

SPRING 2024

River Valley **PROJECT EXPLORE**



**SCHOLARSHIP INFO
PAGE 14!**

Classes begin on March 1, 2024

WELCOME

We would like to extend an invitation for you to take part in the variety of activities and services offered through River Valley Project Explore, a Community Education program serving adults with disabilities. The information provided here should give you a close look and better understanding of how our program works and where to acquire additional information that you may need. For over 33 years, Project Explore has been a leader in providing options for adults with disabilities to participate in activities that are specifically designed to meet their diverse needs.

FROM THE DESK OF THE COORDINATOR

Happy 2024! I hope the New Year is starting out well for you. While we have been enjoying many great holiday and winter activities, spring is not too far away. With that, we have a lot of opportunities planned for you to get together with friends in a variety of ways. For over a year there has been four bowling leagues during the week at Bogart's Entertainment Center. They have been filling up quickly, so make sure to register ahead of time!

Plan to attend our 15th annual Waffle Breakfast Fundraiser with Dad's Belgian Waffles. It's a great way to socialize with friends, fill up on waffles and support Project Explore. Bring friends and family to this wonderful event. Last year we had a great turnout of Project Explore friends and supporters! The waffles were delicious!

We have a few new outings planned, some plays and a Safari adventure too! Our Arts & Painting offerings will continue for the spring along with Open Swim where the pool is 89 degrees, relaxing and reserved for Project Explore.

I hope you will join in for some social, recreational and learning opportunities with us this spring.

Questions about participating in Project Explore activities? Please review our Guidelines on page 11.

Many activities fill up quickly, so make sure to register early when possible!



We love our Volunteers!

Project Explore Volunteers are very valuable. Through the generosity of volunteers, we are able to keep our class and activity fees low, allowing individuals to participate in more classes. Project Explore is always looking for volunteers to help with activities. If you, your group or organization would like to volunteer, please let us know. You can send us an email – projectexplore@district196.org – or call our office – 651-423-7931.



Project Explore Staff

Coordinator Patty Vance
Instructors and Staff Pat Bauer, Sue Butzer, Delaney Cashin, Gabby Coggshall, Nick Cobbett, Julie Davis, Kathy Field, Hannah Germann, Caroline Gettz, Anita Groen, Victoria Hamilton, Julie Harding, Yayra Keptsu, Janet Larson, Emily Messick, Jill Milbauer, Megan Moe, Monica Mohn, Betsy Ritschel, Angila Schmidtke, Jen Soller, Carla Student, Julie Swanson

Project Explore Advisory Council

Jane Anderson	Caroline Gettz	Kevin Johnson
Ian Mayes	Dave Modrynski	Megan Moe
Sona Parker	Greg Paulson	Leah Paulson
Kelly Ruiz	Denise Weber	Dottie Woodruff
Barb St. Aubin	Patty Vance	

Advisory Council members meet bi-monthly to discuss providing services and programming. They develop collaborations to benefit the ongoing educational, recreational and social needs of adults with disabilities living within the five school districts of the consortium. Interested in becoming part of the Council? Contact Patty Vance for information.

RVPE Foundation

Our mission is to seek funding resources and effectively manage funds to support River Valley Project Explore. The Foundation will work cooperatively with the Project Explore Advisory Council and program staff to support advocacy and fundraising programs as well as the disbursement of funds that ensure the program's ongoing success.

The Foundation is focused on expanding programs, classes and opportunities; providing needed equipment for activities, and scholarships for those needing financial assistance.

Board members include: Elaine Becker, Lisa Burns, Nick Cookas, Rick Cotterman, Suzanne Elwell, Jeanne Finch, Larry Hall, Monica Jensen, and Jeff VonHoltum.

ARTS & PAINTING

Blotterflies

Join this activity and learn about color blending art. You will drip drops of paints (red, yellow and blue) on one side of paper, fold with dry side and press. The paints flow and mix. Open up to see new colors, orange, green and purple. With a prepared butterfly outline, you will trace and cut. Clip on clothespins to hold open your beautiful "blotterfly". Set it on a shelf, table or window. You can make multiple blotterflies and each one will be your unique creation of blended colors!

Friday, March 15
Southview Elementary

6:30-8:00 pm
\$12 per person

PEEP PEEP PEEP

Learn about chalk silhouette art in this activity with Kathy. Using precut shapes and colorful chalk, you will outline four shapes: a sun, two eggs, grass edge and a newborn chick flapping its wings. Using wet wipes smudge the chalk from the shape edges (stencils) onto the white background. This will be a beautiful work of art for you to display and welcome spring!

Wednesday, March 27
Valley Middle School

6:30-8:00 pm
\$12 per person

Learn and Laugh

Learn about shapes while you listen to a story and enjoy some coloring. Gather around for a few minutes while Kathy reads a short story about an amazing morning, she recently experienced. She'll hold different shapes as she reads the story. There will be lots of coloring to do after the story. You'll color a diamond squirrel with a diamond acorn, a striped banana and more!

Please note that this class meets the same time as Yoga.

Tuesday, April 16
Valley Middle School

6:30-8:00 pm
\$12 per person

What's This I See?

This activity will have you making three pairs of goggles with different colored lenses in each pair. The goggles will be prepared for you to put together. The art teacher will lead this with easy step by step instructions. You will leave with a heart-shaped lens, butterfly-shaped lenses and flower-shaped lenses. All with a variety of colors!

Monday, April 29
Valley Middle School

6:30-8:00 pm
\$12 per person



Happy Fruits

Learn about the art of changing colors. The classroom will be lit up by a big LED ball sitting in a basket. Your instructor will change the light colors as she holds up samples of fruits which will also change colors as they are moved and turned. Afterwards you will create your own colorful fruits to take home.

Thursday, May 2
Southview Elementary

6:30-8:00 pm
\$12 per person

Participants **must** be accompanied to the classroom **no earlier** than 15 minutes prior to the start of an activity/class. **Caregivers/staff must return for pick up 15 minutes prior to the activity/class end time.**

BIG Medium small

Let's take a look at the world's big, medium and small parts. You will use a four-inch square piece of paper as your tool to view items in a new way! There will be some coloring too as you learn in this interesting class.

Tuesday, May 14
Southview Elementary

6:30-8:00 pm
\$12 per person

COOKING



Irish Stew

Join your friends to make this tasty Irish Stew. A perfect way to keep the celebration of St. Patrick's Day going all month long. There will be other side dishes to complete your meal.

Monday, March 18
Valley Middle School

5:30-7:00 pm
\$15 per person

Gluten Free Dinner

Meet up with your friends and learn some new ways to make your dinner gluten free. Even if you don't avoid gluten in your diet, these recipes are sure to please!

Monday, April 15
Valley Middle School

5:30-7:00 pm
\$15 per person

Homemade Pizza

Join Angila and your friends to make a mouth-watering pizza with favorite toppings! Your dinner will be complete with a simple salad and dessert. Such a fun way to learn new skills you can use at home.



Note: You may only sign up for one evening.

Wednesday, May 8
Valley Middle School

5:30-7:00 pm
\$15 per person

Wednesday, May 22
Valley Middle School

5:30-7:00 pm
\$15 per person

Please note that this class meets the same time as Move & Groove.



Leprechaun Wreath

St. Patty's Day isn't the same without a leprechaun! All we need is a hat and some orange tulle and your leprechaun will be ready. What a great way to get your celebration started!

Monday, March 4
Valley Middle School **6:30-8:00 pm**
\$12 per person

Spring Cardmaking

Celebrate spring with friends and loved ones by making beautiful cards to give and let people know you care about them. We will have supplies for Spring, Easter and Mother's Day cards. You can even make birthday cards! You will be able to make an assortment.

Wednesday, March 6
Valley Middle School **6:30-8:00 pm**
\$12 per person

Spring Bunny

This bunny is made with a wooden shaped bunny, cute napkins, a puffy tail and a little modge podge. This sweet bunny will look great hanging on a door. You can also prop him up against a wall, planter or wherever works for you at home.

Monday, March 25
Valley Middle School **6:30-8:00 pm**
\$12 per person

Seashell Planter

Why start your plants in a boring container when you can make a very pretty one with seashells? There will be a large variety of seashells for you to choose from to make your decorative planter. Then you'll glue the shells on in any design you want! Each planter will be one of a kind!

Monday, April 8
Valley Middle School **6:30-8:00 pm**
\$12 per person



Diamond Painting

Bring your own project to work on or we will give you one to start. Come hang out with us while we listen to music and do diamond art creations.

Tuesday, April 23
Valley Middle School **6:30-8:00 pm**
\$12 per person

Bandana Jewelry

Join us to make a set of bracelet bangles along with a necklace using bandanas and beads. It will be the perfect accessory you can enjoy wearing all summer long!

Monday, May 13
Valley Middle School **6:30-8:00 pm**
\$12 per person

Dandelion Painting

Did you know that every part of the dandelion is useful? The root, leaves and flowers can be used for food, medicine and natural dye. We will use toilet paper rolls to paint dandelions and paint the stems onto a black canvas.

Tuesday, May 21
Southview Elementary **6:30-8:00 pm**
\$12 per person



T-Shirt Painting

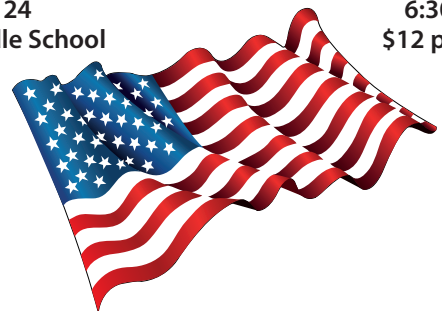
Come to one of our favorite classes and paint a Project Explore T-Shirt. The design is already printed on the shirt, all you have to do is use your creativity and color it! **Please fill in your T-Shirt size when you register. You must register by April 25th** for this activity so your T-shirt can be ordered and printed prior to the class.

Thursday, May 23
Valley Middle School **6:30-8:00 pm**
\$15 per person

Bandana Flag

Plan to display this flag all summer long to show off your patriotism. We will cut strips of bandana and tie them to a dowel. You can hang it up in your home or outside from Memorial Day through Labor Day!

Friday, May 24
Valley Middle School **6:30-8:00 pm**
\$12 per person



DANCES

One caregiver per participant or group home is asked to register and pay for the dance.

St. Patrick's Dance

Wear green and come on out to celebrate the annual Irish holiday called Saint Patrick's Day! It's sure to be a wonderful evening with friends, fun and a lot of green!! There may even be a leprechaun or two at the dance!

Friday, March 8
Valley Middle School  6:30-9:00 pm
\$8 per person

Spring Dance

The flowers are blooming and the weather is warming up. Say good-bye to winter as you celebrate the season of spring.

Friday, April 12
Valley Middle School 6:30-9:00 pm
\$8 per person

Prom/Spring Formal

You are invited to our annual spring formal dance. Put on your dancing shoes and dress up to impress. Bring your housemates, friends or maybe that special someone and make this a night you won't forget.

Friday, May 3
Valley Middle School 6:30-9:00 pm
\$10 per person

ENTERTAINMENT

Movie Night

Get out of the house and join your friends for a fun evening of refreshments and a movie! Check-in time is 5:45-6:00 pm and the movie will begin promptly at 6:05 pm to make sure we are done by 8:00 pm.

Friday, March 1
Valley Middle School  5:45-8:00 pm
\$5 per person

Thursday, April 11
Valley Middle School 5:45-8:00 pm
\$5 per person

Wednesday, May 29
Valley Middle School 5:45-8:00 pm
\$5 per person

Let's Play Cards!

Calling all card players! If you enjoy UNO®, SKIP BO®, Gin Rummy, Go Fish, Old Maid and other card games plan to join your friends for a great night of fun. We will have the cards and some refreshments ready for you.

Thursday, March 21
Valley Middle School 6:30-8:00 pm
\$5 per person

Thursday, April 18
Valley Middle School 6:30-8:00 pm
\$5 per person

Thursday, May 9
Valley Middle School 6:30-8:00 pm
\$5 per person

Participants **must** be accompanied to the classroom **no earlier** than 15 minutes prior to the start of an activity/class. **Caregivers/staff must return for pick up 15 minutes prior to the activity/class end time.**

ENTERTAINMENT



Bingo & Pizza

Let's meet up for a delicious pizza lunch followed by Bingo! What a great way to spend a Saturday afternoon with friends. There will be lots of great prizes for you to choose from as your bingo prize.

Saturday, March 23
Valley Middle School 12:00-2:00 pm
\$9 per person

Saturday, May 18
Valley Middle School 12:00-2:00 pm
\$9 per person

Caregivers need to register and pay \$5 for the pizza lunch.

Craft, Games & Lunch!

Looking for a wonderful break to your Wednesday routine? Join friends at Farmington High School for a great day filled with activities. We will make a craft, play some games and make a delicious lunch to enjoy together.

Wednesday, March 27
Farmington High School 10:00 am-1:00 pm
\$15 per person

Karaoke Night!

Calling all singers! Plan for a great evening of Karaoke as you sing favorite songs with friends. Make sure to include the name of the song you want to sing when you register for this activity. We'll have beverages to keep you hydrated.

Thursday, March 28
Valley Middle School  6:30-8:00 pm
\$5 per person

Thursday, April 25
Valley Middle School 6:30-8:00 pm
\$5 per person

Tuesday, May 28
Valley Middle School 6:30-8:00 pm
\$5 per person

Please note that this class meets the same time as Yoga.

Game Night

Come on out and spend the evening playing games with your friends, both old and new! We'll have all the usual games, cards and puzzles. If you have a favorite game to share, feel free to bring it along. There will be beverages and snacks for you to enjoy while you play.



Thursday, April 4
Valley Middle School 6:30-8:00 pm
\$5 per person

ENTERTAINMENT

Word Search Challenge

Do you enjoy solving word searches? If so, this class is for you! You'll be challenged to see how many hidden words you can find in several puzzles. Remember the words can be hidden backwards, forwards and diagonally. Each participant will receive a word search book to take home. Refreshments will be served.

Wednesday, April 10
Valley Middle School

6:30-8:00 pm
\$6 per person

BINGO!

Time for B-I-N-G-O! Join your friends for an evening playing this fun game. There will be prizes to choose from for every player. We will serve a snack and beverage for you to enjoy while playing bingo with friends.

Friday, April 19
Valley Middle School

6:30-8:30 pm
\$5 per person



Bowling Banquet

Enjoy a delicious meal as you spend an evening off the bowling lanes having some fun and socializing with your teammates and other bowlers. Please indicate on your registration your t-shirt size. Registration for the banquet closes on May 13th. **Caregivers must register and pay \$12 for the banquet dinner.**

Friday, May 17
Messiah Lutheran Church

5:30-7:30 pm
\$12 per person

Game Night & Root Beer Floats

Join your friends for some fun playing games and enjoying delicious boot beer floats. What a great way to end the month of May after the Memorial Day holiday weekend! We'll have some of your favorite games like Sorry, Trouble, Battleship, cards, and puzzles; but feel free to bring your favorite to share with friends.

Friday, May 31
Valley Middle School

6:30-8:30 pm
\$6 per person

HEALTH AND WELLNESS

Open Swim

Enjoy the many benefits of a warm water pool. The water temperature is a relaxing 88 degrees which can soothe sore muscles, offer stress reduction and will feel great! As you move in the pool your body is supported while providing gentle resistance to improve your overall body strength without any joint strain. The pool is reserved just for us for a fun afternoon. Lifeguards will be on duty. Bring your swimsuit, towel, and goggles if desired. If you can't swim or need assistance in the pool, make sure a staff person is able to get into the pool with you.



Saturday, March 9
McGuire Middle School

2:00-3:00 pm
\$5 per person

Saturday, April 13
McGuire Middle School

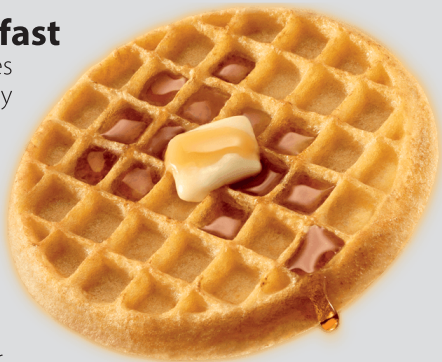
2:00-3:00 pm
\$5 per person

Saturday, May 4
McGuire Middle School

2:00-3:00 pm
\$5 per person

Waffle Breakfast

Dad's Belgian Waffles are back again! Enjoy an all-you-can-eat waffle meal served with sausage, fruit and beverage. The mouth-watering aroma of the waffles will greet you as you walk in the door! Bring your family and invite a friend or two to join you for a delicious meal and help raise money to keep Project Explore program costs down.



Saturday, April 27
Messiah Lutheran Church

8:30-11:30 am
\$10 per person

HEALTH AND WELLNESS

Yoga

Join us for a relaxing evening of stress reduction and meditation through gentle yoga. You will learn breathing techniques and poses to promote strength and wellness. This class is for all levels and abilities. It can be adapted for those with limitations. Wear comfortable clothing, bring a yoga mat or towel along with a water bottle to keep hydrated.

Tuesday, March 12
Valley Middle School **6:30-7:30 pm**
\$5 per person

Tuesday, March 26
Valley Middle School **6:30-7:30 pm**
\$5 per person

Please note that this class meets the same time as Apple Valley Fire Station.

Tuesday, April 16
Valley Middle School **6:30-7:30 pm**
\$5 per person

Please note that this class meets the same time as Learn and Laugh.

Tuesday, April 30
Valley Middle School **6:30-7:30 pm**
\$5 per person

Wednesday, May 15
Valley Middle School **6:30-7:30 pm**
\$5 per person

Tuesday, May 28
Valley Middle School **6:30-7:30 pm**
\$5 per person

Please note that this class meets the same time as Karaoke.



Move & Groove

Join us for stretching and moving to music. We'll also use some hand weights for more muscle toning. This easy exercise class is so much fun you will forget it is good for you! Wear comfortable clothing and tennis shoes. Bring a water bottle and hand weights if you have them.

Wednesday, March 13
Nicollet Middle School **6:30-7:30 pm**
\$5 per person

Wednesday, March 20
Nicollet Middle School **6:30-7:30 pm**
\$5 per person

Wednesday, April 3
Nicollet Middle School **6:30-7:30 pm**
\$5 per person

Please note that this class meets the same time as Apple Valley Fire Station.

Wednesday, April 17
Nicollet Middle School **6:30-7:30 pm**
\$5 per person

Wednesday, May 1
Nicollet Middle School **6:30-7:30 pm**
\$5 per person

Wednesday, May 22
Nicollet Middle School **6:30-7:30 pm**
\$5 per person

Please note that this class meets the same time as Homemade Pizza.



Apple Valley Fire Station

Meet firefighters at Apple Valley Fire Station #1 for an informative evening. The night will focus on fire prevention and education. There will be a truck tour and you'll learn about the tools used, turnout gear and basic first aid. Be prepared and bring your questions for the firefighters.

Note: You may only register for one evening.

Tuesday, March 26
Apple Valley Fire Station #1 **6:00-8:00 pm**
\$5 per person

Please note that this class meets the same time as Yoga.

Wednesday, April 3
Apple Valley Fire Station #1 **6:00-8:00 pm**
\$5 per person

Please note that this class meets the same time as Move & Groove.

IMPORTANT NOTE ABOUT HIKES AND STROLLS:

Staff and parents who need to accompany their clients must stay by them the entire time and keep up with their pace of walking. Please wear appropriate shoes (no flip-flops!) There will be water and snacks at the end so we can have some social time and visit. Please wear sturdy walking shoes, dress for the weather and arrive 10 minutes before activity begins so we can start our hikes and strolls together.

In case of inclement weather, the instructor will contact you to reschedule.

Stroll and Roll Valley Lake Park

Take a nice walk around the paved path and look for geese, ducks and other wildlife. The path is suitable for wheelchairs, mostly flat, but there may be some small hills. Meet on the grass by the parking lot and shelter to sign in.

Saturday, April 20
Valley Lake Park **10:00-11:00 am**
\$5 per person

Stroll & Roll Sunset Pond

We'll walk around Sunset Pond (1.75 miles). You can walk two or three laps if you'd like. If the parking lot is full, please park next door in the office parking lot. (It's okay to park there in the evening.)

Wednesday, April 24
Sunset Pond Park **6:30-7:30 pm**
\$5 per person



HEALTH AND WELLNESS

Hike Whitetail Woods Regional Park

Let's hike Whitetail before all the mosquitos come out! They've made some improvements in the park and have a long boardwalk on one side which will shorten our trail to about 2-1/2 miles (rather than 3-1/2) around Empire Lake. It's also a one-way path. Meet by the Empire Lake Picnic Shelter.

Saturday, May 4
Whitetail Woods Regional Park

10:00-11:30 am
\$5 per person



Stroll & Roll MN Riverfront Park

We'll stroll along the trailhead towards Black Dog Lake and the power plant. You can walk at your own pace and turn around when you get tired. (You must take 35W to Black Dog Road to reach this trailhead).

Friday, May 10
Minnesota Riverfront Park

6:30-7:45 pm
\$5 per person

Hike Holland Lake Trailhead, Lebanon Hills

What a great way to start your Saturday morning! We'll take a 3-mile hike through the rolling hills by Holland Lake. Meet just down the steps from the parking lot.

Saturday, May 25
Holland Lake Trailhead, Lebanon Hills

10:00-11:30 am
\$5 per person

Stroll & Roll Cleary Lake

Join friends for a three-mile paved path around Cleary Lake. We'll meet back by the Activities Building for refreshments afterwards. Meet by the Activities Building-Golf Center parking lot to get started.

Thursday, May 30
Cleary Lake

6:30-8:00 pm
\$5 per person

MUSIC & DRAMA



Elvis - Jailhouse Rock

Capture the moves of this iconic Elvis song. A night to remember and a tribute to the King of Rock & Roll. "Let's rock. Everybody, let's rock!"

Tuesday, March 19
Valley Middle School

6:30-7:30 pm
\$8 per person

Footloose Line Dance

A true classic that will have you singing, jumping, moving your feet and dancing away! "Kick off your Sunday shoes, Everybody cut footloose!"

Tuesday, April 9
Valley Middle School



6:30-7:30 pm
\$8 per person

Classic Line Dances

Enjoy a night filled with all the dances you love! The Wobble, Electric Slide, Cupid Shuffle, Cha Cha Slide and the Macarena. With a review of each we'll be dancing the night away!

Monday, May 6
Valley Middle School

6:30-7:30 pm
\$8 per person



Sing Along

Do you love to sing? If the answer is 'yes' then plan to join Pat, Andy and Nick for a wonderful evening singing your favorite songs. There will be song sheets for you so you can follow along! Beverages will be served.

Friday, March 22
Valley Middle School

6:30-7:30 pm
\$5 per person

Friday, April 26
Valley Middle School

6:30-7:30 pm
\$5 per person



OUT ON THE TOWN

Caregivers need to register and pay for each "Out On The Town" activity.

CANCELLATION POLICY

Cancellations must be made prior to the registration deadline. No refunds will be given once tickets have been purchased.

Safari!

We'll hop on a bus and head to the Maplewood Mall for our Safari adventure! Sustainable Safari has 250 animals that we can visit, feed and learn about. There is a great variety of animals we can see. After visiting the animals, you can grab lunch at the mall food court where there are good options for food. Explore the mall if you'd like. Remember to bring money for your lunch.

Saturday, March 16
Falcon Ridge Middle School

9:15 am-2:00 pm
\$21 per person

OUT ON THE TOWN

Taco Tuesday!

Celebrate Cinco de Mayo with us at Casper's Cherokee in Eagan with friends, all you can eat tacos and fun! This price also includes soda pop and water.



Tuesday, May 7

Casper's Cherokee Room

5:00-7:00 pm

\$13 per person

Matilda - The Musical Jr.

Join us as we travel to the Stages Theater in Hopkins for a great play based on the wonderful book by Roald Dahl. Rebellion is near in Matilda Jr., a gleefully witty ode to the anarchy of childhood and the power of imagination! With the help of the students at her new school, Matilda's about to teach some grownups that even if you're little you can do a lot! Matilda Jr. celebrates the power of young people to change their own stories. **Bus departs from Falcon Ridge Middle School at 9:00am.**

Thursday, May 9

Falcon Ridge Middle School

9:00 am-12:00 pm

\$15 per person

Beautiful: The Carole King Musical

Chanhassen Dinner Theatres promises you will "Feel the Earth Move" when you visit for Beautiful: The Carole King Musical, and we couldn't be more excited to bring it to you! For six years, Beautiful, the Tony and Grammy Award-winning Carole King musical, thrilled Broadway audiences with the inspiring true story of Carole King's remarkable journey from teenage songwriter to the Rock & Roll Hall of Fame music legend! Experience the captivating journey of Carole King in Beautiful. King wrote a string of pop classics for singers from Aretha Franklin to James Taylor, as well as her own beloved chart-busting solo successes. Beautiful takes you back to when it all began — on the joy-filled and emotional ride of a lifetime! Featuring over two dozen hits including "One Fine Day," "The Locomotion," "So Far Away," "Natural Woman," "You've Lost That Lovin' Feelin'" and "Will You Still Love Me Tomorrow," this Broadway celebration is filled with the songs you remember and a story you'll never forget!

Lunch seating begins at 11am and the show starts at 1:00pm. Bring money if you want soda pop and/or dessert. **We must receive your registration by April 12 or until tickets have sold out.** Wheelchair seating is available.

Saturday, May 11

Valley Middle School

10:15 am-4:15 pm

\$89 per person

The Fabulous Lipitones

What happens when an a cappella quartet loses a key member to a heart-stopping high "B flat"? The three surviving members suddenly find themselves scrambling to find a tenor before the national competition. When the golden tones of "Bob" are heard through the phone the Lipitones are all ears... but when they meet him in person, he's not quite what they expected. An uproarious comedy of misunderstanding, stereotypes and the path to perfect harmony.

Lunch is served at 11:30am and the show starts at 1:00pm. The lunch menu is Creamy Chicken Breast, Roasted Red Potatoes, Glazed Carrots, Coleslaw, Dinner Rolls, Assorted Desserts, Coffee and Hot Tea. (Special dietary meals available by request ahead of time, call the Project Explore office by May 3rd.) **All registrations for this luncheon and performance must be received by May 3rd.**

Wednesday, May 15

Ives Auditorium

11:30 am-3:00 pm

\$51 per person

Lunch Bunch



Let's meet for lunch and some socializing! It's a great time to enjoy lunch, see old friends and make some new friends. If you're available we hope you can join us! Remember to bring money for your meal.

Tuesday, March 5

Noodles & Company

11:00 am-12:15 pm

Free

Wednesday, April 17

Raising Canes

11:00 am-12:15 pm

Free

Thursday, May 2

Culvers of Apple Valley

11:00 am-12:15 pm

Free

SCIENCE



Nail Polish Marbled Eggs

Float fingernail polish on water, roll plastic eggs on the suspended nail polish film surface and marble eggs for spring decorations. Learn about how fun chemistry can be! This activity teaches density, immiscibility, thin films and fast drying (evaporation) all in one activity.

Monday, March 11

Southview Elementary

6:30-7:30 pm

\$12 per person

MIY Seed Paper

When is a recycled product better than the original? When it is paper that turns into flowers! The invention of paper changed the world. Make recycled paper pulp, add seeds, pour mixture into cookie cutter shapes and make shaped seed papers for spring planting. What a perfect way to celebrate Earth Day!

Monday, April 22

Valley Middle School

6:30-7:30 pm

\$12 per person

"Sling-Power" Paper Airplanes

Discover the secrets of flight and motion. Learn about the four forces of flight - thrust, lift, drag and gravity. Design and build paper airplanes with rubber band engines. Make hoop gliders, flutter fish and more.



Monday, May 20

Valley Middle School

6:30-7:30 pm

\$12 per person

SPORTS - ADULTS WITH DISABILITIES

ZOOM CLASSES



Spring Bowling Leagues

Our bowling leagues meet at Bogart's Entertainment Center. Join your friends for a fun time of bowling and visiting. If you are hungry, you can stay and eat right there in the Main Street Grill. You receive a free beverage with your meal purchase. Spring bowling leagues fill up quickly! **You must pre-register to have a lane assigned!**

Please indicate on your registration if you need lane bumpers and/or bowling ramp.

Monday Morning Bowling

Monday, March 11-May 13
Bogart's Entertainment Center

10:00-11:15 am
\$45 per person

Monday Afternoon Bowling

Monday, March 11-May 13
Bogart's Entertainment Center

4:00-5:15 pm
\$45 per person

Wednesday Bowling

Wednesday, March 13-May 15
Bogart's Entertainment Center

4:00-5:15 pm
\$45 per person

Thursday Bowling

Thursday, March 14-May 16
Bogart's Entertainment Center

4:00-5:15 pm
\$45 per person

VOLUNTEER CORNER

Waffle Breakfast Set-up

Come and help set up for our annual Waffle Breakfast. We'll set up tables and chairs first. Then add tablecloths and centerpieces. Your help will be greatly appreciated!

Friday, April 26
Messiah Lutheran Church



5:30-6:30 pm
Free

Bowling Banquet Set-up

Come and help set up for our annual Bowling Banquet. We'll set up tables and chairs first. Then add tablecloths, settings, decorations and gifts. Your help will be greatly appreciated!

Thursday, May 16
Messiah Lutheran Church

5:30-6:30 pm
Free

Book Club - "The Mouse & the Motorcycle"

Join friends for this wonderful story by Beverly Cleary about Ralph S. Mouse, a house mouse who can speak to humans (though typically only children). We'll hear how Ralph goes on adventures riding his miniature motorcycle as he longs for excitement and independence while living with his family in a run-down hotel.

Tuesdays, March 5-26
Online

4:00-5:00 pm
\$12 per person

Book Club - "Mary Poppins"

Unlike other nannies, Mary Poppins makes the most ordinary events extraordinary! She slides up bannisters, pulls all manner of wonders out of her empty carpetbag and banishes fear or sadness with a no-nonsense "Spit-spot". Who else can lead the children on one magical adventure after another and still gently tuck them in at the end of the day? No one other than the beloved nanny Mary Poppins! Join your friends for this classic, wonderful story by P.L. Travers.

Tuesdays, April 2-30
Online

4:00-5:00 pm
\$15 per person

Book Club - "The Incredible Journey"

An inquisitive Labrador Retriever, friendly Bull Terrier, and courageous Siamese cat set out through the Canadian wilderness to find their owner in this truly "incredible" adventure. This is the book that inspired the 1993 movie, "Homeward Bound".

Tuesdays, May 7-28
Online



4:00-5:00 pm
\$12 per person

PROJECT EXPLORE POINTS OF INTEREST

Walk-in Activities

We allow walk-ins for the following activities ONLY:

Bingo
Dances

No Walk-ins for Bingo & Pizza, Cooking Classes, Craft Classes or activities where a meal is being served.

Please be considerate as we need to order food and may not have enough for those people not registered. We may not have additional craft supplies for walk-ins. Prevent disappointment by registering before an activity.

Wish List

To help keep our fees low we love donations for Bingo Prizes. Great ideas are:

Beanie Babies, Fuzzy Posters, DVDs, Shampoo, Body Lotions, Bath Wash, Crayons, Coloring Books, Word Find Books, Games, Liters of Pop and Snack foods.

Participants **must** be accompanied to the classroom **no earlier** than 15 minutes prior to the start of an activity/class. **Caregivers/staff must return for pick up 15 minutes prior to the activity/class end time.**

PROJECT EXPLORE GUIDELINES FOR PARTICIPATION

Project Explore promotes inclusion of adults with developmental, sensory, cognitive and physical disabilities in a variety of Community Education programs and makes reasonable accommodations to provide an enriching experience for all participants. Your cooperation in following the guidelines listed below helps to make the classes and trips run smoothly and safely.

Participants must be accompanied to the classroom no earlier than 15 minutes prior to the listed start time and should be picked up promptly at the listed end time. Caregivers must return for pick up 15 minutes prior to the end of the activity/class to ensure prompt pickup. Please be considerate of the Project Explore staff in following the activity end time.

Participants arranging transportation need to arrange pick-ups at the activity/class end time.

1. Pre-registration is required for all classes, activities and trips. Walk-ins will be accepted for dances and Bingo, but pre-payment and reservations are appreciated.
2. Participants who require personal assistance for physical and/or behavioral issues must be accompanied and supervised for all activities and events by their caregiver.
3. All participants must be accompanied for field trips, unless they are their own guardian. Call the office with any questions.
4. Any participant with an active seizure disorder must be accompanied and supervised at all Project Explore activities by their caregiver.
5. All Project Explore programs are school district sponsored, so there is no smoking on school grounds. All programs are alcohol free.
6. Transportation to and from all activities is the responsibility of the participant. Exceptions are for "Out On The Town" activities where a bus is provided.
7. Instructors are not expected to, nor are trained to provide the level of assistance often required by people with disabilities.
8. Instructors are not familiar with all the personal, physical or behavioral needs of the participants.
8. Any individuals attending any of our activities on their own are asked to carry emergency contact information with them.
9. If you do not wish for the image and likeness of you to be used for Project Explore or ISD 196's promotional materials and publications, contact Communication Department at communityed@district196.org or call 651-423-7701.
10. Please do not bring any outside food or drink to non-meal events. It may cause inappropriate behavior from some participants. We appreciate your help.
11. Arriving Late: Participants that arrive at an activity 30 minutes or more after the start time may not be permitted to complete all projects, activities or the event.
12. Inclement Weather: In case of inclement weather check the ISD 196 website and also our outgoing voice message. We will make every effort to contact you.

If unable to meet these guidelines, please call the program office.

WEB RESOURCES

River Valley Project Explore: ce.district196.org/projectexplore

The Project Explore brochure and pictures from events can be viewed on our website.

Here are some other websites that provide a variety of services to people of all ages and abilities in Minnesota.

- **Arc of Minnesota:** www.TheArcOfMinnesota.org
Advocacy and support for people with developmental disabilities and their families.
- **True Friends:** www.truefriends.org
True Friends is a non-profit agency that creates unique educational, recreational and social opportunities for people of all ages with mental and physical disabilities.
- **Metropolitan Center For Independent Living:** www.mcil-mn.org
MCIL is dedicated to the full promotion of the Independent Living philosophy by supporting individuals with disabilities in their personal efforts to pursue self-directed lives. Contact them at 651-603-2007 for more information on classes and services they offer.
- **Pacer Center:** www.pacer.org
The mission of PACER is to expand opportunities and enhance the quality of life of children and young adults with disabilities and their families. They promote parents helping parents.
- **Search Beyond Adventures:** www.searchbeyond.com
Provides escorted travel tours for adults with disabilities.
- **Wilderness Inquiry:** www.wildernessinquiry.org
Our mission is to make adventure travel accessible to everyone, regardless of age, background or ability.
- **Disability Linkage Line:** www.minnesotahelp.info
The disability Linkage Line is a free statewide information and referral resource. It provides Minnesotans with disabilities and chronic illnesses a single access point for all disability related questions. Contact them at 1-866-333-2466 for more information.
- **InControl:** www.incontrolmn.com
InControl is a company dedicated to promoting wellness at home and improving the quality of life of adults with disabilities. The four key pillars are: Physical, Emotional, Social and Nutrition.

ADDITIONAL COMMUNITY SERVICES

Special Olympics

Whether you are interested in participating at practices or competing at Area Games and State Meets, you are sure to make new friends and have fun in a healthy and well managed environment. There are many sports offered including track & field, swimming, basketball, bowling, bocce, poly hockey, tennis, gymnastics, softball, soccer and power lifting.

Burnsville Area:

Brian Petrich – bkpetrich@gmail.com; 612-760-2362

Rosemount-Apple Valley-Eagan area:

info@theravesp.com or www.theravesp.com

Community Education Integration Opportunities

Interesting and fun classes are offered through Community Education Programs. The sponsoring districts will make every effort to provide reasonable accommodation so your experience is successful. To request a catalog call the following Community Education Departments:

Burnsville:	952-707-4110
Farmington:	651-460-3200
Lakeville:	952-232-2170
Randolph:	507-263-2151
Rosemount:	651-423-7920

Like us on Facebook: River Valley Project Explore

See what's new and view current photos from our classes and activities!

Local Community Meals:

- All Saints Catholic, Lakeville located at 19795 Holyoke Ave, Lakeville
2nd Thursday, 6:00-7:00 pm
- Easter Lutheran by the Lake located at 4545 Pilot Knob Road, Eagan
Drive-Thru – Monday-Thursday, 5:30-6:30 pm

FACILITY ADDRESSES

Apple Valley Fire Station #1

15000 Hayes Road
Apple Valley, MN 55124

Bogart's Entertainment Center

14917 Garrett Avenue
Apple Valley, MN 55124

Casper's Cherokee of Eagan

4625 Nicols Road
Eagan, MN 55122

Cleary Lake Regional Park

18106 Texas Avenue
Prior Lake, MN 55372

Culver's Restaurant

15225 Galaxie Avenue
Apple Valley, MN 55124

Falcon Ridge Middle School

12900 Johnny Cake Ridge Road
Apple Valley, MN 55124

Holland Lake Trailhead

1100 Cliff Road
Eagan, MN 55123

Ives Auditorium

11411 Masonic Home Drive
Bloomington, MN 55437

McGuire Middle School

21220 Holyoke Avenue
Lakeville, MN 55044

Messiah Lutheran Church

16725 Highview Avenue
Lakeville, MN 55044

Minnesota Riverfront Park

600 W. Blackdog Road
Burnsville, MN 55337

Nicollet Middle School

400 E. 134th Street
Burnsville, MN 55337

Noodles & Company

2000 Rahncliff Court
Eagan, MN 55122

Raising Canes

7501 150th Street
Apple Valley, MN 55124

Southview Elementary School

1025 Whitney Drive
Apple Valley, MN 55124

Stages Theatre

1111 Mainstreet
Hopkins, MN 55343

Sunset Pond Park

3398 W. Burnsville Parkway
Burnsville, MN 55337

Sustainable Safari

Maplewood Mall
3001 White Bear Ave. #2001
Maplewood, MN 55109

Valley Lake Park

160th Street, East of Cedar Avenue
Lakeville, MN 55044

Valley Middle School

900 Gardenview Drive
Apple Valley, MN 55124

Whitetail Woods Regional Park

17100 Station Trail
Farmington, MN 55024

REGISTRATION FORM (ONE PER PERSON)

Online Registration:
ce.district196.org/projectexplore

Name: _____ Phone: _____

Address: _____ City: _____

Zip: _____ Email Address: _____

Please check if new address or phone number Contact Person: _____

Service Provider: _____ Group Home Name: _____

Special Information & Accommodations: Wheelchair Food Allergies, please specify _____

Please check if you do not wish for your photo to be used for publicity purposes or social media

Participant Events – Spring 2024

Cooking Classes

Irish Stew _____ \$15
Gluten Free Dinner _____ \$15
Homemade Pizza _____
 May 8 _____ \$15
 May 22 _____ \$15

Craft Classes

Leprechaun Wreath _____ \$12
Spring Cardmaking _____ \$12
Spring Bunny _____ \$12
Seashell Planter _____ \$12
Diamond Painting _____ \$12
Bandana Jewelry _____ \$12
Dandelion Painting _____ \$12
T-Shirt Painting _____ \$15
 T-Shirt Size _____
Bandana Flag _____ \$12

Arts & Painting

Blotterflies _____ \$12
PEEP PEEP PEEP _____ \$12
Learn and Laugh _____ \$12
What's This I See? _____ \$12
Happy Fruits _____ \$12
BIG Medium small _____ \$12

Science Classes

Nail Polish Marble Eggs _____ \$12
MIY Seed Paper _____ \$12
"Sling-Power" Paper Airplanes _____ \$12

Dances

St. Patrick's Dance _____ \$8
Spring Dance _____ \$8
Prom/Spring Formal _____ \$10

Entertainment

Movie Night _____
 March 1 _____ \$5
 April 11 _____ \$5
 May 29 _____ \$5
Let's Play Cards!
 March 21 _____ \$5
 April 18 _____ \$5
 May 9 _____ \$5
Bingo & Pizza _____
 March 23 _____ \$9
 May 18 _____ \$9
Craft, Games & Lunch _____ \$15
Karaoke Night!
 March 28 _____ \$5
 Song request _____
 April 25 _____ \$5
 Song request _____
 May 28 _____ \$5
 Song request _____
Game Night _____ \$5
Word Search Challenge _____ \$6
BINGO! _____ \$5
Waffle Breakfast _____ \$10
Bowling Banquet _____ \$12
Game Night & Root Beer Floats _____ \$6

Health and Wellness

Move & Groove _____
 March 13 _____ \$5
 March 20 _____ \$5
 April 3 _____ \$5
 April 17 _____ \$5
 May 1 _____ \$5
 May 22 _____ \$5

Open Swim

March 9 _____ \$5
April 13 _____ \$5
May 4 _____ \$5

Yoga

March 12 _____ \$5
March 26 _____ \$5
April 16 _____ \$5
April 30 _____ \$5
May 15 _____ \$5
May 28 _____ \$5

Apple Valley Fire Station

March 26 _____ \$5
April 3 _____ \$5

Stroll & Roll

Valley Lake Park _____ \$5
Sunset Pond _____ \$5
Riverfront Park _____ \$5
Cleary Lake _____ \$5
Hike Whitetail Woods Park _____ \$5
Hike Holland Lake _____ \$5

Music & Drama

Sing Along _____
 March 22 _____ \$5
 April 26 _____ \$5
Elvis "Jailhouse Rock" _____ \$8
"Footloose" Line Dance _____ \$8
Classic Line Dances _____ \$8

Out on the Town

Safari! _____ \$21
 No Bus _____ \$16
Taco Tuesday _____ \$13
Matilda-The Musical Jr. _____ \$15
 No Bus _____ \$10
Beautiful: Carole King Musical _____ \$89
 No Bus _____ \$84
The Fabulous Lipitones _____ \$51
Lunch Bunch _____
 March 5-Noodles, Eagan _____ Free
 April 17-Raising Canes, AV _____ Free
 May 2, Culver's, AV _____ Free

Sports

Spring Bowling Leagues (10 weeks) _____
 Monday Morning _____ \$45
 Monday Afternoon _____ \$45
 Wednesdays _____ \$45
 Thursdays _____ \$45
I need lane bumpers _____
I need a bowling ramp _____

Online Activities

Book Club _____
 "The Mouse & The Motorcycle" _____ \$12
 "Mary Poppins" _____ \$15
 "The Incredible Journey" _____ \$12

Volunteer Corner

Waffle Breakfast Set-up _____ Free
Bowling Banquet Set-up _____ Free

Participant Total _____
Credit Voucher _____
Enclosed _____
Check # _____
UCare # _____
UCare Plan _____

Caregiver Events – Spring 2024

This portion of the registration form must be completed when there is a fee charged for the caregivers to attend an activity with the participant(s).

Entertainment

Bingo & Pizza _____
 March 23 _____ \$5
 May 18 _____ \$5
Bowling Banquet _____ \$12
Waffle Breakfast _____ \$10

Dances

St. Patrick's Dance _____ \$8
Spring Dance _____ \$8
Prom/Spring Formal _____ \$10

Out on the Town

Safari! _____ \$21
 No Bus _____ \$16
Taco Tuesday _____ \$13
Matilda-The Musical Jr. _____ \$15
 No Bus _____ \$10
Beautiful: _____
 Carole King Musical _____ \$89
 No Bus _____ \$84
The Fabulous Lipitones _____ \$51

Caregiver Total _____
Credit Voucher _____
Enclosed _____
Check # _____

Complete and mail your registration form and check to:

River Valley Project Explore
15180 Canada Avenue
Rosemount, MN 55068

Payment is due with your registration. Please make checks payable to School District 196. Please call 651-423-7931 with any questions.

EASY WAYS TO REGISTER

1. By Mail

Complete one registration form per person and mail it with a check to:

River Valley Project Explore

15180 Canada Avenue

Rosemount, MN 55068

Make check payable to ISD 196

2. Online

Visit ce.district196.org/projectexplore to register online.

3. Phone

Use your Visa, MasterCard, American Express or Discover card and call 651-423-7920.

4. In Person

Walk in registrations can be made at the office between the hours of 8:00 am and 4:00 pm, Monday through Friday.

5. Drop Box

Drop off your registration in our secure drop box 24/7, located at our offices. You'll find the drop box on the south side of the building under the Community Ed awning.

Cancellation and Refund Policy

- Full refunds will be given if classes are cancelled by Project Explore.
- Refund requests received five (5) working days prior to a class qualify for a refund.
- Requests received less than five (5) working days before class start may not receive a refund.
- Exceptions are made due to serious illness or family emergency.
- Once tickets are purchased for "Out On The Town" events, refunds will not be made unless there is someone on our waiting list.

If you find a class full

Complete the registration process and add yourself to the waitlist. Registration cancellations occur as well as the possibility of adding additional classes. If you are on the waitlist, we will contact you with the opportunities.



HELP WITH PAYMENT

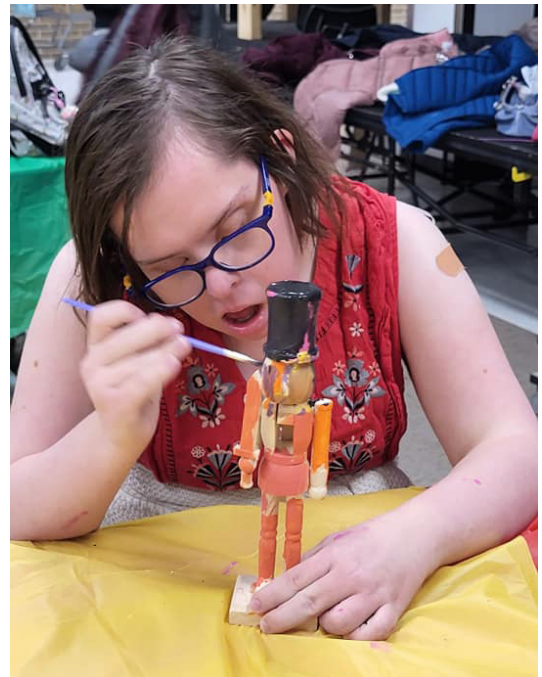
UCare Discount

- **Some UCare Members are eligible for a \$15 discount on all classes in this catalog.** If a class is less than \$15, the member may take the class with no fee. You must be UCare member at the time of registration and throughout the duration of the class. Members need to include their UCare ID number when registering and indicate which UCare Plan they have. Call the office if you have questions.

Scholarship Information

- Clients may request scholarship support for Project Explore sponsored activities. The annual maximum scholarship amount is \$100. Questions can be directed to Patty at the Program Office.

Scholarships are provided by the RVPE Foundation.



PERSONAL REGISTRATION RECORD



Name: _____

Check the classes you have registered for!

Friday, March 1

- Movie Night
5:45-8:00 pm
Valley Middle School

Monday, March 4

- Leprechaun Wreath
6:30-8:00 pm
Valley Middle School

Tuesday, March 5

- Lunch Bunch
Noodles & Co – Eagan
11:00 am-12:15 pm
- Book Club – “The Mouse & The Motorcycle”
4:00-5:00 pm
Online

Wednesday, March 6

- Spring Cardmaking
6:30-8:00 pm
Valley Middle School

Friday, March 8

- St. Patrick’s Dance
6:30-9:00 pm
Valley Middle School

Saturday, March 9

- Open Swim
2:00-3:00 pm
McGuire Middle School

Monday, March 11

- Morning Bowling Begins
10:00-11:15 am
Bogart’s
- Afternoon Bowling Begins
4:00-5:15 pm
Bogart’s
- Nail Polish Marbled Eggs
6:30-7:30 pm
Southview Elementary

Tuesday, March 12

- Yoga
6:30-7:30 pm
Valley Middle School

Wednesday, March 13

- Bowling Begins
4:00-5:15 pm
Bogart’s
- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Thursday, March 14

- Bowling Begins
4:00-5:15 pm
Bogart’s

Friday, March 15

- Blotterflies
6:30-8:00 pm
Southview Elementary School

Saturday, March 16

- Safari!
9:15 am-2:00 pm
Falcon Ridge Middle School

Monday, March 18

- Irish Stew
5:30-7:00 pm
Valley Middle School

Tuesday, March 19

- Elvis-Jailhouse Rock
6:30-7:30 pm
Valley Middle School

Wednesday, March 20

- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Thursday, March 21

- Let’s Play Cards!
6:30-8:00 pm
Valley Middle School

Friday, March 22

- Sing Along
6:30-7:30 pm
Valley Middle School

Saturday, March 23

- Bingo & Pizza
12:00-2:00 pm
Valley Middle School

Monday, March 25

- Spring Bunny
6:30-8:00 pm
Valley Middle School

Tuesday, March 26

- Apple Valley Fire Station
6:00-8:00 pm
Fire Station #1
- Yoga
6:30-7:30 pm
Valley Middle School

Wednesday, March 27

- Craft, Games & Lunch!
10:00 am-1:00 pm
Farmington High School
- PEEP PEEP PEEP
6:30-8:00 pm
Valley Middle School

Thursday, March 28

- Karaoke Night!
6:30-8:00 pm
Valley Middle School

Tuesday, April 2

- Book Club – “Mary Poppins”
4:00-5:00 pm
Online

Wednesday, April 3

- Apple Valley Fire Station
6:00-8:00 pm
Fire Station #1
- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Thursday, April 4

- Game Night
6:30-8:00 pm
Valley Middle School

Monday, April 8

- Seashell Planter
6:30-8:00 pm
Valley Middle School

Tuesday, April 9

- Footloose Line Dance
6:30-7:30 pm
Valley Middle School

Wednesday, April 10

- Word Search Challenge
6:30-8:00 pm
Valley Middle School

Thursday, April 11

- Movie Night
5:45-8:00 pm
Valley Middle School

Friday, April 12

- Spring Dance
6:30-9:00 pm
Valley Middle School

Saturday, April 13

- Open Swim
2:00-3:00 pm
McGuire Middle School

Monday, April 15

- Gluten Free Dinner
5:30-7:00 pm
Valley Middle School

Tuesday, April 16

- Learn and Laugh
6:30-8:00 pm
Valley Middle School
- Yoga
6:30-7:30 pm
Valley Middle School

Wednesday, April 17

- Lunch Bunch
11:00 am-12:15 pm
Raising Canes – Apple Valley
- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Thursday, April 18

- Let’s Play Cards!
6:30-8:00 pm
Valley Middle School

Friday, April 19

- BINGO!
6:30-8:30 pm
Valley Middle School

Saturday, April 20

- Stroll & Roll Valley Lake
10:00 -11:00 am
Valley Lake Park

Monday, April 22

- MIY Seed Paper
6:30-7:30 pm
Valley Middle School

Tuesday, April 23

- Diamond Painting
6:30-8:00 pm
Valley Middle School

Wednesday, April 24

- Stroll & Roll Sunset Pond
6:30-7:30 pm
Sunset Pond Park

Thursday, April 25

- Karaoke Night!
6:30-8:00 pm
Valley Middle School

Friday, April 26

- Waffle Breakfast Set-up
5:30-6:30 pm
Messiah Lutheran Church
- Sing Along
6:30-7:30 pm
Valley Middle School

Saturday, April 27

- Waffle Breakfast
8:30-11:30 am
Messiah Lutheran Church

Monday, April 29

- What’s This I See?
6:30-8:00 pm
Valley Middle School

Tuesday, April 30

- Yoga
6:30-7:30 pm
Valley Middle School

Wednesday, May 1

- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Thursday, May 2

- Lunch Bunch
11:00 am-12:15 pm
Culver’s Apple Valley
- Happy Fruits
6:30-8:00 pm
Southview Elementary School

Friday, May 3

- Prom/Spring Formal
6:00-9:00 pm
Valley Middle School

Saturday, May 4

- Hike Whitetail Woods
10:00- 11:30 am
Whitetail Woods Regional Park
- Open Swim
2:00-3:00 pm
McGuire Middle School

Monday, May 6

- Classic Line Dances
6:30-7:30 pm
Valley Middle School

Tuesday, May 7

- Book Club – “The Incredible Journey”
4:00-5:00 pm
Online
- Taco Tuesday
5:00-7:00 pm
Casper’s Cherokee Eagan

Wednesday, May 8

- Homemade Pizza
5:30-7:00 pm
Valley Middle School

Thursday, May 9

- Matilda – The Musical Jr.
9:15 am-12:00 pm
Falcon Ridge Middle School

- Let’s Play Cards!
6:30-8:00 pm
Valley Middle School

Friday, May 10

- Stroll & Roll MN Riverfront Park
6:30-7:45 pm
MN Riverfront Park

Saturday, May 11

- Beautiful: The Carole King Musical
10:15 am-4:15 pm
Valley Middle School

Monday, May 13

- Bandana Jewelry
6:30-8:00 pm
Valley Middle School

Tuesday, May 14

- BIG Medium small
6:30-8:00 pm
Southview Elementary School

Wednesday, May 15

- The Fabulous Lipitones
11:30 am-3:00 pm
Ives Auditorium
- Yoga
6:30-7:30 pm
Valley Middle School

Thursday, May 16

- Bowling Banquet Set-up
5:30-6:30 pm
Messiah Lutheran Church

Friday, May 17

- Bowling Banquet
5:30-7:30 pm
Messiah Lutheran Church

Saturday, May 18

- Bingo & Pizza
12:00-2:00 pm
Valley Middle School

Monday, May 20

- “Sling-Power” Paper Airplanes
6:30-8:00 pm
Valley Middle School

Tuesday, May 21

- Dandelion Painting
6:30-8:00 pm
Southview Elementary School

Wednesday, May 22

- Homemade Pizza
5:30-7:00 pm
Valley Middle School
- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Thursday, May 23

- T-shirt Painting
6:30-8:00 pm
Valley Middle School

Friday, May 24

- Bandana Flag
6:30-8:00 pm
Valley Middle School

Saturday, May 25

- Hike Holland Lake
10:00-11:30 am
Holland Lake Trailhead

Tuesday, May 28

- Yoga
6:30-7:30 pm
Valley Middle School
- Karaoke Night!
6:30-8:00 pm
Valley Middle School

Wednesday, May 29

- Movie Night
5:45-8:00 pm
Valley Middle School

Thursday, May 30

- Stoll & Roll Cleary Lake
6:30-8:00 pm
Cleary Lake Park

Friday, May 31

- Game Night & Root Beer Floats
6:30-8:00 pm
Valley Middle School

A Community Education Consortium Representing:

Burnsville (#191)
200 West Burnsville Parkway
Burnsville, MN 55337

Farmington (#192)
20655 Flagstaff Avenue
Farmington, MN 55024

Lakeville (#194)
8670 210th Street West
Lakeville, MN 55044

Randolph (#195)
29110 Davison Avenue
Randolph, MN 55065

**Rosemount-Apple Valley-
Eagan (#196)**
3455 153rd Street W
Rosemount, MN 55068



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TIME SENSITIVE MATERIAL

If you no longer want to receive this brochure, or you know someone who would like to receive it, please call us at 651-423-7931. Thank you!

HOLIDAY FUN!

