



FEBRUARY | 2024

Grades 7-12

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	31	1 Breakfast I.W. Pancake Fruit Milk Fruit Juice Lunch Corn Dog Nuggets Macaroni & Cheese Baked Beans Milk Fruit	2 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Sliced Pizza Corn Green Beans Milk Fruit
5 Breakfast Dutch Waffle Fruit Milk Fruit Juice Lunch Chicken Tenders/W.W. Roll Mashed Potatoes Mixed Vegetables Milk Fruit	6 Breakfast Cinnamon Roll Fruit Milk Fruit Lunch Sliced Turkey/Gravy/W.W. Roll Sweet Potatoes Green Beans Milk Fruit	7 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Spaghetti/Meat Sauce 1 Mozz. Cheese Breadstick Broccoli Glazed Carrots Milk Fruit	8 Breakfast I.W. Breakfast Bread Fruit Milk Fruit Juice Lunch Chicken Drumstick or Thigh W.W. Roll Peas Mashed Potatoes Milk Fruit	9 Breakfast Bacon & Egg Biscuit Fruit Milk Fruit Juice Lunch Hamburger/W.W. Bun Lettuce/Tomato/Onion/Pickle French Fries Baked Beans Milk Fruit
12 Breakfast Breakfast Pizza Fruit Milk Fruit Juice Lunch Popcorn Chicken/W.W. Roll Mashed Potatoes Steamed Broccoli Milk Fruit	13 Breakfast 2 Ct. Poptart Fruit Milk Fruit Juice Lunch Spicy Chicken Sandwich Lettuce/Tomato/Onion/Pickle French Fries California Blend Milk Fruit	14 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Beef Teriyaki Nuggets W.W. Roll Peas Cookie Mashed Potatoes Milk Fruit	15 Breakfast Cinnamon Pull Apart Fruit Milk Fruit Juice Lunch Taco in a Bag Lettuce/Tomato Salsa Cup Corn Black Beans Cheese Milk Fruit	16 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Sliced Pizza Mixed Vegetables Green Beans Milk Fruit
19 Breakfast Cinnamon Pull Apart Fruit Milk Fruit Juice Lunch Chicken Sandwich Lettuce/Tomato/Onion/Pickle Fries Mixed Vegetables Milk Fruit	20 Breakfast Cinnamon Roll Fruit Milk Fruit Juice Lunch Orange Chicken/W.W. Roll Tiny Whole Potatoes Green Beans Milk Fruit	21 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Pork BBQ Sandwich French Fries Baked Beans Milk Fruit	22 Breakfast I.W. Pancakes Fruit Milk Fruit Juice Lunch Corn Dog Nuggets Macaroni & Cheese Steamed Broccoli Milk Fruit	23 Breakfast Bacon & Egg Biscuit Fruit Milk Fruit Juice Lunch Hamburger/W.W. Bun Lettuce/Tomato/Onion/Pickle Fries Glazed Carrots Milk Fruit
26 Breakfast Dutch Waffle Fruit Milk Fruit Juice Lunch Chicken Tenders/W.W. Roll Mashed Potatoes Peas Milk Fruit	27 Breakfast Cinnamon Roll Fruit Milk Fruit Juice Lunch Pork Rib Sandwich or PB&J French Fries Baked Beans Milk Fruit	28 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Spaghetti/Meat Sauce 1 Mozz. Cheese Breadstick Green Beans Glazed Carrots Milk Fruit	29 Breakfast I.W. Breakfast Bread Fruit Milk Fruit Juice Lunch Chicken Drumstick or Thigh W.W. Roll Broccoli Mashed Potatoes Milk Fruit	1

News

Breakfast and Lunch offered Daily at No Cost.

Cereal Variety/Cereal Bar offered daily at Breakfast.

Choice of Milk Offered Daily:

1% White Milk
1% Chocolate Milk

Tossed Salad offered Daily at JCMS

Salad Bar Offered Daily at JCHS

Fresh and/ or Canned Fruit offered Daily at Lunch.

JCMS gets first entrée offered.

Menus subject to change.

This institution is an equal opportunity provider.