

2019 WILLMAR TRACK SCHEDULE

<u>Week/Date:</u>	<u>Day:</u>	<u>Meet or Activity:</u>	<u>Location:</u>
March 11-15		Practice Begins	
March 18-22		2 nd Wk of Practice	
March 25-April 1		Spring Break Practices..see note below	

Spring Break/Easter: YES, for those in town, we will have some limited practices during that week. Usually 4 days in a.m. More details will follow

**** The practices over break are "REQUIRED" if in town**

****Very hard to find an indoor for all of us with spring break coming the end of the 2nd week of the season and a 12 day break in there...**

April 1-5 School and full team practices resume

****Several possibilities here: We may find an indoor/time trial to go to before spring break or first week after; those meets are just not posted yet...or if someone has an "earlybird" outdoor meet depending on the weather or even a time trial like Rocori did last spring at St. Johns..**

<u>April 6</u>	CLC Indoor	St. Johns U.
	3-6 per event plus relays depending on events..	

****We will have entire team here for indoor; Can we be top 3 in each?**

April 8-12	April 11	<u>Unlimited</u>	Willmar Invitational (5-6 teams)	Willmar
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April 15-19	April 16	<u>Unlimited</u>	Rocori Invite	Rocori
	April 18	<u>Unlimited</u>	Sartell Quad	Sartell

April 22-26	April 22	How many?	Marshall Invite	Marshall
	April 23		Hopkins True Team Format	
		<u>4 per event/2 relays</u>	Hopkins	

April 26	Hamline Elite Meet (not sure we will use/do this?)
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****Have to be top 9 in state to get "invited" to this meet! If one qualifies, it counts as a meet for whole team? So, we would need to have more than one event make that to go.**

April 29-May 3	**Meets this week will depend on weather; our goal is to have everyone run twice		
April 30	Split squad:	Benson/Redwood Invites;	everyone should get events
April 30	??	Alex Relays	Alex
	(all events scored as relays)...new meet; no details yet		
May 2	<u>3 per event/1R</u>	Orono	Orono
May 3	Prom—NO MEETS/NO PRACTICES!		

****Our goal: All runners get at least one meet this week! Last chance to get true team section spots**

May 6-10	May 7	<u>*2 per event</u>	<u>True Team Sections</u>	Rockford
	May 9	<i>*Makeup day for True Team if postponed</i>		
	May 10	<i>Unlimited</i>	True Team JV	Sartell
May 13-17	May 14	<u>Unlimited</u>	Alexandria Tri	Alex
	May 18		True Team State	(have to qualify as a team??)
	**4 Wild Card teams...we should be in the hunt to get both teams			Stillwater HS (noon)
May 20-24	May 21	<u>*3 per event</u>	CLC Outdoor	
	May 23	(makeup day for Varsity CLC OR CLC JV Willmar)		
	May 24	(makeup day for CLC JV if varsity would move to that Thursday)		
		<u>*Last meet for those not going to Sections</u>		
		<u>All gear will be turned in that day!</u>		
May 27-31	May 29&	<u>*3 per event</u>	Sections (pre-lims)	Fergus Falls
	June 1		Sections (finals)	Willmar
		<u>It is a Wed/Sat..and they do switch sites each day</u>		

(Moorhead, Monticello, Brainerd, Sartell, Bem.,Alexandria, DL,-among others)

STATE MEET WK:

June 3-8	June 3-4-5	Practice	A.M Practices for those who state qualify
	June 6	Leave for State	Hamline practice
	June 7 & 8	State Meet	Hamline

MEET NOTES:

- **No runner can compete in more than 14 meets per season in any combination..var/jv/MS (I KNOW WE HAVE or WILL HAVE MORE ON OUR SCHEDULE...WE WILL ALMOST CERTAINLY LOSE SOME EARLY ONES TO WEATHER; NO GUARENTEES WE MAKE TRUE TEAM STATE, OR HAMLINE...**
- It seems like we lose at least 2 meets due to weather Last yr we used at least 2 varsity meets (Redwood/Marshall) for almost all younger kids; still did awesome!
- With the meets we now have scheduled for sure, every "top" runner will compete in at least 11 varsity meets with possibility of 14.....
- Every JV/runner not in our top group (and we don't know who that is yet) will compete in at least 8 varsity meets, 2 JV meets, and move back and forth for some others.
- **MEETS ARE REQUIRED** (as are practices). In some situations, we excuse runners for other activities but that is rare and **MUST BE ARRANGED AHEAD**
- Other meet and practice guidelines will be in handouts at the team meeting and posted on our school website.

We will update on the school web page, bulletin board area, and practices as we find out more info.

We will discuss and set up things concerning Spring Break and prom weekend as that approaches.

Lets get ready for a GREAT SEASON IN 2019!!!!!!!!!!