Dear Parents and Guardians,

Welcome to the 2023-24 Spring MAPS Catalog! In each of our MAPS offerings we strive to reinforce The Meadows School Core Values of Scholarship, Character, Community, Inclusion, and Discovery. This catalog provides a well-rounded enrichment portfolio of after-school offerings available for students in grades PreK-5th. MAPS is so much more than just after-school care; MAPS is an exciting and engaging enrichment experience that strives to broaden your student’s overall educational experience at TMS. Families are encouraged to explore these opportunities to help students discover their passions!

In the Spring Catalog, we are excited to provide the largest variety of classes we’ve ever been able to offer. There are several new exciting first-time classes to take note of: Skateboarding: The First Step, which is a fun introduction to skateboarding; Astro Club, which explores the starts and outer space; and Rocketry, where students will learn how to create and use their very own rockets! We are also excited to introduce LEGO Discovery 2, which is an advanced STEM class where students will use software and hardware to code their LEGO creations to perform tasks! We hope you will also consider our new Stop Motion Animation class that promises to be a unique, creative, and engaging art form.

We consistently strive to offer MAPS classes that help build foundational knowledge and skills for flagship programs at TMS such as robotics, the arts, and speech & debate. Please consider foundational classes like Bookworms, Art Exploration, Debate, Chess, and Drama as a part of your diverse enrichment experience in MAPS!

If you have any MAPS related questions or concerns, please reach out via email at support@themeadowsschool.org.

Important dates for the MAPS Winter Trimester:
• Registration opens: Monday, January 29 @ 6:00 p.m.
• Registration closes: Tuesday, February 13 @ 11:59 p.m.
• Spring Session: Wednesday, February 21 - Wednesday, May 22

Spring Dates with No MAPS:
• Monday, February 19 - Presidents Day, No School
• Tuesday, February 20 - Teacher In-Service, No School
• Friday, March 8 - Half-Day Dismissal
• Monday, March 11 - Friday, March 15 - Spring Break, No School
• Monday, April 1 - Founders’ Day, No School
• Tuesday, April 2 - Teacher In-Service, No School
• Friday, April 26 - Spring Carnival, No MAPS
• Thursday, May 23 - Half-Day Dismissal, Last Day of School for Beginning School and Lower School

MAPS registration takes place within the myMeadows Parent Portal. Please use your existing account, along with VC Pay, to complete registration. Please note these important details:
• Registration is complete and space is reserved once payment is made.
• Once payment is received no refunds can be issued, registration is finalized.

Sincerely,
Jeremy Wells
Manager of Auxiliary Programs
Register online at myMeadows

MAPS Course Descriptions

**DAILY**

**Early Drop-Off - 7:00 a.m.**
Grades: K - 5  
Instructor: TMS Faculty/Staff  
Tuition: $100 per day, per trimester  
Location: Lower School  
Drop-off: Between 7:00 and 7:20 a.m. at the Lower School

Students arriving at school early will receive a snack and have the opportunity to engage with educational games and activities.

**Study Hall, Tutoring & Personal Pursuits - 3:30-4:30 p.m.**
Grades: K - 5  
Instructor: TMS Faculty/Staff  
Tuition: $225 per day, per trimester  
Location: Lower School  
Pick-up: By 4:30 p.m. at the Lower School

Students will primarily have time to complete homework before they are released for free play. TMS staff will help provide support for homework, projects, or test prep. High school student tutors are also available to be arranged through Student Services. After homework your child will enjoy activities such as board and card games, painting and crafts, or recess outside with friends.

**Early Drop-Off - 7:30 a.m.**
Grade: PreK  
Instructor: TMS Faculty/Staff  
Tuition: $100 per day, per trimester  
Location: Lower School  
Drop-off: Between 7:35 and 7:55 a.m. at the Lower School

Students arriving at school early will receive a snack and enjoy discovery learning centers until they are walked to the Beginning School. Drop off is available as early as 7:00am if coordinated in advance with MAPS Staff.

**Late Pick-Up - 4:30-6:00 p.m.**
Grades: K - 5  
Instructor: TMS Faculty/Staff  
Tuition: $115 per day, per trimester  
Location: Lower School  
Pick-up: By 6:00 p.m. at the Lower School, 702-575-1502

Students coming from MAPS will have time to eat a snack and finish their homework. Then, students will enjoy activities such as board and card games, painting and crafts, or building activities with their friends until they are picked up. Weather permitting, they may enjoy supervised recess time outside.

Drop-in (3:30-4:30 p.m. for both Lower and Beginning School) is available in urgent circumstances at $25/day/child and must be coordinated in advance via email to support@themeadowsschool.org.
BEGINNING SCHOOL

Fun Fong Academy
TMS Instructors: Ms. Fong & Ms. McCrossan
Location: Beginning School
Grades: PreK
Tuition: $225 per trimester
Pick-up: 4:30 p.m.

Our youngest Mustangs will tap into their imagination through play. Students will work together to make creations, discover their interests, and have some fun!

Tennis - Beginner Skills Clinic
Instructor: TMS Tennis Staff
Location: TMS Tennis Complex
Grades: PreK (recommended for ages 4 and 5)
Tuition: $225
Pick-up: 4:30 p.m.

This course is for students having varying levels of experience or no formal experience at all. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students may wear school uniforms with tennis shoes. Students may provide their own racket or use one of the available loaner rackets.

LOWER SCHOOL

Archeology
Instructor: Angelo Robledo
Location: Lower School
Grades: 4 - 5
Tuition: $225
Pick-up: 4:30 p.m.

Learn the basics of archeology from an actual archaeologist! Angelo Robledo leads this growing archeology program for MAPS students. Learn about ancient artifacts, build replica tools, and engage with history in new and amazing ways!

Archery
TMS Instructor: Ginnae Stamanis
Location: Lower School
Grades: 4 - 5
Tuition: $225
Pick-up: 4:30 p.m.

Joins us and learn the basics of archery! We provide the equipment: Genesis beginner compound bows. Students will learn safety, form, aiming, scoring, and courtesy. Archery students are also invited to participate in possible archery tournaments and compete against other schools and other archers.
Astro Club  
Instructor: Katie Toma  
Location: Lower School  
Grades: K - 2  
Tuition: $225  
Pick-Up: 4:30 p.m.

Join us at the Astro Club, where we dive into captivating activities to discover the wonders of planets! Join us as we create planetary models, embark on thrilling virtual journeys to explore distant worlds, plan out-of-this-world habitats in space, and soak in the excitement of learning.

Beginning Violin  
TMS Instructor: Denitza Larsen  
Location: CFA  
Grades: PreK - 2 (PreK students must be 5+ years old)  
Tuition: $225  
Pick-Up: 4:30 p.m.

This exciting course is designed to give students the opportunity to begin their musical journey on the violin in a fun, supportive group setting. The Strings program is one of the fastest growing music programs at TMS. An adult must be in attendance for all class sessions. Parent involvement in early instrument training is crucial. Students must provide their own instrument by the third week of class. Instructions on acquiring an instrument will be given at the first class.

Cheer  
Instructor: Maria Rosenow  
Location: Upper School Common  
Grades: 3 - 5  
Tuition: $225  
Pick-Up: 4:30 p.m.

Give me a M-U-S-T-A-N-G! Intro to cheer and tumbling course will consist of chants, jumps, tumbling, choreography, and basic technique. This offering will culminate with a cheer presentation for family and friends at the end of the school year.

E-Sports  
Instructor: Franke Sisto  
Location: Lower School  
Grades: K - 2  
Tuition: $225  
Pick-up: 4:30 p.m.

Explore the world of E-Sports! This course will provide students with a chance to compete against themselves and others in head-to-head and team competitions. Various gaming consoles will be used. All games will be age appropriate.

Gaga Ball & Other Games  
Instructor: Caroline Trunoske  
Location: Various  
Grades: 1 - 5  
Tuition: $225  
Pick-up: 4:30 p.m.

Have fun and work hard on team-building while playing Gaga ball! Gaga ball is a fast-paced, exciting variation of dodgeball played inside a Gaga ball Court. Though Gaga ball is the focus of the class, other games will be played as well with feedback from the students in the class.

Garden Discovery  
Instructor: Christian Ramos  
Location: Lower School Garden  
Grades: 2 - 5  
Tuition: $225  
Pick-up: 4:30 p.m.

This is an exciting time for our garden! In the Spring term students will get their hands dirty in the garden to help prepare produce and herbs that will be used during the school day lunch service. They will also prepare for a market where the class will be invited to sell what they have grown in the garden. Students will learn the art of gardening through hands-on practice, through arts and crafts, and creative games.

Guitar - Beginner  
TMS Instructor: Edward Judd  
Location: Peccole CFA  
Grades: 1 - 5  
Tuition: $225  
Pick-up: 4:30 p.m.

This course is for students with little or no guitar experience. Instruction will include everything from the basics of playing to performing as an ensemble. Students will learn how to read music, technique, team work, and preparation in performance. Students must provide their own instruments.
Pop-Arts & Crafts
Instructor: Meghan Johnson
Location: Lower School
Grades: K - 5
Tuition: $225
Pick-up: 4:30 p.m.
Help grow your creativity with fun weekly arts and crafts projects based off of changing popular culture themes. One week you make a Pokémon Wall-Hanging Plate, and the next you might find yourself in a Marvel Claymaking Class. Each week is a new surprise! Please note that classes may watch age appropriate movies or listen to related music to enhance the week’s pop-art related theme.

Skateboarding: The First Step
TMS Instructor: Tim Lay
Location: Lower School
Grades: 4 - 5
Tuition: $225
Pick-up: 4:30 p.m.
This class is designed for the Beginner in mind but will progress as fast as the student learns. Students will be taught the basic components of a skateboard, their stance, how to push and turn, and how to safely stop. Students will then progress to basic tricks, stationary 180s, tic-tacs, and more! A skateboard and helmet are required for participation. Knee, elbow, and wrist guards are encouraged. The instructor will have scheduled opportunities to join him at a skate shop for help with acquiring appropriate gear.

Soccer & League Play
Instructor: Esteban Vazquez & Julio Borjas
Location: Lower School
Grades: 3 - 5 (Boys Competitive)
Tuition: $300
Pick-up: 4:30 p.m.
Students will work to improve their soccer skills as a part of an official TMS Soccer Team with league games through the NCSAA. Each week, we will focus on passing drills, defending, attacking, shooting, and/or other fun and engaging activities in preparation for weekly games against other local schools! 3-5 Boys team will compete in an 8v8 competitive league.

Soccer & League Play
Instructor: Esteban Vazquez & Julio Borjas
Location: Lower School
Grades: 3 - 5 (Girls Competitive)
Tuition: $300
Pick-up: 4:30 p.m.
Students will work to improve their soccer skills as a part of an official TMS Soccer Team with league games through the NCSAA. Each week, we will focus on passing drills, defending, attacking, shooting, and/or other fun and engaging activities in preparation for weekly games against other local schools! 3-5 Girls team will compete in an 8v8 competitive league.

Sports of All Sorts
TMS Instructor: Nick DiPasquale
Location: Lower School
Grades: K - 2
Tuition: $225
Pick-up: 4:30 p.m.
In this fun and exciting sampler class, students will have the opportunity to participate in a number of popular sports and playground activities (e.g., basketball, soccer, flag football, volleyball, T-ball/baseball, kickball, four square, dodgeball, capture the flag, and even badminton) in a fun, unintimidating environment. Lessons are designed to introduce students to the basic rules of each game and increase their level of confidence and curiosity to develop new skills. So come discover your passion in Sports of All Sorts!
**BEGINNING SCHOOL**

**Pop-Arts & Crafts**
- Grades: PreK
- Instructors: Meghan Johnson & Catherine Heath
- Location: Beginning School
- Tuition: $225
- Pick-up: 4:30 p.m.

Help grow your creativity with fun weekly arts and crafts projects based off of changing popular culture themes. One week you make a Pokémon Wall-Hanging Plate, and the next you might find yourself in a Marvel Claymaking Class. Each week is a new surprise! Please note that classes may watch age appropriate movies or listen to related music to enhance the week's pop-art related theme.

**BINGO**
- Grades: PreK
- TMS Instructors: Kaylyn Fong & Jaimee Scoggins
- Location: Beginning School
- Tuition: $225
- Pick-up: 4:30 p.m.

Learn letters, colors, shapes, and numbers through fun activities, variations of the game of BINGO, and crafts. MAPS BINGO focuses on having an enjoyable time while still learning foundational skills and knowledge.

**LOWER SCHOOL**

**Archeology**
- Grades: 2 - 3
- TMS Instructor: Angela Robledo
- Location: Lower School
- Tuition: $225
- Pick-up: 4:30 p.m.

Learn the basics of archeology from an actual archaeologist! Angelo Robledo leads this growing archeology program for MAPS students. Learn about ancient artifacts, build replica tools, and engage with history in new and amazing ways!

**Art Exploration**
- Grades: K - 2
- TMS Instructor: Rachel Martin
- Location: Peccole CFA
- Tuition: $225
- Pick-up: 4:30 p.m.

This course is project based. Students will explore a variety of art mediums including watercolors, oil pastels, chalk pastels, acrylic painting, ceramics, and sculpture while learning about artists and various art techniques.

**Bookworms**
- Grades: K - 2
- TMS Instructor: Ashlyn Davey
- Location: Lower School
- Tuition: $225
- Pick-up: 4:30 p.m.

Dive into the magic world of imagination through stories, books, activities and art! This course will begin with students listening to and/or reading a story followed by an activity based off of the day's book. Students will explore their passion for books and stories in new and exciting ways.

**Chess**
- Grades K - 5
- Instructor: Ryan Phillips
- Location: Lower School Common
- Tuition: $225
- Pick-up: 4:30 p.m.

Welcome to the journey of the 64 squares! Appropriate for those who already have a foundational knowledge of the rules of the game, this class will be a study of tactics and pattern recognition. Famous games will be discussed and analyzed with the assistance of computer engines. Students will develop their skills and learn to explain their moves. “When you think you see a good move, find a better one.”
Drama
TMS Instructor: Tim Burris
Location: Peccole CFA
Grades: K - 2
Tuition: $225
Pick-up: 4:30 p.m.
Students will explore movement, improvisation, proper vocal production, and stretch their creativity. There will be a demonstration that parents can attend and participate in at the end of the trimester.

Early Buzzers Quiz Bowl
TMS Instructor: Matt Albert
Location: Lower School
Grades: 5
Tuition: $225
Pick-up: 4:30 p.m.
Quick! What’s the capital of Nevada? If you knew it was Carson City, hit that buzzer for 10 points and join this club to sharpen your Quiz Bowl skills! The TMS middle school program is currently in the middle of a successful 2023-24 season, including a defense of its regular season title, upcoming appearances at the Conference and State Tournaments, and a trip to the National Championships in Chicago in May. Now here’s a chance to learn some competitive secrets from one of the top programs in the state of Nevada. Sessions will mostly consist of practice matches designed to introduce students to the basics of Quiz Bowl and get them used to being at the buzzers. Students who take this course will be well prepared to join the team at the start of 6th grade.

E-Sports
TMS Instructor: Franke Sisto
Location: Lower School
Grades: 3 - 5
Tuition: $225
Pick-up: 4:30 p.m.
Explore the world of E-Sports! This course will provide students with a chance to compete against themselves and others in head-to-head and team competitions. Various gaming consoles will be used. All games will be age appropriate.

Little Chefs Cooking Club
Instructor: Monica Rodriguez
Location: Lower School
Grades: 1 - 5
Tuition: $225
Pick-up: 4:30 p.m.
Students will learn the basics of what it means to be a chef! How do we prep for a meal? How do we follow a recipe? Students will learn through practical hands-on cooking in the classroom each week. Little Chefs Cooking Club will help foster kitchen confidence and help grow their creativity. Students can enjoy their creations and eat them or take them home at the end of class. Students will create 10 unique meals over the 12 week course.
Mixed Martial Arts
Instructor: Destiny Health - Eddie Yagin
Location: Lower School Common
Grades: 3 - 5
Tuition: $225
Pick-up: 4:30 p.m.
This course will teach the basic fundamentals of mixed martial arts such as Brazilian jiu jitsu, boxing, and muay Thai kickboxing. It is geared to strengthen the students' physically and mentally as well as help them develop leadership and confidence skills. The course will consist of a warm-up of basic fundamentals, followed by drills of fundamentals, partner exercises, and finally a section of cardio. Students will be grouped by age and skill level. The course also focuses on student's ability to identify bullying and prepared to control situations instead of reacting. Lessons are adjusted for appropriate age groups including tumbling and coordination for younger students.

Rocketry
Instructor: Katie Toma
Location: Lower School Field
Grades: 3 - 5
Tuition: $225
Pick-up: 4:30 p.m.
Embark on a thrilling journey with Rocketry—an interactive class that takes your child's learning to new heights! Join us as we harness the power of Recyclables to construct awesome rocket models. Dive into the fascinating realms of physics, engineering, and the environmental impact of space travel, all while exploring innovative solutions. Get ready for an out-of-this-world adventure that's as educational as it is exciting!

Sewing & Crochet
TMS Instructor: Martha O'Kelley
Location: Lower School
Grades: 3 - 5
Tuition: $225
Pick-up: 4:30 p.m.
The beginner’s class for sewing and crocheting is designed to introduce you to the basic techniques of these two popular crafts. You will learn how to use a sewing machine and hand-sew, as well as how to hold a crochet hook and create basic stitches!

Tennis
Instructor: TMS Tennis Staff
Location: TMS Tennis Complex
Grades: K - 5
Tuition: $225
Pick-up: 4:30 p.m.
This course is for students having varying levels of experience. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students may wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.
BEGINNING SCHOOL

Math Wizards
Instructor: Katie Toma & Jaimee Scoggins
Location: Beginning School
Grades: PreK
Tuition: $225
Pick-up: 4:30 p.m.
Explore the vibrant world of Dots and Numbers, a dynamic and hands-on club designed for students to play and interact with dots and numbers. Uncover a profound understanding of numbers and fundamental operations, while also honing critical thinking, number sense, memory, and decision-making skills. Get ready for an exciting journey into the realm of mathematical discovery!

Bookworms
Instructor: Shyla McCrossan & Barbara Lees
Location: Beginning School
Grades: PreK
Tuition: $225
Pick-up: 4:30 p.m.
Dive into the magic world of imagination through stories and art! This course will begin with students listening to a story read by the teacher followed by a hands-on craft related to the story.

LOWER SCHOOL

Art Exploration
Instructor: Rachel Martin
Location: Peccole CFA
Grades: 3 - 5
Tuition: $225
Pick-Up: 4:30 p.m.
This course is project based. Students will explore a variety of art mediums including watercolors, oil pastels, chalk pastels, acrylic painting, ceramics, and sculpture while learning about artists and various art techniques.

Brain Teasers
Instructor: Meghan Johnson
Location: Lower School
Grades: K - 5
Tuition: $225
Pick-Up: 4:30 p.m.
Come join in on the fun and challenge your brain! Our brain is so important and we need to keep it healthy. In this class you will get to experience different activities that will train, strengthen, and calm your mind. Some of the fun things you can anticipate are escape room activities, puzzles, brain teaser, hands on physical brain games that challenge your brain and body, brain break activities to calm your mind, and much more! All activities are adapted to be age appropriate for all participants.
<table>
<thead>
<tr>
<th>Course</th>
<th>Grades</th>
<th>Instructor</th>
<th>Location</th>
<th>Tuition</th>
<th>Pick-Up</th>
</tr>
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<tbody>
<tr>
<td>Creative Expressions</td>
<td>4 - 5</td>
<td>Grayson Bell</td>
<td>Lower School</td>
<td>$225</td>
<td>4:30 p.m.</td>
</tr>
<tr>
<td>Dance</td>
<td>2 - 5</td>
<td>E’Dawn Severance</td>
<td>Peccole CFA</td>
<td>$225</td>
<td>4:30 p.m.</td>
</tr>
<tr>
<td>Debate</td>
<td>3 - 5</td>
<td>Angelo Robledo</td>
<td>Lower School</td>
<td>$225</td>
<td>4:30 p.m.</td>
</tr>
<tr>
<td>Experiments and Reactions</td>
<td>2 - 5</td>
<td>Caroline Trunoske</td>
<td>Lower School</td>
<td>$225</td>
<td>4:30 p.m.</td>
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<tr>
<td>Garden Discovery</td>
<td>K - 3</td>
<td>Christian Ramos</td>
<td>Lower School Garden</td>
<td>$225</td>
<td>4:30 p.m.</td>
</tr>
<tr>
<td>Handbell Choir</td>
<td>4 - 5</td>
<td>Natalie Sullivan</td>
<td>Peccole CFA</td>
<td>$225</td>
<td>4:30 p.m.</td>
</tr>
</tbody>
</table>

A class focused on supporting students in finding their creative voice and exploring their preferred outlet. This class will introduce students to poetry, free-writing, and even songwriting! This class is led by Upper School Academic Coach, Grayson Bell, who brings creative flare and fosters an extensive social-emotional learning experience.

Come out and move to the music! In this course, students will explore different styles and types of dance moves. From everyday dances to those with a more modern feel, students will discover the joy of moving to music.

Learn and practice debate and argumentation skills in a comfortable and non-competitive environment. Students will learn about logical reasoning, persuasive speaking strategies, and how to research both sides of a topic. Students will also be introduced to competitive debate events that they may be interested in joining in Middle and Upper School.

Learn the science behind super cool experiments and reactions that will blow your mind! Learn the science, make a mess, and have tons of fun in the process!

This is an exciting time for our garden! In the Spring term students will help prepare produce and herbs that will be used during the school day lunch service. They will also prepare for a market where the class will be invited to sell what they have grown in the garden. Students will learn the art of gardening through hands-on practice, through arts and crafts, and creative games.

Handbell Choir is a fantastic way for students to learn the basics of music, musical performance, and music theory. There is no prerequisite knowledge or skills required. This class will culminate with a handbell performance for families!
Intermediate Violin
TMS Instructor: Denitza Larsen
Location: Peccole CFA Orchestra Room
Grades: K - 3
Tuition: $225
Pick-up: 4:30 p.m.

This exciting course is designed to give students the opportunity to progress in their musical journey on the violin in a fun, supportive group setting. The Strings program is one of the fastest growing music programs at TMS. As a requirement for this MAPS class, parent participation is expected for the final 15 minutes of each class. Parent involvement in early instrument training is crucial. Students must provide their own instrument by the third week of class. Instructions on acquiring an instrument will be given at the first class. Students must also be receiving additional violin lessons outside of the TMS setting.

Stagecraft and Tech Theater
Instructor: Alexis Dagenais
Location: Peccole CFA
Grades: 1 - 5
Tuition: $225
Pick-up: 4:30 p.m.

There is so much more to theater than just performing! If you have an interest in using your hands, playing games, creating things, working on a team, or learning about the “behind the scenes” of theater and movies, then this is the MAPS class for you! Topics to be explored include jobs in theatre, costume design, lighting design, sound design, set design, painting, drawing, team-building games, and more.

Tennis Clinic
Instructor: TMS Tennis Staff
Location: TMS Tennis Complex
Grades: K - 5
Tuition: $225
Pick-up: 4:30 p.m.

This course is for students having varying levels of experience. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students may wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.
BEGINNING SCHOOL

Little Scientists
Instructor: Shyla McCrossan & Barbara Lees
Location: Beginning School
Tuition: $225
Pick-up: 4:30 p.m.
Grades: PreK
Harness curiosity and wonder through simple science experiments! In this course, students will learn how to observe, investigate, and explore the world around them. All of the experiments will involve common items that can be found at home so students can share their learning with others.

Friendship Fun & Games
Instructor: Antonia Best & Jaimee Scoggins
Location: Beginning School
Tuition: $225
Pick-up: 4:30 p.m.
Grades: PreK
In this class students will read books that promote what it means to be a good friend. They will do team building games and activities that help practice the skill of the day. Students will learn a variety of positive character words and what it means to apply them to their friendships.

LOWER SCHOOL

Dance
TMS Instructor: E’Dawn Severance
Location: Peccole CFA
Tuition: $225
Pick-up: 4:30 p.m.
Grades: K - 2
Come out and move to the music! In this course, students will explore different styles and types of dance moves. From everyday dances to those with a more modern feel, students will discover the joy of moving to music.

Drama
TMS Instructor: Tim Burris
Location: Peccole CFA
Tuition: $225
Pick-up: 4:30 p.m.
Grades: 3 - 5
Students will explore movement, improvisation, proper vocal production, and stretch their creativity. There will be a demonstration that parents can attend and participate in at the end of the session.

Mixed Martial Arts
Instructor: Eddie Yagin
Location: Lower School Common
Tuition: $225
Pick-up: 4:30 p.m.
Grades: K - 2
This course will teach the basic fundamentals of mixed martial arts such as Brazilian jiu jitsu, boxing, and muay Thai kickboxing. It is geared to strengthen the students’ physically and mentally as well as help them develop leadership and confidence skills. The course will consist of a warm-up of basic fundamentals, followed by drills of fundamentals, partner exercises, and finally a section of cardio. Students will be grouped by age and skill level. The course also focuses on student’s ability to identify bullying and prepared to control situations instead of reacting. Lessons are adjusted for appropriate age groups including tumbling and coordination for younger students.

Public Speaking
Instructor: Angelo Robledo
Location: Lower School
Tuition: $225
Pick-up: 4:30 p.m.
Grades: 3 - 5
Learn and practice public speaking and presentation skills in a comfortable and non-competitive environment. Students will learn about different styles of public speaking and speech writing useful both for their academic and professional careers. Students will also be introduced to competitive public speaking events that they may be interested in joining in Middle and Upper School.

Soccer & League Play
Instructor: Esteban Vazquez & Julio Borjas
Location: Lower School
Tuition: $300
Pick-up: 4:30 p.m.
Grades: K - 1 (co-ed)
Students will work to improve their soccer skills as a part of an official TMS Soccer Team with league games through the NCSAA. Each week, we will focus on passing drills, defending, attacking, shooting, and/or other fun and engaging activities in preparation for weekly games against other local schools! K-1 Team will compete in an outdoor 6v6 recreational league.
Soccer & League Play
Instructor: Esteban Vazquez & Julio Borjas
Location: Lower School
Grades: 2 - 3 (co-ed)
Tuition: $300
Pick-up: 4:30 p.m.
Students will work to improve their soccer skills as a part of an official TMS Soccer Team with league games through the NCSAA. Each week, we will focus on passing drills, defending, attacking, shooting, and/or other fun and engaging activities in preparation for weekly games against other local schools! 2-3 Team will compete in an outdoor 8v8 recreational league. (Competitive league play for 3-5 is available on Mondays.)

Sports of All Sorts
TMS Instructor: Nick DiPasquale
Location: Lower School
Grades: 3 - 5
Tuition: $225
Pick-up: 4:30 p.m.
In this fun and exciting sampler class, students will have the opportunity to participate in a number of popular sports and playground activities (e.g., basketball, soccer, flag football, volleyball, T-ball/baseball, kickball, four square, dodgeball, capture the flag, and even badminton) in a fun, unintimidating environment. Lessons are designed to introduce students to the basic rules of each game and increase their level of confidence and curiosity to develop new skills. So come discover your passion in Sports of All Sorts!

Stop Motion Animation
Instructor: Katie Toma
Location: Lower School
Grades: 3 - 5
Tuition: $225
Pick-up: 4:30 p.m.
Stop Motion Animation is an interactive and engaging art form that promises fascination and rewards. This creative endeavor demands patience, meticulous attention to detail, and a generous dose of creativity. The process involves thoughtful planning, utilizing both traditional and digital tools and techniques, and strongly emphasizing storytelling and character development. Get ready to bring your imagination to life frame by frame!

Tennis Clinic
Instructor: TMS Tennis Staff
Location: TMS Tennis Complex
Grades: K - 5
Tuition: $225
Pick-up: 4:30 p.m.
This course is for students having varying levels of experience. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students may wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.

Volleyball
Instructor: Kathy Brennan
Location: Lower School
Grades: 3 - 5
Tuition: $225
Pick-up: 4:30 p.m.
Learn and hone volleyball skills! This is a co-ed class for 3rd-5th graders of any level of experience. While we will have rallies within our time, there is no game commitment in the spring volleyball class.

Yoga - Art Through Movement
Instructor: Cheryl Slader
Location: Lower School
Grades: K - 5
Tuition: $225
Pick-up: 4:30 p.m.
Art and Yoga will combine Yoga asanas (poses) and expressive art to open the mind and spirit in a supportive and relaxing environment. Students will practice and learn relaxation, meditation, breathing and gentle movement techniques to balance body, mind and spirit.
BEGINNING SCHOOL

Music and Movement
Instructor: Shyla McCrossan & Antonia Best
Location: Beginning School
Grades: PreK
Tuition: $225
Pick-up: 4:30 p.m.

Clap to the beat and wiggle to the words! This course is geared to spark students’ interest in music and dance through playing simple rhythms, dancing to various types of music, and creating their own instruments.

LOWER SCHOOL

Friday Fun & Games
TMS Instructor: Mary-Beth Cleland
Location: Lower School
Grades: 1 - 5
Tuition: $225
Pick-up: 4:30 p.m.

Join your friends and play a variety of games each class. We focus on fun, sportsmanship, and teamwork. We will be outside as much as possible and will be on the playground and the mall area. Students will have a great time playing both classic and new team games.

LEGO Discovery 2
Instructor: Katie Toma
Location: Lower School
Grades: 2 - 5
Tuition: $225
Pick-up: 4:30 p.m.

This isn’t your typical LEGO Class! Lego Discovery 2 offers an ongoing journey of learning. Throughout the sessions, we will blend hardware and software to craft various objects controlled by programming, unraveling the mysteries of robotics. Employing the Lego SPIKE Education sets, our hands-on class foster creativity and cultivate critical thinking, problem-solving skills, and teamwork. Get ready for a dynamic adventure in the world of robotics!

Minecraft
TMS Instructor: Alexis Dagenais
Location: Lower School
Grades: 3 - 5
Tuition: $225
Pick-up: 4:30 p.m.

Enjoy the ever expanding universe of Minecraft. Use the game as a platform to build upon critical thinking and problem solving skills. The class will include playing the game as well as related games, crafts, and activities.
**Picture Book Pals**
**Instructor:** Karen Williams  
**Location:** Lower School  
**Grades:** K - 2  
**Tuition:** $225  
**Pick-up:** 4:30 p.m.

This class offers students award winning and acclaimed picture books with related Language Arts activities, games, crafts, and art projects.

**Pottery & Free Form Clay**
**TMS Instructor:** Caroline Trunoske  
**Location:** Lower School  
**Grades:** 3 - 5  
**Tuition:** $225  
**Pick-up:** 4:30 p.m.

Join as we explore the world of hands-on artistic creativity with pottery and free form clay! This class will enjoy a wide variety of creations including the basics of using a pottery wheel.

**Tennis Clinic**
**Instructor:** TMS Tennis Staff  
**Location:** TMS Tennis Complex  
**Grades:** K - 5  
**Tuition:** $225  
**Pick-up:** 4:30 p.m.

This course is for students having varying levels of experience. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students may wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.