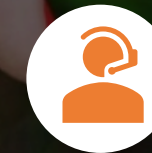




Are You Confident in Your Financial Future?



6 Unit Financial Wellbeing Soft Skills Course

CommonSpirit 

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For many people, finances are an unsolvable Rubik's cube filled with anxiety. You can easily solve the finance puzzle with a little hard work, self-control, and the right tools.

In this course, participants will learn how to establish reasonable goals for their financial future and create a realistic budget. Also, learn practical ways to reduce debt and generate savings. A benefit to establishing a budget is reducing anxiety and stress over financial issues.

Complete the course and receive a certificate at the conclusion.

To find this soft skills course and many others, go to your EAP website at ProfileEAP.org and log in with your Company Code: **CSDM**. Once onto the site, click on the financial tab, then go directly to the "Managing Personal Finances" course.

This is a useful tool for managers and leaders to direct any employee who might be struggling with finances in today's turbulent financial climate.