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Metro Invitational

1 message

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Sun, Sep 12, 2021 at 7:53 PM

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Cc: Bob Schneider <bob@gsetiming.com>, Trevor Mbakwe <Trevor_Mbakwe@edenpr.k12.mn.us>, Russell Reetz <Russell_Reetz@edenpr.k12.mn.us>

Coaches-

We are excited to see you Saturday for the Metro Invitational at Eden Prairie. Much of this is repeated from previous communication, but please review:

--Buses should park in the North lot of EPHS. Travel to the west end of the school on Valley View, then turn north into the parking lot. Drive past the school into the large lot north of the school. Teams should unload here and walk over to Round Lake Park via the crosswalk across Valley View.

--Spectators should either park in the North or South lot of EPHS and walk to Round Lake using the crosswalk across Valley View. **Please instruct your parents to NOT park at the EP Community Center or Round Lake Park lot (near the tennis courts).**

--Race schedule, lane assignments, and course map are attached – please print and distribute to your team and parents.

--Timing will be through Gopher State Events. You have already received an email from Bob with instructions – please have your lineups completed by his deadline.

--Regarding races, there is a maximum of 10 runners in varsity and unlimited in JV and middle school races. Please make sure that ONLY 6-8th graders are entered into the middle school races.

--There is no water located at Round Lake – make sure athletes bring their own.

--We will be selling Metro Invitational T-shirts for \$15 – they tend to sell out quickly so have kids purchase early in the meet.

If you have any questions, feel free to contact me.

Thanks-

Jeff Lindlief

Eden Prairie CC Coach

2 attachments



Metro Map.pdf
228K



Metro.coach packet 2021.docx
16K

2021 Eden Prairie Metro Invitational

(No coaches meeting)

9:00	EPTFA Youth Race	1600 M
9:30	Boys JV	5000 M
10:00	Girls JV	5000 M
10:40	Boys Varsity (10 runners)	5000 M
11:10	Girls Varsity (10 runners)	5000 M
11:45	Boys Middle School	2600 M
11:50	Girls Middle School	2600 M
	Awards following last race	

Lane Assignments for all races:

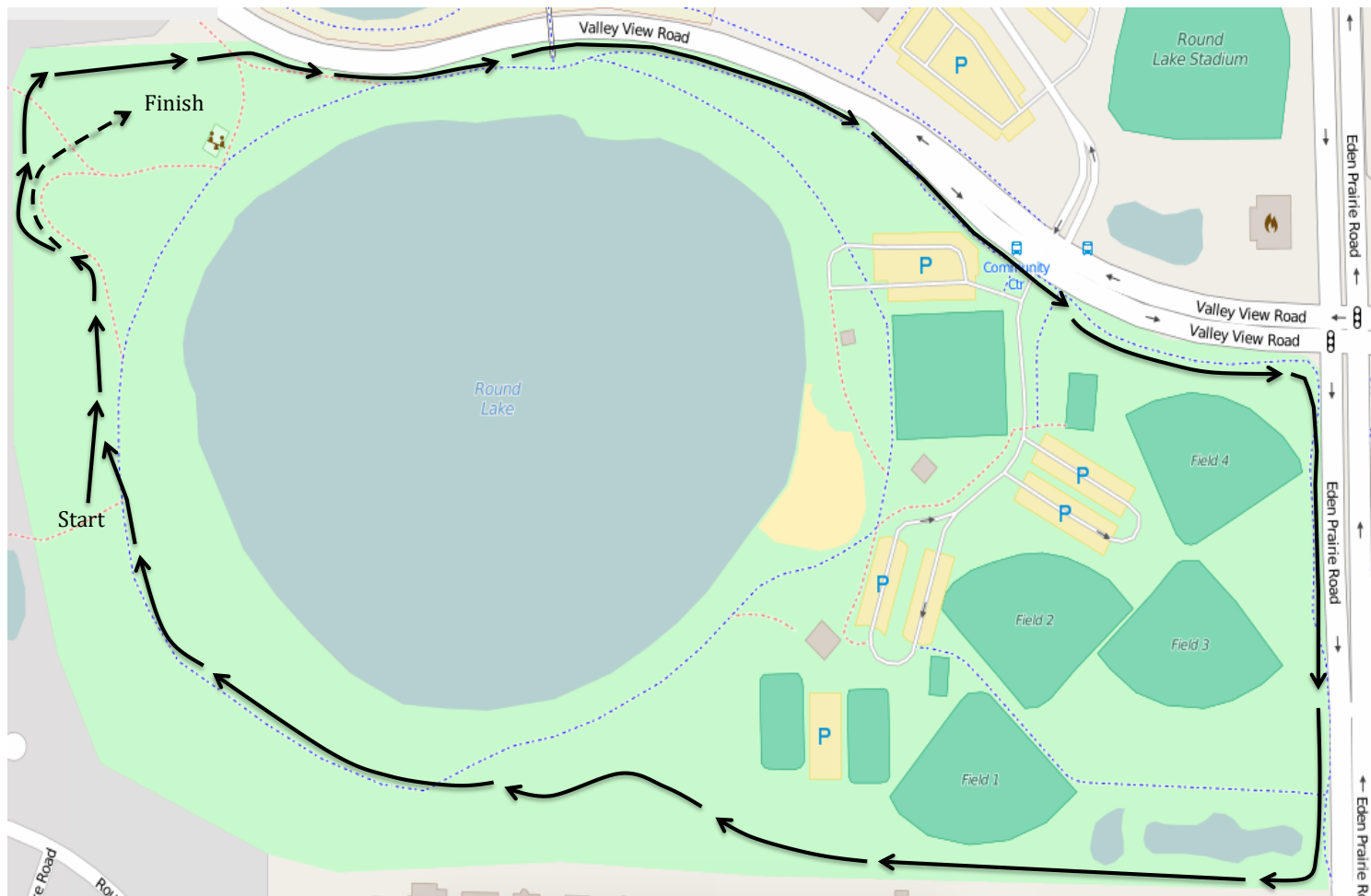
1. Chanhassen
2. Edina (boys only)
3. Eagle Ridge Academy
4. Maple Grove
5. Eden Prairie
6. Roseville (boys only)
7. Wayzata
8. St. Paul Highland Park
9. Chaska
10. Willmar
11. Champlin Park

**** Metro Invitational Dri-Fit T-shirts are for sale— \$15 ****

Remember that there is no water available on site

Please remind your runners to stay OFF of the asphalt path in the woods

Results will be posted on www.gsetiming.com



5K: Two full loops

Middle School Race (around 2.6K): One full loop