



# San Juan Unified School District WSCC Subcommittee Meeting Agenda

Minutes  
October 18, 2023 3:30 pm to 5 pm

*WSCC Committee Meeting: The purpose of this committee is to ensure that all students in San Juan Unified School District have access to resources in the areas of nutrition, mental health, physical health, bullying prevention and substance use prevention.*

**Meeting Facilitator:** Gaylon Johnson

**Invitees:** Dominic Covello, Sneh Nair, Zima Creason, Monika Howard, Christina Sparks, Teri Hofstetter, Vanessa Valenzuela, Julie Klinger, Ian Goodman, Jeff Banks, Greta Scholtes, Aaron Silberman, Robyn Caruso, Holly Walsh, Clarissa Alva, Michelle Fischer, Paulette Erfert, Derek Stevenson, Kelli Seidel, Lori Ruegg, Sandra Butorac, Gary Coartney, David Moore, Natalee Dyudyuk, Jordan Grimaldi, Katheryn Canepa, Tarah Martin, Eileen Kirk, Joela Russell, Mariejoy Mendoza-Riess, Aika Miranda, Coral Dickinson, Mary Reed,

## **Welcome/Introductions**

**Attended:** Gaylon Johnson, Rose Chidester, Vanessa Valenzuela, Sandra Butorac, Paulette Erfert, Christina Sparks, Jordan Grimaldi, Robyn Caruso, Mariejoy, Natalee Dyudyuk, Kelly G., Michelle Fischer, Sneh Nair, Zima Creason, Aika, Ann Albumalalah, Teri Hofstetter, Eileen Kirk,

## **Department/Program Updates**

### **Prevention:**

- **TUPE – Gaylon**
  - *Friday Night Live/Club Live*
  - *7 student clubs @ 5 middle schools and 2 high schools (used to have 12-13 kids pre covid) tough getting schools back on board.*
  - *Meet weekly. Tabling events @ lunch time/visit stores (hold accountable for displays etc.)*
  - *Attend leadership workshops. Give data and prevention info. to students @ schools.*
  - *28-30 Secondary schools where we CAN have schools.*
  - *New tobacco cessation program (N.O.T.) La Entrada/El Camino/?*
    - *New Program includes vaping*
    - *Paula Erfert - interested in info. on new N.O.T. program*
    - *Teen Intervene sessions – have had nearly a decade*
      - *1:1 program – facilitators can get students to open up more.*
      - *No longer have Sac State Interns to help with this.*
      - *Have been training site staff to deliver 3 sessions.*
      - *By May we may have more info and exceed 200 students at that point? Currently have around 100.*
  - *YAS – Oct. 25<sup>th</sup> 8:30am*
    - *Tobacco Prevention activities: games, workshop (on leadership), panel, swag*
  - *Tier 1 level Alcohol and Other Drug Programs – PILOTING (San Juan and Del Campo)*
    - *Small group for HS and MS. Native American Students (Collab w/ Monica)*
    - *Report hopefully in February.*

### **BPP- Vanessa**

- **Bully Prevention October is Bully Prevention Month.**
- **Distributed Bully Prevention binders to K-8 MS and HS.**
  - *Binder's include different bullying curriculum*
  - *Lending Library – check out*
  - *Educator/Parents/Student resources*
  - *Connecting with all school sites*
    - *Social / Emotional Awareness Survey – seeing what schools are doing at their sites.*
  - *Expansion w/Safe School Ambassadors – SEL Program – in person training over 2 days. Hosted by Community Matters. They train staff and students.*
    - *Safe School Buddies for 1st – 3<sup>rd</sup> grade students*
  - *Model School is Starr King – Earl Legette – Del Dayo – Carnegie*
    - *Want to onboard other schools*
  - *Second Step – Curriculum K-8<sup>th</sup>*
    - *Offers Printed kits and Web based for K – MS (digital license is more expensive)*
    - *4 schools are currently using digital license.*

### **SELF INTRODUCTIONS-**

Aika (Civic Thread) – Introduced Robyn Caruso – Introduced

Zima Creason (Pres SJUSD Board of Education) – Introduced herself – offered help (Out of town currently)

Eileen Kirk – Introduced –

- *Added immunization clinics recently (Health Services) Website to make appointments for non- insured or medical patients.*

Sandra Butorac – Foster Youth/Health Human Services/Support Services – Introduced

Sneh Nair – Introduced

- *Fresh food/fruit/veg – brought back garden bars to most elem. schools. Source from Local Farms (partnered with local disadvantaged farmers)*
- *Crunch it munch it week*

Teri Hofstetter – introduced

- School Surveys – no responses. Are we going to do it sooner this year? Went out in April last year. Lost our contact, need new one to do survey.

Michelle Fischer – introduced (risk management)

Christina Sparks – introduced

- This week starts Listening Sessions (San Juan Youth Advocates)
- Next week – BSU Belonging bringing reps from BSUs at 18 schools – HS, MS and Elem. To build community. Collab with Equity Dept. LCAP

Paulette Erfert (school nurse) – introduced

- 5 schools (2 elem/3 MS) interested in drug and vaping Would like to see more participation in MS.

Kelly G – introduced

Marie Joy Mendoza-Reese – introduced

- 1<sup>st</sup> mtg. (attorney for state – Dept that administers Medical – Mental Health)

Ann Albumalalah – introduced (student)

### **SAFE ROUTES TO SCHOOL – Natalee. Dyudyuk**

- Grant program implemented through CalTrans (Civic Thread also).
  - Currently at Mission Ave sharing bike safety with kids through 6<sup>th</sup> grade.
  - Events walk to school on National Walk and Bike Oct. 4<sup>th</sup>. City of Citrus Heights Kingswood K-8 Oct. 8<sup>th</sup> (140 students).
  - Last year we did up-dating on Wellness policy via WSCC w/ Gaylon regarding Safe Routes to School. Reached out to Safe Routes Partnership (nationally based) work on providing and collaborate on 3 hour virtual training workshop (Jan after winter break). Invite WSCC to join.
  - Looking to collaborate with local govt. organizations to make it more institutionalized. Additional funding possible? Next steps.

### **Jordan Grimaldi:**

- Updates on Cal Trans Grant (3rd year) engaging HS level. Piloting peer lead engagement currently.
- Piloting programs
- Rio Americana - Civitas Program working with Freshmen. Lead a Walk On It with students.
- Mira Loma – ELAC Students. Especially teaching new students who are unfamiliar with area, teaching routes etc.
- Plannery enhancing School Capacity on School Violence. Lion Heart (Power Source – SEL Curriculum) for students who have been system or trauma impacted. Addresses Social & Emotional Wellness. Facilitators Guide.
- Self-Awareness & Recovery – working on System Impacted Youth
- Miracle University – working with System and Trauma Impacted Youth – address school to prison pipeline. Support to at risk students.
- Ray @ Sac City Unified is a good resource.

### **EVERFI – Gaylon Johnson**

- Online free resource for district – available to all dist. employees (Nationally based)
- Lessons and modules on SEL/Bully Prev./ Drug Prev./ etc. Intervention resource
- Intervention and Prevention2022-
- 2022-23 EVERFI Impact Report
  - Find on Clever Homepage in District’s app portal. (create profile first) to see all lessons and modules.
  - Breakdown of Real-World Skills Learning by Topic in SJUSD – showing school/student enrollments in Various Topics: Character Education/Financial/Health & Wellness/Early Learning/History
  - Financial Literacy/Marketplaces/Sustainable Investing/Minding your money/Crypto Foundations/Modern Banking/many courses.
  - Training Nov. 1<sup>st</sup> –
  - All schools got a breakdown of lessons related to SEL via Vanessa Valenzuela Bully Prevention Binders.
  - Prevention Programs try to meet with Principals regarding EVERFI.
  - New Resources – Prescription drug safety/character playbook/306 (African American History)

### **California Healthy Kids Survey Update – Gaylon Johnson – Mandated Statewide Survey**

- Results – last year did 3 year comparison 2016-17 18-19 and 20-21
- Sample of comparisons this year:
  - Cigarette down/Marijuana 34% – some down 2022-23 from 2018-19
  - Tobacco Vape – same/slightly up
  - Marijuana Vape – higher (near double @ NT)
  - Occasional Marijuana use perceived as harmful? – higher – NT is lower: most students perceive it is NOT harmful.
  - Heavy Alcohol use?: Down for all except NT (up 12%)
  - Engaged in heavy drug use? Same/down for most (NT @ 32%)
  - Feel Safe? ALL DROPPED
  - Harrassed in last 12 mos? Most UP. NT went from 9% to 27%.
  - Cyberbullying in past 12mos? UP
  - Feel connected to school? NT up @ 58% – others down
  - Next CHKS 2024-25

**YAP – Program @\_\_\_\_\_ - ¼ of school involved in Prevention -**

### **Wellness Policy Edits/Updates**

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### **School Site Assessments**

- **Assessment, Evaluations and Planning**
- **Policy Assessment Scorecard**

### **Next WSCC Meeting –**

Feb. 14, 2024

May 22, 2024

### **Meeting Adjourned**