

School Health Advisory Council Meeting: January 8, 2024

The meeting was called to order at 5:34 pm by Marissa Mendez, SHAC Parent Co-chair. Members were given notice of the audio recording of the meeting.

### **Welcome and Introductions**

**Members Present:** Marissa Mendez, Denise Manibusan, Lenaya Robinson, Michelle Pacheco, Ty Davidson, Connie Amaya, Lezlie Baltierra, Kimberly Lee, Jessica Davis, Jaclyn Keller, Olivia Hernandez, Nick Metzler, Shelly Weber, Maria Rios

Guest Present: Rocio Campo

### **Meeting Minutes**

A motion was made by Nick Metzler to approve the November 6, 2023 meeting minutes as written, seconded by Jaclyn Keller. All in favor. Motion passed.

### **Public Comment**

None

### **Review and Discussion of Wellness Policy and Wellness Plan**

Shelly Weber gave an overview of the FFA (Local) policy and the Wellness Plan. Denise Manibusan, Lockhart ISD Child Nutrition Coordinator, presented nutritional guidelines that the District is mandated to follow and practices in Lockhart ISD. Shelly Weber then presented the wellness goals that are identified in the FFA (Local) policy. The goals fall under three categories: nutrition promotion and education, physical activity, other school-based activities. Activities for implementing the nutrition and education goals were discussed. The membership was given an opportunity to provide feedback.

### **Physical Activity and fitness Planning Subcommittee**

Shelly Weber asked for volunteers to serve on this committee. Lenaya Robinson, Michelle Pacheco and Jessica Davis volunteered to serve on this committee.

### **Member Comments**

None

Meeting Adjourned at 6:27 pm.

Future Meeting Dates:

February 12, 2024

April 15, 2024