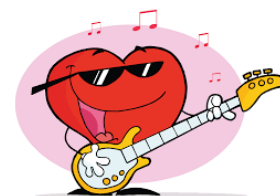


# February

Post Falls School District  
Nutrition Services



## MIDDLE SCHOOL MENU

2024

Mon	Tue	Wed	Thu	Fri
			<b>1</b> <b>Breakfast</b> Breakfast Sandwich  <b>Lunch</b> All Beef Hot Dog Baked Chips Homemade cookie	<b>2</b> Walk in meals available at Seltice Elementary. Please see PFSD website for details.
<b>5</b> <b>Breakfast</b> Biscuit & Gravy  <b>Lunch</b> Chicken Patty Sandwich Baked Chips	<b>6</b> <b>Breakfast</b> Pop Tart Yogurt  <b>Lunch</b> Cheese Filled Breadsticks Marinara Sauce	<b>7</b> <b>Breakfast</b> Cereal Bar  <b>Lunch</b> Homemade Chili Cinnamon Roll	<b>8</b> <b>Breakfast</b> French Toast Sticks Sausage Links  <b>Lunch</b> Chicken Nuggets Garlic Bread Mediterranean Salad	<b>9</b> Walk in meals available at all schools. Please see PFSD website for details.
<b>12</b> <b>Breakfast</b> Breakfast Bagel Egg and Cheese  <b>Lunch</b> Cheeseburger Potato Choice	<b>13</b> <b>Breakfast</b> Breakfast Round Yogurt  <b>Lunch</b> Salsa Verde Enchiladas Salsa Rice	<b>14</b> <b>Breakfast</b> Mini Strawberry Bagel  <b>Lunch</b> Baked Ziti Pasta Garlic Bread Oatmeal Cranberry Cookie	<b>15</b> <b>Breakfast</b> Mini Maple Waffle Sausage Links  <b>Lunch</b> Chicken Drumstick Sweet Potato Fries Dinner Roll	<b>16</b> Walk in meals available at Seltice Elementary. Please see PFSD website for details.
<b>19</b>  Presidents' Day	<b>20</b> <b>Breakfast</b> Breakfast Bread Yogurt  <b>Lunch</b> Taco Snack Burrito Potato Choice	<b>21</b> <b>Breakfast</b> Breakfast Pizza  <b>Lunch</b> Cheesy Potato and Ham Soup Dinner Roll	<b>22</b> <b>Breakfast</b> Breakfast Sandwich  <b>Lunch</b> Chicken Alfredo Pasta Garlic Toast	<b>23</b> <b>Breakfast</b> Pancake Wrap on a Stick, Hash Brown  <b>Lunch</b> Chicken Patty Sandwich Animal Crackers
<b>26</b> <b>Breakfast</b> Biscuit and Gravy  <b>Lunch</b> BBQ Pulled Pork Sandwich Goldfish Crackers	<b>27</b> <b>Breakfast</b> Poptart Yogurt  <b>Lunch</b> Homemade Chili Cinnamon Roll	<b>28</b> <b>Breakfast</b> Breakfast Burrito  <b>Lunch</b> BBQ Chicken Pizza Pudding Cup	<b>29</b> <b>Breakfast</b> French Toast Sticks Sausage Links  <b>Lunch</b> Chicken Nuggets Garlic Toast Mediterranean Salad	Walk in meals available at Seltice Elementary. Please see PFSD website for details.

**ALL BREAKFASTS COME WITH FRUIT OR JUICE AND MILK**

**ALL LUNCHESS COME WITH FRUIT, VEGGIES AND MILK**

See our virtual menu on the Nutrition Services homepage at [www.pfsd.com](http://www.pfsd.com) for nutrition and allergen information.

**Meal Prices:**

Milk—	\$0.60
Breakfast—	\$2.20
Reduced	\$0.30
Lunch—	\$3.45
Reduced	\$0.40
Adult lunch—	\$4.70

**Alternate lunch choices:**

**Uncrustable PB&J,  
Domino's Pizza,  
Chef Salad or  
Sub Sandwich**

**ALL MENUS ARE SUBJECT TO CHANGE**

*This institution is an equal opportunity provider.*