## FEBRUARY 2024 BOWERS MENU

Monday

Tuesday

Wednesday

Lunch Delivered Daily at 11:45am
Preorder Breakfast Delivered ready
when students Arrive to School

### Thursday

Served with WG Garlic Knot

### Friday

Orange Chicken
w/ WG rice and Stirfried Veggies

- 5 Crispy Chicken Drumstick, Roll w/ mashed potatoes MICHIGAN VEGGIES
- 128BQ Chicken Drumstick, Roll w/ mashed potatoes MICHIGAN VEGGIES

# NO SCHOOL!

Meatball Grinder with optional grilled peppers and Onions

- 6 Beef and Cheese Nachos MICHIGAN SALAD GREENS Refried Bean
- 13 Chicken Enchiladas served with Rice, Pico Corn, Refried Beans and Churros
- NO SCHOOL!
- **27**Taco Salad Bowl
  MICHIGAN SALAD GREENS
  Refried Bean

- Beef Gyro sandwich
  w/ Fries
  JET'S Pizza Day!
- Chicken Waffle sandwich w/ Fries JET'S Pizza Day!
- Chicken Schwarma sandwich w/ Fries JET'S Pizza Day!
- **28**Grilled Cheese sandwich
  w/ Tomato Soup
  JET'S Pizza Day!

- 8 Cheese Lasagna Garlic Breadstick MICHIGAN BROCCOLI
- Peirogi and Sausage
  Garlic Breadstick
  w/ Roasted Potatoes
- 22Buffalo Chicken Mac & Cheese Garlic Breadstick MICHIGAN BROCCOLI
- Chicken Alfredo Pasta Garlic Breadstick MICHIGAN BROCCOLI

9 General Tso Chicken w/ WG rice and Stir-

fried Veggies

- 16 1/2 Day! NO HOT LUNCH!
- Orange Chicken
  w/ WG rice and Stirfried Veggies

2023-24 FREE Michigan Meals for All to students from Pre-K to 12th grade this school year!

Make sure to take advantage of this amazing program!

All complete breakfasts and lunches are FREE!

Only one breakfast and lunch per student per day

Ala carte options will be available at an extra charge - Adult Meals - \$5.50

1% White or Chocolate Milk are offered with all complete Breakfasts and Lunches as well as a variety of Fruits and Veggies to Choose from

248.341.5671 gramark

### **DAILY LUNCH OPTIONS!**

CHICKEN PATTY SANDWICH - SPICY AND REGULAR CHICKEN TENDERS w/ MUFFIN GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA STATION VARIETY OF ENTREE SALADS AND GRAB AND GO SUBS AND WRAPS PLUS MTO DELI BAR AND SNACK BAR (ALA CARTE PRICING FOR SNACKS) **AND MUCH MORE!!** 

Chicken Drumstick Crispy breaded chicken leg served with Mashed Potatoes, Chicken Gravy and Green Beans

Lasagna Cheese Filled Pasta rolls topped with marinara sauce served with Broccoli and garlic breadstick

Orange Chicken Crispy battered chicken bites glazed in a sweet orange sauce, served over rice with Asian mixed Veggies

lets Pizza Crispy Deep Dish Cheese Pizza with Jet's famous sauce!

Taco Salad Bowl Crispy baked Tortilla Bowl with beef or Chicken, Lettuce, and your choice of toppings Served woti Refried Beans

Chicken Enchiladas Seasoned Chicken and Creamy Cheese Baked in a soft tortilla topped with Enchilada sauce and served with optional toppings and Black Beans

**BBQ Chicken Drumstick** Chicken leg glazed in Sweet BBQ Sauce served with Mashed Potatoes, Chicken Gravy and Green Beans

Chicken Schwarma Seasoned Chicken served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions Served with Crispy French Fries

Chicken and Waffle Sandwich Crispy Chicken sandwiched between 2 Waffles with optional Coleslaw and a variety of toppings

Beef and Cheese Nachos Beef and Cheese on Crispy tortilla chips with optional Potato and Cheese filled dumplings served toppings Served with refried beans

Meatball Grinder Meatballs tossed in Marinara topped with melted Mozzerella cheese and topped with optional Peppers & Onions with Fries

Buffalo Chicken Mac & Cheese Creamy Mac & Cheese served with Crispy Chicken bites and Buffalo Sauce

Beef Gyro

Seasoned shave beef strips served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions Served with Crispy French Fries

Pasta Bar Your choice of Pasta topped with marinara sauce or Alfredo and choice of meatballs or chicken served with Broccoli and garlic breadstick

Chicken Alfredo Pasta Al Dente Pasta topped with creamy Parmesan Cheese sauce and grilled chicken. Served with Broccoli and garlic breadstick

> Peirogi and Sausage with Smoked sausage and garlic breadstick

General Tso Chicken Crispy battered chicken bites glazed in a Tangy sweet & spicy sauce, served over rice with Asian mixed Veggies

Grilled Cheese Sandwich Crisp, cheesy toasted sandwich served with Tomato Soup

1% White or Chocolate Milk offered with both Breakfast and Lunch!

MENU SUBJECT TO CHANGE WITHOUT NOTICE THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

**NEW!** scan code to preorder deli sandwich



#### FREE BREAKFAST

**Preordered the Day Before Choose from Yogurt Parfait Bagels. Muffins** Cereal Bars. Cereal All Breakfasts include up to a full cup of fruit and/or

100% Fruit Juice and

1% white or chocolate milk

### Fruit and Veggie Bar!

Offered Daily **Includes Michigan Produce** such as Blueberries. Cherries, Michigan Lettuce, Legumes, Carrots and **Apples** plus MUCH more Fruits and Veggies to Choose from including 100% Fruit Juice

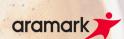


Gluten Free option available per medical requestpreorder required



Vegetarian and Dairy Free options available - preorder





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