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Home of the Cardinals

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WILLMAR CROSS COUNTRY INVITATIONAL

DATE: Saturday, October 1, 2016

PLACE: **Eagle Creek Golf Club**
(Please remind your athletes to stay off the greens and the tee boxes.
We also need to stay out of the clubhouse.)

TIME:

1:00	Varsity Girls	(5000 Meters)
	Varsity Boys	(5000 Meters)
	JV Girls	(5000 Meters)
	JV Boys	(5000 Meters)
	Middle School Girls	(3000 Meters)
	Middle School Boys	(3000 Meters)
	Mity Mites	(800 Meters) (Elementary students)

It will be a rolling start.

Teams Participating:
**Bemidji, Bismark Century, Bismark Legacy,
CCS, Elk River, Fargo North, Hopkins,
Hutchinson, Jordan, Marshall, Moorhead,
Mounds View, New London-Spicer,
Pipestone, Tech, Wayzata, Willmar**

Awards to be presented to all divisions

ENTRY FEE: \$150 per school *If possible, please have your entry fee with you when picking up packets.

ENTRY PROCEDURE: “This year’s meet is being timed by Gopher State Events (www.gopherstateevents.com). Please send an email to bob.schneider@gopherstateevents.com with your school name and the gender(s) that you coach at least two weeks prior to the meet to ensure that your team is in the system and they have your correct email address on file. They will send complete instructions to all coaches approximately two weeks before the meet.”

ENTRIES: You may enter up to ten athletes in the varsity divisions but we will score the meet in the normal manner. Please email poppj@willmar.k12.mn.us or coquytb@willmar.k12.mn.us with an approximate number of athletes in each race by Wednesday, September 21st in order for us to plan the number of ribbons needed.

PACKET PICKUP: Pickup packets at the registration table in front of the clubhouse.
Maps will be provided for each of the divisions and will be in the packets on race day.

AWARDS: Varsity: Medals 1-20, Ribbons for all others
Junior Varsity: Medals 1-20, Ribbons for all others
Middle School: Medals 1-20, Ribbons for all others
*Cardinal Award: Each coach picks one girl/one boy to receive a medal for an “outstanding effort of the day” – hopefully someone who did not medal in their race. (More details to follow)

MEET RESULTS: Unofficial results will be posted, available as soon as they are tallied and recorded. We will try to have results ready for you to take home with you but if not they will be posted on the Willmar Senior High website <http://www.willmar.k12.mn.us/srhigh/> go to athletics, varsity sports...cross country.

TRAINER: There will be a trainer on site. We will have water on site, but please encourage your athletes to bring water with them.

TEAM/FAN PARKING: There will be people to direct you to the team & fan parking areas.

CONCESSIONS: Concessions will be available on site.

WILLMAR INVITE MEET DRI-FIT T-SHIRTS WILL BE FOR SALE AT THE MEET.

