

FEBRUARY 2024

PRESTON PUBLIC SCHOOLS



ADDITIONAL CHOICES AVAILABLE DAILY. CHOICES ARE PB&J, TURKEY SANDWICH, CHEF SALAD OR CHEF'S SPECIAL. BREAD OFFERINGS ARE WHOLE GRAIN. MILK OFFERINGS ARE 1% WHITE OR FAT FREE FLAVORED. MILK IS OFFERED AT EVERY MEAL.



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



BREAKFAST IS FREE FOR EVERYONE!!!
LUNCHES:
CHILD- \$3.75
ADULT- \$4.00

MOZZERELLA STICKS **1**
CARROTS
BREADS
APPLESAUCE
MILK

PIZZA **2**
TOSSED SALAD
STRAWBERRIES
MILK

CHICKEN NUGGETS **5**
BREADSTICK
FRENCH FRIES
CORN
STRAWBERRY CUP
MILK

HOT DOG ON A BUN **6**
BAKED BEANS
BROCCOLI
PEARS
MILK

CHICKEN PATTY **7**
ON A BUN
FRENCH FRIES
PEAS AND CARROTS
MIXED FRUIT, MILK

CHEESEBURGER ON **8**
A BUN
SWEET POTATO FRIES
GREEN BEANS
PEACHES, MILK

FRENCH BREAD PIZZA **9**
TOSSED SALAD
APPLESAUCE
MILK

CHICKEN NUGGETS **12**
FRENCH FRIES
CORN
APPLE
MILK

QUESADILLA **13**
RICE & BEANS
CORN
PEACHES
MILK

PASTA W/ MEATSAUCE **14**
GARLIC KNOT
GREENBEANS
MIXED FRUIT
MILK

MOZZERELLA STICKS **15**
CARROTS
BREADS
APPLESAUCE
MILK

PIZZA **16**
TOSSED SALAD
STRAWBERRIES
MILK

PRESIDENTS DAY **19**

BEEF NACHOS **20**
BEANS & CORN
PEARS
MILK

CHEESEBURGERS **21**
FRENCH FRIES
BROCCOLI
ORANGES
MILK

FRENCH TOAST STICKS **22**
SAUSAGE
HASHBROWNS
CARROTS
PEACHES & MILK

PIZZA **23**
TOSSED SALAD
STRAWBERRIES
MILK

CHICKEN PATTY **26**
FRENCH FRIES
CORN
APPLE
MILK

SOFT SHELL TACO **27**
RICE & BEANS
CORN
PEACHES
MILK

PASTA W/ MEATSAUCE **28**
GARLIC KNOT
GREENBEANS
MIXED FRUIT
MILK

MOZZERELLA STICKS **29**
CARROTS
BREADS
APPLESAUCE
MILK

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER 2024