Tomball Independent School District

PreK Breakfast Menu

MONDAY

Our unit breakfast **Food Components** Required at Breakfast: consists of all 3 food components placed on Whole Grain the student's tray. Fruits & Milk

TUESDAY WEDNESDAY

All breakfast cereals and pastries contain at least 51% whole grain.

Mini-Pancakes

Fresh Fruit

Low-Fat White Milk

1 Chicken & Waffle 100% fruit juice

8 Chicken & Waffle

100% fruit juice

Low-Fat White Milk

THURSDAY

Low-Fat White Milk

2 Whole Grain Cereal Chilled Fruit Low-Fat White Milk

9 Whole Grain Cereal

Chilled Fruit

Low-Fat White Milk

FRIDAY



JOHNSON SPACE CENTER



Mini-Waffles 12 100% fruit juice Low-Fat White Milk

Mini-Waffles

100% fruit juice

Low-Fat White Milk

13 Whole Grain Cereal 100% fruit juice Low-Fat White Milk

6 Whole Grain Cereal

100% fruit juice

Low-Fat White Milk

- Mini-Pancakes 14 Fresh Fruit Low-Fat White Milk
- 15 Chicken & Waffle 100% fruit juice Low-Fat White Milk
- 16 Staff Development **Holiday**

23 Whole Grain Cereal

Chilled Fruit

Low-Fat White Milk

We are now hiring for kitchen jobs!

- Part-time
- Medical Benefits
- Daytime Schedule
- Holidays off
- · Weekends off

Visit our website for more details!





19 **Presidents** Dav Holiday

Mini-Waffles

100% fruit juice

20 Whole Grain Cereal 100% fruit juice Low-Fat White Milk

27 Whole Grain Cereal

100% fruit juice

Low-Fat White Milk

21 Mini-Pancakes Fresh Fruit Low-Fat White Milk

28 Mini-Pancakes

Fresh Fruit

Low-Fat White Milk

- 22 Chicken & Waffle 100% fruit juice Low-Fat White Milk
- 29 Chicken & Waffle 100% fruit juice Low-Fat White Milk
- 1% White Milk is offered daily.

Low-Fat White Milk

26

Student Breakfast: \$1.50 **Adult Breakfast:** \$3.10

TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.

Meals are Subject to Change due to **Ongoing Supply Chain** and Staffing Issues





Tomball Independent School District

TUESDAY

PreK Lunch Menu

MONDAY Our unit lunch consists of all 5 food

components placed on

the student's tray

Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables

Milk

WEDNESDAY

contain at least 51%

whole grain.

All lunch rolls, tortillas, Pizza Slice or rice, pastas and breads Chicken Bites or Chicken Popper Salad Vegetables, Fruits

FRIDAY

2 Cheeseburger or Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk Frozen Friday Fun Treat!



MENU 2024

JOHNSON SPACE CENTER



Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

To add money to a student's account visit: www.schoolcafe.com





Teriyaki Beef Chow Mein Noodles Vegetables, Fruits & Milk

Soft Taco Vegetables, Fruits Milk

Vegetarian **Chicken Nuggets** Vegetables, Fruits Breadstick & Milk

Baja Fish Sticks Vegetables, Fruits Milk

Milk

THURSDAY

Cheeseburger Vegetables, Fruits Milk

12 Rotini & Beef Meatsauce Vegetables, Fruits Milk

Crispy Tacos Vegetables, Fruits Milk

Steak Fingers Vegetables, Fruits Dinner Roll & Milk

15 Pizza Vegetables, Fruits Milk

16 Staff Development **Holiday**

19 Presidents Dav Holiday

Soft Taco 20 Vegetables, Fruits Milk

21 Vegetarian Chicken Nuggets Vegetables, Fruits Breadstick & Milk

Baja Fish Sticks Vegetables, Fruits Milk

Cheeseburger Vegetables, Fruits Milk

26 Rotini & Beef Meatsauce Vegetables, Fruits Milk

Crispy Tacos Vegetables, Fruits Milk

Steak Fingers Vegetables, Fruits Dinner Roll & Milk

29 Pizza Vegetables, Fruits Milk

1% White Milk offered daily.

Student Lunch: \$2.50 **Adult Lunch:** \$4.60

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