

NIKE RACE SCHEDULE

- 3:45AM-** Load buses at Senior High School
- 4:00AM-** Buses leave from Senior High School
- 7:00AM-** Packet Pick Up- Walk Course
- 8:30AM-** Boys' Rising Stars Race (sophomore or younger)
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|------------------------|------------------------|
| <u>Team A</u> (Box 47) | <u>Team B</u> (Box 48) |
| - Sully Anez | - Logan Fajardo |
| - Brandon Zepada | - Oscar Melgar |
| - Eli Heinen | - Judah Van Horne |
| - Soren Newberg | - Anthony Thompson |
| - Matt Eystad | - Jacob Ramos |
| - Pablo O.L. | |
- 9:05AM-** Girls' Rising Stars Race (sophomore or younger)
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| <u>Team A</u>
(Boxes 35-37, 4 runners per box) | <u>Team B</u>
(Boxes 35-37, 4 runners per box) |
| - Claire Mattson (box 35) | - Alivia Fladeboe (box 36) |
| - Leah Eystad (box 35) | - Mia Koosman (box 36) |
| - Solenne Ruff (box 35) | - Carlee Brown (box 37) |
| - Jaidyn Flolo (box 35) | - Maddie Villnow (box 37) |
| - Sophia Negen (box 36) | - Elianah Bradsteen (box 37) |
| - Flori O.L. (box 36) | - Delilah Singsank (box 37) |
- 10:00AM-** Rising Stars Awards Ceremony
- 10:05AM-** Boys' Open Invitational Section 2 Race
- Colin O'Farrell, Ryan Kuhlman, Isaac Eichhorst (Box 9)
- 12:15PM-** Boys' Open Invitational Awards Ceremony
- 12:40PM-** Girls Open Invitational Section 2 Race
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|------------------------|------------------------|
| <u>Team A</u> (box 48) | <u>Team B</u> (box 47) |
| - Ila Baumgart | - Lauren Eilers |
| - Grace Haugen | - Erin Eilers |
| - Allison Mattson | - Nina Dawson |
| - Jasmine Singsank | - Madi Engstrom |
| - Taylee Pahl | - Lyndi Koosman |
| | - Hannah Quinn |
| | - Sophia Quinn |
- 1:50PM-** Girls' Open Invitational Awards Ceremony

INFORMATION FOR RUNNERS

WARM UPS AT STARTING LINE

*Please do not leave warm up clothing in your starting box. Please place behind the snow fence or give to a coach or parent. Any unattended apparel or shoes left in a starting box after the start of a race will be placed behind the snow fence barrier by Heartland staff. Nike Heartland is not responsible for lost or stolen items.

**The Willmar team will have large garbage bags in the team kit that can be used for teams to put their warm ups in. Place the bags behind the snow fence.

Bib/Hip Number:

*Bib numbers must be pinned on the **FRONT** of the **jersey/shirt**. Please use 4 pins.

*Hip numbers must be placed on both the **LEFT** and **RIGHT HIP** of the shorts to ensure the camera can see them.

*Bib numbers are non-transferable.

*Athletes who do not run in their assigned race will be disqualified.

Results: All results can be found at pttiming.com Live results can be found at live.pttiming.com

Cut Thrus: Course cut thrus are labeled with red flags. All spectators are encouraged to use cut thrus, rather than crossing over or under the pennant.

INFORMATION FOR PARENTS

PARKING INFORMATION/ADMISSION

We will be charging a one-time entrance fee of \$10.00 PER CAR into the park on race day. As our entries have grown every year, we are very close to filling our park to capacity. With these things in mind, EVERY vehicle that enters the park will have to pay this one-time fee. We will be selling admission passes in advance at packet pick up on Saturday. Please consider pre-purchasing to help speed up the process into the park on meet day. PLEASE CONSIDER CARPOOLING ON MEET DAY if possible.

**Please be Heartland kind and respectful to our admission team when entering the park.*

**If you pre-purchase a parking tag, please have it visible when you come into the park on meet day and use the RIGHT lane coming into the park off 57th St. This lane will be fast tracked because a pass was pre purchased.*

**If you need to purchase a parking pass on meet day, Please have \$10.00 cash ready and enter using the LEFT lane.*

Entrance: All vehicles MUST enter the park using 57th street and Western Avenue only. There will be one-way traffic once in the park. Please follow all signage and follow the direction of all parking attendants.

NO PARKING ON THE GRASS. Anyone parking on the grass will be subject to towing. Carpooling is encouraged.

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Livestream: Can't make it to Sioux Falls to watch all the race action in person? NEW for 2021!! Our partners at RunnerSpace will be livestreaming all the races for FREE. Just go to <http://nxrhl.runnerspace.com> to find the link to watch on your device.

Spectators: No dogs are allowed on site on course run thru day or meet day.

Cut Thrus: Course cut thrus are labeled with red flags. All spectators are encouraged to use cut thrus, rather than crossing over or under the pennant.

Please check out our various food trucks/vendors for breakfast, lunch, coffee, or cocoa!

For information on all things NXR Heartland click here <http://nxrhl.runnerspace.com>