feb 7, 2024 on zoom, starting at 7:00 pm
- Reach out to Ms. Dass in-person in A217 or via email: sonia_dass-hanson@fuhsd.org.



Link to slides...











MIDDLE COLLEGE

SEAN MORRISON











WHAT IS MIDDLE COLLEGE?

Middle College is a dual enrollment program fully housed on the De Anza College campus, that provides FUHSD students with an alternative to the traditional high school setting. The program allows juniors and seniors to take both high school and college courses, in order to fulfill high school graduation requirements.

Most notably, Middle College provides a more relational approach to your high school education. The program is built on a foundation of connection and community. Middle College provides students with an opportunity for a smaller learning program and more individualized support.





MIDDLE COLLEGE VS. DUAL ENROLLMENT AT FREMONT HIGH SCHOOL

Middle College

- Offers a new environment academically or socially
- High school and college classes in person on the De Anza College's campus
 - Looking to engage with a small, tight-knit community
 - Teacher/Advisor + School Counselor support

Dual Enrollment

- Remain at Fremont High School for core high school classes
- In conjunction with your core high school courses, take one or more community college classes
- Access to all of comprehensive high school support services

ATYPICAL SCHEDULE AT MIDDLE COLLEGE

Each quarter, students take a minimum of two academic college courses (3+ units each) in addition to their three high school Middle College courses. Students build their college schedule around the Middle College (high school) classes.

Monday	Tuesday	Wednesday	Thursday	Friday
9:30–10:30 AM Math 1A	9:30–10:30 AM Math 1A	9:30–10:30 AM Math 1A	9:30–10:30 AM Math 1A	
12:30–3:30 PM Middle College classes				
	3:30–5:00 PM Psychology 1		3:30–5:00 PM Psychology 1	

MIDDLE COLLEGE INFORMATION NIGHT

Tuesday, February 13th from 5:00–7:00 PM at De Anza College in the Hinson Campus Center.

- Students arrive at 5:00 to write an essay
- Parents join at 6:00 for our general information session



https://www.fuhsd.org/our-schools/middle-college