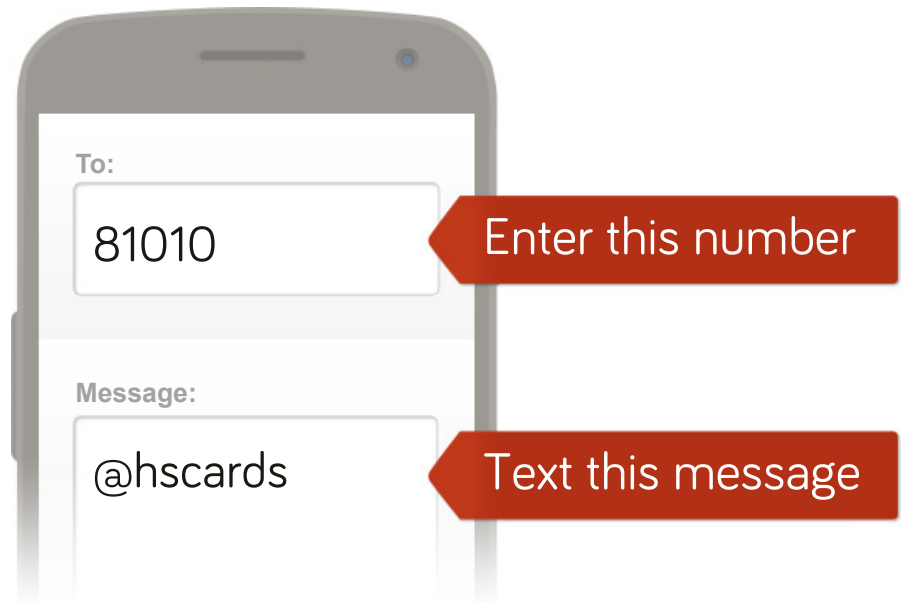


Coach Oehlers would like you to join High School Wrestling!



To receive messages via text, text **@hscards** to **81010**. You can opt-out of messages at anytime by replying, 'unsubscribe @hscards'.

Trouble using 81010? Try texting **@hscards** to **(320) 421-0144** instead.



*Standard text message rates apply.

Or to receive messages via email, send an email to **hscards@mail.remind.com**. To unsubscribe, reply with 'unsubscribe' in the subject line.



WHAT IS REMIND AND WHY IS IT SAFE?

Remind is a free, safe, and simple messaging tool that helps teachers share important updates and reminders with students & parents. Subscribe by text, email or using the Remind app. All personal information is kept private. Teachers will never see your phone number, nor will you see theirs.

Visit remind.com to learn more.