

10 Reasons Why Mentoring Works

*Adapted from Mentoring Works



- 1 A mentor lets a young person know they are someone who matters.
- 2 Mentors help kids stay in school.
- 3 Mentors help improve a young person's self-esteem.
- 4 A mentor serves as a role-model, advocate, friend, and advisor.
- 5 Young people with mentors are less likely to be involved in risky behavior.
- 6 Mentors teach young people how to relate and communicate better with others.
- 7 Mentors can stress the importance of education, which can lead to a decrease in absences.
- 8 Mentors help kids set career and personal goals and take steps to realize them.
- 9 A mentor is someone who matters in a young person's life.
- 10 Mentors provide a consistent presence and shows unconditional support.

