

FEBRUARY 2024

PREP MENU

All complete meals Free throughout the
2023-24 school year!
Lunch Delivered Daily by 11am
Preorder Breakfast the day before to
be there in the morning for your student

Monday

Tuesday

Wednesday

Thursday

Friday

5 Crispy Chicken
Drumstick, Roll
w/ mashed potatoes
MICHIGAN VEGGIES

6 Beef and Cheese Nachos
MICHIGAN SALAD GREENS
Refried Bean

7 Beef Gyro sandwich
w/ Fries
JET'S Pizza Day!

1 Pasta Bar
Served with WG Garlic
Knot

2 Orange Chicken
w/ WG rice and Stir-
fried Veggies

12 BBQ Chicken Drumstick,
Roll
w/ mashed potatoes
MICHIGAN VEGGIES

13 Chicken Enchiladas
served with Rice, Pico
Corn, Refried Beans and
Churros

14 Chicken Waffle
sandwich w/ Fries
JET'S Pizza Day!

8 Cheese Lasagna
Garlic Breadstick
MICHIGAN BROCCOLI

9 General Tso Chicken
w/ WG rice and Stir-
fried Veggies

15 Peirogi and Sausage
Garlic Breadstick
w/ Roasted Potatoes

16 **1/2 Day!**
NO HOT LUNCH!

19 **NO**
SCHOOL!

20 **NO**
SCHOOL!

21 Chicken Schwarma
sandwich w/ Fries
JET'S Pizza Day!

22 Buffalo Chicken Mac &
Cheese
Garlic Breadstick
MICHIGAN BROCCOLI

23 Orange Chicken
w/ WG rice and Stir-
fried Veggies

26 Meatball Grinder
with optional grilled
peppers and Onions

27 Taco Salad Bowl
MICHIGAN SALAD GREENS
Refried Bean

28 Grilled Cheese sandwich
w/ Tomato Soup
JET'S Pizza Day!

29 Chicken Alfredo Pasta
Garlic Breadstick
MICHIGAN BROCCOLI

2023-24 FREE Michigan Meals for All to students from Pre-K to 12th grade this school year!

Make sure to take advantage of this amazing program!

All complete breakfasts and lunches are FREE!

Only one breakfast and lunch per student per day

Ala carte options will be available at an extra charge - Adult Meals - \$5.50

1% White or Chocolate Milk are offered with all complete Breakfasts and Lunches

as well as a variety of Fruits and Veggies to Choose from

248.341.5671

aramark 

DAILY LUNCH OPTIONS!

MONDAY - CHEESE, VEGGIE OR PEPPERONI PIZZA
 TUESDAY - CHICKEN PATTY SANDWICH
 WEDNESDAY - CHEESEBURGER OR VEGGIE BURGER
 THURSDAY - CHICKEN TENDERS
 FRIDAY - JET'S CHEESE, VEGGIE OR PEPPERONI PIZZA
 ALL MEALS INCLUDE FRUIT AND VEGGIE OF THE DAY AND
 1% WHITE OR CHOCOLATE MILK

Chicken Drumstick

Crispy breaded chicken leg served with
 Mashed Potatoes, Chicken Gravy and
 Green Beans

Lasagna

Cheese Filled Pasta rolls topped with
 marinara sauce served with Broccoli and
 garlic breadstick

Orange Chicken

Crispy battered chicken bites glazed in a
 sweet orange sauce, served over rice with
 Asian mixed Veggies

Jets Pizza

Crispy Deep Dish Cheese Pizza with Jet's
 famous sauce!

Taco Salad Bowl

Crispy baked Tortilla Bowl with beef or
 Chicken, Lettuce, and your choice of
 toppings
 Served wotj Refried Beans

Chicken Enchiladas

Seasoned Chicken and Creamy Cheese Baked in a
 soft tortilla topped with Enchilada sauce and
 served with optional toppings and Black Beans

BBQ Chicken Drumstick

Chicken leg glazed in Sweet BBQ Sauce
 served with Mashed Potatoes, Chicken
 Gravy and Green Beans

Chicken Schwarma

Seasoned Chicken served on a whole grain
 Pita with tangy cucumber sauce and
 optional diced tomatoes and onions
 Served with Crispy French Fries

Chicken and Waffle Sandwich

Crispy Chicken sandwiched between 2 Waffles
 with optional Coleslaw and a variety of
 toppings

Beef and Cheese Nachos

Beef and Cheese on Crispy tortilla chips with optional Potato and Cheese filled dumplings served
 toppings
 Served with refried beans

Meatball Grinder

Meatballs tossed in Marinara topped with
 melted Mozzerella cheese and topped with
 optional Peppers & Onions with Fries

Buffalo Chicken Mac & Cheese

Creamy Mac & Cheese served with Crispy
 Chicken bites and Buffalo Sauce

Beef Gyro

Seasoned shave beef strips served on a
 whole grain Pita with tangy cucumber sauce
 and optional diced tomatoes and onions
 Served with Crispy French Fries

Pasta Bar

Your choice of Pasta topped with marinara
 sauce or Alfredo and choice of meatballs or
 chicken served with Broccoli and garlic
 breadstick

Chicken Alfredo Pasta

Al Dente Pasta topped with creamy
 Parmesan Cheese sauce and grilled
 chicken. Served with Broccoli and garlic
 breadstick

Peirogi and Sausage

Potato and Cheese filled dumplings served
 with Smoked sausage
 and garlic breadstick

General Tso Chicken

Crispy battered chicken bites glazed in a
 Tangy sweet & spicy sauce, served over
 rice with Asian mixed Veggies

Grilled Cheese Sandwich

Crisp, cheesy toasted sandwich served
 with Tomato Soup

FREE BREAKFAST

Assorted Breakfasts
 available daily including
 choice of
 Fresh Bagels, Pop Tarts,
 Breakfast Breads or
 WG Donuts
 All breakfasts include a
 1/2 cup of Michigan fruit,
 100% Fruit juice and a 1%
 white or chocolate milk

Fruit and Veggies offered
 to choose from Daily
 Romaine Salad cup, Baked
 French Fries, Carrots, Cut
 Veggie Mix, Edamame
 100% Fruit Juice, Michigan
 Apples, Apple Sauce, Fruit Cup
 Craisins, Michigan Blueberries
 or Michigan Cherries

ALL COMPLETE MEALS
 INCLUDE 1% WHITE OR
 CHOCOLATE MILK

Gluten Free



option available per
 medical request-
 preorder required



Vegetarian and
 Dairy Free options
 available - preorder
 required



1% White or Chocolate Milk offered with both Breakfast and Lunch!

MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER



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