

# FEBRUARY 2024

## GLUTEN FREE PreK-8th

### LUNCH

Second Lunch \$4.95 Just Milk \$.60 Extra Entree \$2.75  
**Trays must have at least ½ cup of fruit/vegetables on them to receive the \$0.00 charge.**  
**If they do not, they will be charged Ala Carte prices.**

**February is American Heart Month.** Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate

Menu is subject to change.  
 This institution is an equal opportunity provider.



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Turkey Gravy  
 Mashed Potato  
 Sliced Bread x2  
 Green Beans  
 Variety of Fruit

5

Chicken Nuggets  
 Sliced Bread  
 Celery  
 Carrots  
 Variety of Fruit

6

Hamburger  
 Cucumbers  
 Baked Beans  
 Variety of Fruit

7

Walking Chicken Taco  
 Fiesta Beans  
 Shred Rome Lettuce  
 Pico  
 Variety of Fruit

8

Grilled Cheese  
 Garden Salad  
 Cherry Tomatoes  
 Variety of Fruit

9

Waffles  
 Turkey Sausage Link  
 Sunset Sip  
 Celery Sticks  
 Variety of Fruit

12

Corn Dog  
 Sweet Potato Fries  
 Baked Beans  
 Variety of Fruit

13

Chicken Nuggets  
 Sliced Bread  
 Smile Fries  
 Corn  
 Variety of Fruit

14

Grilled Chicken Sandwich  
 Carrots  
 Steamed Corn  
 Valentine Shape Up  
 Variety of Fruit

15

**NO SCHOOL**

16

**NO SCHOOL**

19

Omelet  
 Muffin  
 Sunset Sip  
 Smile Fries  
 Variety of Fruit

20

Hot Dog  
 Baked Beans  
 French Fries  
 Variety of Fruit

21

Walking Chicken Taco  
 Fiesta Beans  
 Shred Romaine Lettuce  
 Pico  
 Baby Carrots  
 Variety of Fruit

22

Grilled Chicken Sandwich  
 Garden Salad  
 Cherry Tomatoes  
 Variety of Fruit

23

Waffles  
 Turkey Sausage Patty  
 Sunset Sip  
 Celery Sticks  
 Variety of Fruit

26

Chicken Nuggets  
 Sliced Bread  
 Cucumbers  
 Carrots  
 Variety of Fruit

27

Corn Dog  
 Sweet Potato Fries  
 Baked Beans  
 Variety of Fruit

28

Chicken Nachos  
 Refried Beans  
 Shred Lettuce  
 Pico de Gallo  
 Variety of Fruit  
 KB/CMS: Sliced Bread

29