

# FEBRUARY 2024 BOWERS MENU

Lunch Delivered Daily at 11:45am  
Preorder Breakfast Delivered ready  
when students Arrive to School

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**5** Crispy Chicken  
Drumstick, Roll  
w/ mashed potatoes  
**MICHIGAN VEGGIES**

**6** Beef and Cheese Nachos  
**MICHIGAN SALAD GREENS**  
Refried Bean

**7** Beef Gyro sandwich  
w/ Fries  
**JET'S Pizza Day!**

**8** Cheese Lasagna  
Garlic Breadstick  
**MICHIGAN  
BROCCOLI**

**9** General Tso Chicken  
w/ WG rice and Stir-  
fried Veggies

**12** BBQ Chicken Drumstick,  
Roll  
w/ mashed potatoes  
**MICHIGAN VEGGIES**

**13** Chicken Enchiladas  
served with Rice, Pico  
Corn, Refried Beans and  
Churros

**14** Chicken Waffle  
sandwich w/ Fries  
**JET'S Pizza Day!**

**15** Peirogi and Sausage  
Garlic Breadstick  
w/ Roasted Potatoes

**16** **1/2 Day!**  
**NO HOT LUNCH!**

**19** **NO  
SCHOOL!**

**20** **NO  
SCHOOL!**

**21** Chicken Schwarma  
sandwich w/ Fries  
**JET'S Pizza Day!**

**22** Buffalo Chicken Mac &  
Cheese  
Garlic Breadstick  
**MICHIGAN BROCCOLI**

**23** Orange Chicken  
w/ WG rice and Stir-  
fried Veggies

**26** Meatball Grinder  
with optional grilled  
peppers and Onions

**27** Taco Salad Bowl  
**MICHIGAN SALAD GREENS**  
Refried Bean

**28** Grilled Cheese sandwich  
w/ Tomato Soup  
**JET'S Pizza Day!**

**29** Chicken Alfredo Pasta  
Garlic Breadstick  
**MICHIGAN BROCCOLI**

**2023-24 FREE Michigan Meals for All to students from Pre-K to 12th grade this school year!**

**Make sure to take advantage of this amazing program!**

**All complete breakfasts and lunches are FREE!**

**Only one breakfast and lunch per student per day**

**Ala carte options will be available at an extra charge - Adult Meals - \$5.50**

**1% White or Chocolate Milk are offered with all complete Breakfasts and Lunches**

**as well as a variety of Fruits and Veggies to Choose from**

248.341.5671  
**aramark**

# DAILY LUNCH OPTIONS!

**CHICKEN PATTY SANDWICH - SPICY AND REGULAR  
CHICKEN TENDERS w/ MUFFIN  
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA STATION  
VARIETY OF ENTREE SALADS AND  
GRAB AND GO SUBS AND WRAPS  
PLUS MTO DELI BAR AND SNACK BAR (ALA CARTE PRICING FOR SNACKS)  
AND MUCH MORE!!**

## Chicken Drumstick

Crispy breaded chicken leg served with Mashed Potatoes, Chicken Gravy and Green Beans

## Lasagna

Cheese Filled Pasta rolls topped with marinara sauce served with Broccoli and garlic breadstick

## Orange Chicken

Crispy battered chicken bites glazed in a sweet orange sauce, served over rice with Asian mixed Veggies

## Jets Pizza

Crispy Deep Dish Cheese Pizza with Jet's famous sauce!

## Taco Salad Bowl

Crispy baked Tortilla Bowl with beef or Chicken, Lettuce, and your choice of toppings  
Served wotj Refried Beans

## Chicken Enchiladas

Seasoned Chicken and Creamy Cheese Baked in a soft tortilla topped with Enchilada sauce and served with optional toppings and Black Beans

## BBQ Chicken Drumstick

Chicken leg glazed in Sweet BBQ Sauce served with Mashed Potatoes, Chicken Gravy and Green Beans

## Chicken Schwarma

Seasoned Chicken served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions  
Served with Crispy French Fries

## Chicken and Waffle Sandwich

Crispy Chicken sandwiched between 2 Waffles with optional Coleslaw and a variety of toppings

## Beef and Cheese Nachos

Beef and Cheese on Crispy tortilla chips with optional Potato and Cheese filled dumplings served with Smoked sausage and garlic breadstick  
Served with refried beans

## Meatball Grinder

Meatballs tossed in Marinara topped with melted Mozzarella cheese and topped with optional Peppers & Onions with Fries

## Buffalo Chicken Mac & Cheese

Creamy Mac & Cheese served with Crispy Chicken bites and Buffalo Sauce

## Beef Gyro

Seasoned shave beef strips served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions  
Served with Crispy French Fries

## Pasta Bar

Your choice of Pasta topped with marinara sauce or Alfredo and choice of meatballs or chicken served with Broccoli and garlic breadstick

## Chicken Alfredo Pasta

Al Dente Pasta topped with creamy Parmesan Cheese sauce and grilled chicken. Served with Broccoli and garlic breadstick

## Peirogi and Sausage

Potato and Cheese filled dumplings served with Smoked sausage and garlic breadstick

## General Tso Chicken

Crispy battered chicken bites glazed in a Tangy sweet & spicy sauce, served over rice with Asian mixed Veggies

## Grilled Cheese Sandwich

Crisp, cheesy toasted sandwich served with Tomato Soup

**NEW! scan  
code to  
preorder  
deli  
sandwich**



**SCAN ME**

## FREE BREAKFAST

**Preordered the Day Before**

**Choose from  
Yogurt Parfait  
Bagels, Muffins  
Cereal Bars, Cereal  
All Breakfasts include up  
to a full cup of fruit and/or  
100% Fruit Juice and  
1% white or chocolate milk**

## Fruit and Veggie Bar!

**Offered Daily  
Includes Michigan Produce  
such as Blueberries,  
Cherries, Michigan Lettuce,  
Legumes, Carrots and  
Apples  
plus MUCH more Fruits and  
Veggies to Choose from  
including 100% Fruit Juice**



**Gluten Free  
option available per  
medical request-  
preorder required**

**Vegetarian and  
Dairy Free options  
available - preorder  
required**

**1% White or Chocolate Milk offered with both Breakfast and Lunch!**

**MENU SUBJECT TO CHANGE WITHOUT NOTICE  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY  
PROVIDER**



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