

February

Post Falls School District
Nutrition Services



HIGH SCHOOL MENU

2024



Mon	Tue	Wed	Thu	Fri
			1 Breakfast Breakfast Sandwich Lunch German Dog Baked Chips Homemade Cookie	2 Walk in meals available at Seltice Elementary. Please see PFSD website for details.
5 Breakfast Biscuit & Gravy Lunch Chicken Patty Sandwich Baked Chips	6 Breakfast Pop Tart Yogurt Lunch Homemade Chili Cinnamon Roll	7 Breakfast Cereal Bar Lunch Cheese Filled Breadsticks Marinara Sauce	8 Breakfast French Toast Sticks Sausage Links Lunch Chicken Nuggets Garlic Bread Mediterranean Salad	9 Walk in meals available at all schools. Please see PFSD website for details.
12 Breakfast Breakfast Bagel Egg and Cheese Lunch Cheeseburger Potato Choice	13 Breakfast Breakfast Round Yogurt Lunch Salsa Verde Enchiladas Salsa Rice	14 Breakfast Mini Strawberry Bagel Lunch Baked Ziti Pasta Garlic Bread Oatmeal Cranberry Cookie	15 Breakfast Mini Maple Waffle Sausage Links Lunch Chicken Drumstick Sweet Potato Fries Dinner Roll	16 Walk in meals available at Seltice Elementary. Please see PFSD website for details.
19 Breakfast Breakfast Bread Yogurt Lunch Taco Snack Burrito Potato Choice	20 Breakfast Breakfast Bread Yogurt Lunch Taco Snack Burrito Potato Choice	21 Breakfast Breakfast Pizza Lunch Cheesy Potato and Ham Soup Dinner Roll	22 Breakfast Breakfast Sandwich Lunch Chicken Alfredo Pasta Garlic Toast	23 Breakfast Pancake Wrap on a Stick, Hash Brown Lunch Chicken Patty Sandwich Animal Crackers
26 Breakfast Biscuit and Gravy Lunch BBQ Pulled Pork Sandwich Goldfish Crackers	27 Breakfast Poptart Yogurt Lunch Homemade Chili Cinnamon Roll	28 Breakfast Breakfast Burrito Hash Brown Lunch BBQ Chicken Pizza Pudding Cup	29 Breakfast French Toast Sticks Sausage Links Lunch Chicken Nuggets Garlic Toast Mediterranean Salad	Walk in meals available at Seltice Elementary. Please see PFSD website for details.

ALL BREAKFASTS COME WITH FRUIT OR JUICE AND MILK

ALL LUNCHESS COME WITH FRUIT, VEGGIES AND MILK

See our virtual menu on the Nutrition Services homepage at www.pfsd.com for nutrition and allergen information.

Meal Prices:	
Milk—	\$0.60
Breakfast—	\$2.30
Reduced	\$.30
Lunch—	\$3.60
Reduced	\$.40
Adult lunch—	\$4.70

Alternate lunch choices:

**Uncrustable PB&J,
Domino's Pizza,
Chef Salad or
Sub Sandwich**

ALL MENUS ARE SUBJECT TO CHANGE

This institution is an equal opportunity provider.