

Hello Coaches,

We would like to thank you and your team for attending our cross-country meets during the 2015 cross-country season. Since you competed last year, we are assuming that you have our meet on your schedule for the upcoming 2016 season. We are thrilled that last year was our biggest meet yet and we have new teams committed to coming for our 2016 event.

The 8th annual **Nike Heartland Preview** will be held on **Saturday, September 10th 2016**, and will once again, be held at Yankton Trail Park. We have eliminated the whoop de doos on the course so this will be your first chance to run the new course and we really hope you like it.

Our meet will be sanctioned with both the NHSAA and the SDHSAA for all attending high school teams.

The entry fee is \$80.00 per gender, if bringing just one gender; \$150.00 if you bring **both** boys and girls teams from your school. If you are not bringing an entire team, the cost is \$25.00 per athlete.

After visiting with many coaches, we will be changing the time schedule of our Heartland Preview Meet, going back to a late morning start time. We have decided to go with late morning as we have some new teams coming from out of state that cannot come the night before so we want to give them time to get to Sioux Falls.

The following races will be contested in the NXN Heartland Preview on Saturday, September 10th:

Start Time:	11:00am	Varsity Girls-5,000 meters (unlimited entries)
	11:30am	Varsity Boys-5,000 meters (unlimited entries)
	12:00pm	JV Boys-5,000 meters (unlimited entries)
	12:40pm	JV Girls-5,000 meters (unlimited entries)
	1:15pm	Awards

Again this year, we will not be sending out contracts unless you need one for your AD. We trust that if you came last year, that you will be coming back again this year. Please send me a note if you do NOT plan on coming, otherwise we will look forward to hosting your teams.

Another date you can add to your meet schedule is the Nike Heartland Regional Meet, which will be held on Sunday, November 13th at Yankton Trail Park. More details will be coming on www.nikecrossnationals.com.

Please reach out if you have questions.

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