

#### About Us.....

The Danville Independent School District Foodservice Department services 4 schools. All Danville Independent Schools serve breakfast and lunch with all school s qualifying for after school snacks. All 4 of our district's schools are enrolled in the Community Eligibility Provision, allowing all students to receive meals at no charge. Danville Independent sponsored 15 summer feeding sites this summer.

#### Alliance for Healthier Generation Team.....

The school district began implementation of the Healthy Schools Program during the 2015-2016 school year. The program recognizes schools that create healthier school environment that promote physical activity and healthy eating among students and staff.

#### Nutrition & Physical Activity Services—Healthy Steps Improvement Plan.....

The District Wellness Committee will review and revise the district's wellness policy to ensure that all of our health and wellness priorities are included.

We will work with each school to ensure the development of a school based wellness team and wellness policy that will implement the Healthy Schools Program

The Alliance for Healthier Generations will be used as a Education, Physical Education and the assessment of our efforts.

Action plans will be developed and successes will be celebrated.

#### Health Inspections .....

All kitchens are HACCP compliant and inspected by the local Health Department twice a year.

All food service personnel are trained annually on food safety

### School Physical Activity Environment Assessment

Program/Activity	Elem	Middle	High
Daily Structured recess	Yes	N/A	N/A
Provide at least 90-150 minutes of physical activity opportunities per week*%of enrollment	Yes 100%	Nine Wks. Course Required 100%	Grad Required/ Elective Options 100%
Classroom Physical activity integrated into the school day.	*GO Noodle	N/A	N/A
Intramural physical activity opportunities	Rec Leagues	Rec Leagues	Rec Leagues
Credentialed physical education teachers	Yes	Yes	Yes



All elementary Students have the opportunity to participate in a variety of structured Physical fitness activities, both during and after the school day.

"Go Noodle" is a classroom-based physical activity program and a curriculum tool that is linked to academic learning objectives

Intense physical activity programs have positive effects on academic achievement. Including increased concentration; improved mathematics, reading, and writing test scores; and reduced disruptive behavior.

—Curricular Physical Activity and Academic

Performance, Pediatric Exercise Science



Nutrition & Physical Activity

Report Card

2022-2023 SY



Danville Independent Schools promote a Coordinated Health Program. We are dedicated to serving Nutritious meals and providing multiple physical activity opportunities as a means of helping our students reach their maximum goals



## Wellness at Work

*"Promoting healthy and safe behaviors among students is an important part of the fundamental mission of schools"*

*School Health Index-Centers for Disease Control*

(CDC)

*"USDA is an equal opportunity Provider and employer"*

## National School Lunch

The National School Lunch Program (NSLP) was conceived in 1946 as a "measure of national security to safeguard the health and well-being of the Nation's children." School districts receive federal reimbursement for each school lunch served that meets the United States Department of Agriculture nutrition guidelines. These guidelines promote meal quality while commodity donations help the farmer and help schools keep down meal prices.

Our lunch meals are planned on a three-week menu cycle. Federal regulations require that we offer minimum & maximum portion sizes of meat, fruit and/or vegetable, grains/breads and fluid milk during every lunch meal service. Minimum and maximum sodium and calorie counts are also regulated. The menu cycle provides for a variety of foods and allows us to make the most efficient use of donated commodities, especially seasonal fresh fruits and vegetables. We offer 1% and skim milk in a variety of flavors, as well as 100% fruit and vegetable juices.

Federal Meal Reimbursement	\$1,417,963.30
USDA Reimbursement	\$108,885.99
(Commodity food)	
# of Schools Participating	4
Total Lunches Served	233,330
Total Breakfast Served	133780
Total Afterschool Snacks Served	25110

## School Breakfast

The School Breakfast Program (SBP) was established in 1966. School districts receive federal reimbursement for each school breakfast served that meets the U.S. Department of Agriculture's nutrition guidelines.

Studies show that children who participate in the School Breakfast Program have significantly higher standardized achievement test scores than non-participants. Children with access to school breakfast also had significantly reduced absence and tardiness rates.

## After-School Snack Program

The After-School Snack Program allows after-school care programs with regularly scheduled activities in an organized, structured environment to provide and claim reimbursement for snacks served to school-age children in schools with 50% or more free and reduced rates.

## Summer Feeding Program

The Danville Independent School District offers a Summer Feeding Program which accommodates children in the community up to 18 years of age a free breakfast, lunch and supper during non-school days.

Federal Reimbursement \$209,191.88

Total Meals Served

Breakfast	26355
Lunch	27220
Participating Locations	10

"Protecting children's health and cognitive development may be the best way to build a strong America."

— Dr. J. Larry Brown, Tufts University School of Nutrition



\*A list of food and beverage items available to students during the day can be downloaded from our web site at [www.danvilleschools.net](http://www.danvilleschools.net)

Food and beverage items that are sold as extras on the cafeteria lines or through vending machines or school stores all meet the minimum nutritional standards required by the Kentucky Board of Education. These standards are designed to limit access to items with little or no nutrient density.