

Dear Coach/Activities Director

The ROCORI Invitational Cross Country Meet will be held on Thursday, September 21, 2017 at River Oaks Golf Course starting at 4:15 p.m. Coaches may pick up information on that day. Also, we will answer any questions you have. **Entry fee for the meet is \$100.00.**

The schedule is as follows:

Girls Junior High	4:15 p.m.	3200M
Boys Junior High	4:30 p.m.	3200M
Girls Varsity	5:00 p.m.	5000M
Boys Varsity	5:35 p.m.	5000M
Girls Junior Varsity	6:05 p.m.	5000M
Boys Junior Varsity	6:40 p.m.	5000M

Awards

Boys/Girls Junior High	Top ten medals for each division
Boys/Girls Junior Varsity	Top ten medals for each division
Boys/Girls Varsity	Top ten medals for each division

Lane Assignments

Annandale	Lane 1
Fargo South	Lane 2
Cambridge/Isanti	Lane 3
ROCORI	Lane 4
Monticello(boys)	Lane 5
Sauk Rapids Rice	Lane 6
Little Falls	Lane 7
Willmar	Lane 8
Alexandria	Lane 9
Apollo	Lane 10
Northwest Nighthawks	Lane 11

ROSTERS WILL BE DOWNLOADED FROM THE MSHSL WEB SITE.

Please make sure that your rosters are up to date.

**MAKE SURE YOUR RUNNERS HAVE 3-4 SAFETY PINS
FOR THEIR BIB NUMBER**

Please remind your athletes to stay off the greens, tee boxes and out of the sand traps. Golfers will be using some holes on the front nine. Also, please pick up your garbage and litter throughout the meet and at the completion. There will be concessions available. Outdoor restroom facilities will also be available. Please respect the golf course, clubhouse and their personnel.

River Oaks Golf Course is located directly across from ROCORI High School and Cold Spring Elementary on County Road 2. You can have your buses drop you off at the clubhouse or on Golf Course Road. Please park your buses in front of ROCORI High School or on Golf Course Road. Please do not park in the main parking lot.

Coaches Chuck Griffith, Brad Bauer, Lisa Swan-Anderson, Brittany Herig

ROCORI Activities 320.685.4917