

GIRLS LACROSSE



COME PLAY LACROSSE!

No experience needed!

- Indoor Practice—January/February

7th/8th grade

Mondays/Thursdays 6-8pm

6th grade and down

Tuesdays/Thursdays 5-6:30pm

- Location varies
- What to bring:
 - Mouthguard
 - Water
 - Running shoes (no Cleats indoors).
 - Positive Attitude
 - A Friend interested in Lacrosse
- We move practice outside in March
- Game/Tournament Season in April/May
- Join remind for updates and practice location:

7th & 8th grade text **@plyl24 to 81010**

6th grade & under text **@cda8c4 to 81010**



Call/text with questions:

7/8 Head Coach

Autumn McCutcheon 330-697-2331

5/6 Head Coach

Erin Metzger 330-413-7988

3/4 Head Coach

Deb Geiger 330-612-1577

