Tomball Independent School District Intermediate Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Our unit breakfast consists of 3 or more components, at least one must be a fruit.	Food Components Required at Breakfast: Whole Grain Fruits & Milk	All breakfast cereals and pastries contain at least 51% whole grain.	1 Chicken & Waffle or Cereal or Mini Waffles Fruits & Milk	2 Whole Grain Donut Cereal or Yogurt Meal Kit Fruits & Milk	JOHN SPA CENT
5 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs Fruits & Milk	6 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk	7 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs Fruits & Milk	8 Chicken & Waffle or Cereal or Mini Waffles Fruits & Milk	9 Whole Grain Donut Cereal or Yogurt Meal Kit Fruits & Milk	
12 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs Fruits & Milk	13 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk	14 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs Fruits & Milk	15 Chicken & Waffle or Cereal or Mini Waffles Fruits & Milk	16 Staff Development Holiday	We are now for kitchen Part-time Medical
19 Presidents Day Holiday	20 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk	21 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs Fruits & Milk	22 Chicken & Waffle or Cereal or Mini Waffles Fruits & Milk	23 Whole Grain Donut Cereal or Yogurt Meal Kit Fruits & Milk	DaytimeHolidaysWeekendVisit our weemore detail
26 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs Fruits & Milk	27 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk	28 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs Fruits & Milk	29 Chicken & Waffle or Cereal or Mini Waffles Fruits & Milk	1% White Milk and Fat- Free Chocolate Milk are offered daily.	TOM INDEPENDENT S

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Student Breakfast: \$1.50Adult **Breakfast:** \$3.10

TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.

Meals are Subject to Change due to Ongoing Supply Chain and Staffing Issues





Tomball Independent School District Intermediate Lunch Menu

MONDAY

Our unit lunch consists Food Components: Meat/Meat Alternate of 3 or more components, at least Whole Grain one must be a fruit or Fruits, Vegetables vegetable Milk

WEDNESDAY

All lunch rolls, tortillas, rice, and bread items contain at least 51% whole grain

THURSDAY

Pizza Slice or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk

FRIDAY

2 Cheeseburger or Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk

Frozen Friday Fun Treat!



6 Cheese Enchiladas or Soft Taco or Chicken Popper Salad Vegetables, Fruits Milk

TUESDAY

Mac & Cheese or Vegetarian Chicken Nuggets or Chicken Popper Salad Tomato Soup, Fruits Vegetables, Milk

Pizza Slice or Baja Fish Sticks or Chicken Popper Salad Vegetables, Fruits Milk

Pizza Slice or

Chicken Bites or

Chicken Popper Salad

Vegetables, Fruits

Milk

9 Cheeseburger or Corndog or Chicken Popper Salad Vegetables, Fruits Milk Frozen Friday Fun Treat!

Staff

Development **Holiday**

16

12 Rotini & Beef Meatsauce or Cheesy Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk

Tamales or **New! Crispy Tacos** or Chicken Popper Salad Vegetables, Fruits Milk

Meatball Sub or Chicken Drumsticks Chicken Popper Salad Vegetables, Fruits Milk Valentine's Day Treat!

22 Pizza Slice or Baia Fish Sticks or Chicken Popper Salad Vegetables, Fruits Milk

23 Cheeseburger or Corndog or Chicken Popper Salad Vegetables, Fruits Milk

To add money to a student's account visit: www.schoolcafe.com

Peanut Butter & Jelly

Sandwich and Grilled

Cheese Sandwich are

offered daily.

MENU 2024

JOHNSON

SPACE

CENTER

19 **Presidents** Dav **Holiday**

20 Cheese Enchiladas or Soft Taco or Chicken Popper Salad Vegetables, Fruits Milk

Vegetarian Chicken Nuggets or Chicken Popper Salad Tomato Soup, Fruits Vegetables, Milk

21 Mac & Cheese or

Pizza Slice or 29 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk

1% White Milk and Fat-Free Chocolate Milk are offered daily.

Frozen Friday Fun Treat!

Not just a district, a destination

Rotini & Beef Meatsauce or Cheesy Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk

Tamales or **New! Crispy Tacos**

or Chicken Popper Salad Vegetables, Fruits Milk

28 Meatball Sub or Chicken Drumsticks or Chicken Popper Salad Vegetables, Fruits Dinner Roll & Milk

Student Lunch: \$2.75 **Adult Lunch:**

\$4.60

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Food and Nutrition Division National School Lunch Program

Tomball Independent School District

Intermediate Window Lunch

MONDAY

Our unit lunch consists of 3 or more components, at least one must be a fruit or vegetable

TUESDAY

Whole Grain

Milk

Food Components: Meat/Meat Alternate Fruits, Vegetables

WEDNESDAY

All lunch rolls, tortillas, rice, and bread items contain at least 51% whole grain

THURSDAY

1 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk

FRIDAY

2 Cheeseburger or Chicken Popper Salad Vegetables, Fruits Milk

9 Cheeseburger or

Chicken Popper Salad

Vegetables, Fruits

Milk



JOHNSON SPACE CENTER



Peanut Butter & Jelly Sandwich and Grilled Cheese Sandwich are offered daily.

To add money to a student's account visit: www.schoolcafe.com



5 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits

Milk

Breadsticks or

Fruit & Yogurt Plate

Dav

Holiday

6 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk

13 Mini Corndogs or

Chicken Popper Salad

Vegetables, Fruits

Milk

Breaded Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk

Breaded Chicken

Sandwich or

Chicken Popper Salad

Vegetables, Fruits

Milk

- Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk
- Chicken Bites or 16 Staff Chicken Popper Salad Development Vegetables, Fruits **Holiday**

Vegetables, Fruits Milk 19 **Presidents**

12 Cheese Stuffed

- 20 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk
- 21 Breaded Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk
- 22 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk

Milk

- 23 Cheeseburger or Chicken Popper Salad Vegetables, Fruits Milk
- 29 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk
- 1% White Milk and Fat-Free Chocolate Milk are offered daily.

26 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk

27 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk

28 Breaded Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk



Student Lunch: \$2.75 **Adult Lunch:** \$4.60

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