

FEBRUARY 2024 HIGH SCHOOL MENU

Breakfast - Served in Food for Thought
and Java City 7:30am/9:25am
Lunch - 11am - 1:15 pm Main Cafe

Monday

Tuesday

Wednesday

Thursday

Friday

5 Crispy Chicken
Drumstick, Roll
w/ mashed potatoes
MICHIGAN VEGGIES

6 Beef and Cheese Nachos
MICHIGAN SALAD GREENS
Refried Bean

7 Beef Gyro sandwich
w/ Fries
JET'S Pizza Day!

1 Pasta Bar
Served with WG Garlic
Knot

2 Orange Chicken
w/ WG rice and Stir-
fried Veggies

12 BBQ Chicken Drumstick,
Roll
w/ mashed potatoes
MICHIGAN VEGGIES

13 Chicken Enchiladas
served with Rice, Pico
Corn, Refried Beans and
Churros

14 Chicken Waffle
sandwich w/ Fries
JET'S Pizza Day!

8 Cheese Lasagna
Garlic Breadstick
**MICHIGAN
BROCCOLI**

9 General Tso Chicken
w/ WG rice and Stir-
fried Veggies

19
**NO
SCHOOL!**

20
**NO
SCHOOL!**

21 Chicken Swarma
sandwich w/ Fries
JET'S Pizza Day!

15 Peirogi and Sausage
Garlic Breadstick
w/ Roasted Potatoes

16
**1/2 Day!
NO HOT LUNCH!**

26 Meatball Grinder
with optional grilled
peppers and Onions

27 Taco Salad Bowl
MICHIGAN SALAD GREENS
Refried Bean

28 Grilled Cheese sandwich
w/ Tomato Soup
JET'S Pizza Day!

22 Buffalo Chicken Mac &
Cheese
Garlic Breadstick
MICHIGAN BROCCOLI

23 Orange Chicken
w/ WG rice and Stir-
fried Veggies

29 Chicken Alfredo Pasta
Garlic Breadstick
MICHIGAN BROCCOLI

2023-24 FREE Michigan Meals for All to students from Pre-K to 12th grade this school year!

Make sure to take advantage of this amazing program!

All complete breakfasts and lunches are FREE!

Only one breakfast and lunch per student per day

Ala carte options will be available at an extra charge - Adult Meals - \$5.50

1% White or Chocolate Milk are offered with all complete Breakfasts and Lunches

as well as a variety of Fruits and Veggies to Choose from

248.341.5671
aramark

DAILY LUNCH OPTIONS!

**CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
AND MUCH MORE!!**

Chicken Drumstick

Crispy breaded chicken leg served with
Mashed Potatoes, Chicken Gravy and
Green Beans

Lasagna

Cheese Filled Pasta rolls topped with
marinara sauce served with Broccoli and
garlic breadstick

Orange Chicken

Crispy battered chicken bites glazed in a
sweet orange sauce, served over rice with
Asian mixed Veggies

Jets Pizza

Crispy Deep Dish Cheese Pizza with Jet's
famous sauce!

Taco Salad Bowl

Crispy baked Tortilla Bowl with beef or
Chicken, Lettuce, and your choice of
toppings
Served wotj Refried Beans

Chicken Enchiladas

Seasoned Chicken and Creamy Cheese Baked in a
soft tortilla topped with Enchilada sauce and
served with optional toppings and Black Beans

BBQ Chicken Drumstick

Chicken leg glazed in Sweet BBQ Sauce
served with Mashed Potatoes, Chicken
Gravy and Green Beans

Chicken Schwarma

Seasoned Chicken served on a whole grain
Pita with tangy cucumber sauce and
optional diced tomatoes and onions
Served with Crispy French Fries

Chicken and Waffle Sandwich

Crispy Chicken sandwiched between 2 Waffles
with optional Coleslaw and a variety of
toppings

Beef and Cheese Nachos

Beef and Cheese on Crispy tortilla chips with optional Potato and Cheese filled dumplings served
with Smoked sausage
and garlic breadstick

Meatball Grinder

Meatballs tossed in Marinara topped with
melted Mozzerella cheese and topped with
optional Peppers & Onions with Fries

Buffalo Chicken Mac & Cheese

Creamy Mac & Cheese served with Crispy
Chicken bites and Buffalo Sauce

Beef Gyro

Seasoned shave beef strips served on a
whole grain Pita with tangy cucumber sauce
and optional diced tomatoes and onions
Served with Crispy French Fries

Pasta Bar

Your choice of Pasta topped with marinara
sauce or Alfredo and choice of meatballs or
chicken served with Broccoli and garlic
breadstick

Chicken Alfredo Pasta

Al Dente Pasta topped with creamy
Parmesan Cheese sauce and grilled
chicken. Served with Broccoli and garlic
breadstick

Peirogi and Sausage

Potato and Cheese filled dumplings served
with Smoked sausage
and garlic breadstick

General Tso Chicken

Crispy battered chicken bites glazed in a
Tangy sweet & spicy sauce, served over
rice with Asian mixed Veggies

Grilled Cheese Sandwich

Crisp, cheesy toasted sandwich served
with Tomato Soup

**NEW! scan
code to
preorder
deli
sandwich**



SCAN ME

FREE COMPLETE BREAKFAST

DAILY SPECIALS

TURKEY/CHEESE CROISSANT

YOGURT PARFAITS

HOMEMADE MUFFINS

BAGELS AND CREAM CHEESE

DONUTS

CEREAL, CEREAL BARS AND MUCH MORE

ALL COMPLETE BREAKFASTS

INCLUDE CHOICE OF 2 Fruits or 4 oz.

100% Fruit JUICE AND

1% white or Choclate MILK

Fruit and Veggie Bar!

Offered Daily

Includes Michigan Produce

such as Blueberries,

Cherries, Michigan Lettuce,

Legumes, Carrots and

Apples

plus MUCH more Fruits and

Veggies to Choose from

including 100% Fruit Juice

Gluten Free

**option available per
medical request-
preorder required**



**Vegetarian and
Dairy Free options
available - preorder
required**

Check out our MTO Deli Bar, Action Station, Java City Coffee Bar, Fresh Fusion, Bird Feeder

Food For Thought Sery and Snack Bar Menus too!

MENU SUBJECT TO CHANGE WITHOUT NOTICE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY

PROVIDER



248.341.5671

