



# Puyallup High School

For Students entering **11th** Grade in 2024-2025

Current High School

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Student ID: \_\_\_\_\_

### Instructions:

- You must have 6.0 credits of **Regular** requests selected (not including alternates)
- You must have 3.0 credits of **Alternate** requests selected. **Do not** list alternates for REQUIRED CORE classes.
- Do NOT choose the same course more than once - Many CTE courses satisfy credit requirements in more than area.

## REQUIRED CORE CLASSES (Do NOT List Alternates)

### 1 ENGLISH 1.0 cr - Must choose one

- |  |  |
|--|--|
| 080519 <input type="checkbox"/> English III (1.0 cr)<br>080579 <input type="checkbox"/> AP English Language (1.0 cr) | 080169 <input type="checkbox"/> AP Seminar: ELA (1.0 cr) <i>requires application</i><br>080179 <input type="checkbox"/> AP Research: ELA (1.0 cr) <i>*Pre-Req: AP Seminar*</i> |
|--|--|

### 2 MATH 1.0 cr - Placement by Math Department

#### College Bound Track

- 085349  Algebra I (1.0 cr)
- 085359  Geometry (1.0 cr)
- 085369  Algebra II (1.0 cr)
- 085469  Accelerated Algebra II (1.0 cr)
- 085399  AP PreCalculus (1.0 cr)
- 085499  AP Calculus BC (1.0 cr)
- 085439  AP Statistics (1.0 cr)
- 085479  Math in Society (1.0 cr)
- 085539  Multivariate Calculus (1.0 cr)

These CTE courses can count as 3rd year math options, but **ONLY IF** you have completed a full year of Algebra I and Geometry. Colleges require math through Algebra II. Please check with counselor **BEFORE** selecting.

- 352119  AP Comp Sci A\* (1.0 cr) **CTE**
- 352139  AP Comp Sci Principles\* (1.0 cr) **CTE**
- 080409  STEM I\* (1.0 cr) **CTE, EN, SC**
- 080419  STEM II\* (1.0 cr) **CTE, EN, SC**

Your current math teacher can make a math placement change if necessary

### 3 SOCIAL STUDIES 1.0 cr - Must choose one

- |  |  |
|--|--|
| 087219 <input type="checkbox"/> American Studies II (1.0 cr) | 087139 <input type="checkbox"/> AP US History (1.0 cr) |
|--|--|

## 4 ELECTIVES & PATHWAY COURSES

Note: Do NOT choose the same course more than once - many courses can satisfy credit requirements in more than one area

### FINE ARTS

#### Semester Classes

- 138210  Design (0.5 cr)
- 132231  Acting (0.5 cr)
- 138310  Drawing (0.5 cr)
- 134431  Guitar (0.5 cr)
- 134421  Music Theory (0.5 cr)
- 138410  Painting (0.5 cr)
- 132411  Stagecraft (0.5 cr)

#### Full Year Classes

- |  |  |
|--|--|
| 138229 <input type="checkbox"/> Design (1.0 cr)              | 136119 <input type="checkbox"/> Graphic Design (1.0 cr) <b>CTE</b>       |
| 132239 <input type="checkbox"/> Acting (1.0 cr)              | 136239 <input type="checkbox"/> Photo I Digital (1.0 cr) <b>CTE</b>      |
| 138329 <input type="checkbox"/> Drawing (1.0 cr)             | 136259 <input type="checkbox"/> Photo II Digital* (1.0 cr) <b>CTE</b>    |
| 138429 <input type="checkbox"/> Painting (1.0 cr)            | 136319 <input type="checkbox"/> Video Production I (1.0 cr) <b>CTE</b>   |
| 132419 <input type="checkbox"/> Stagecraft (1.0 cr)          | 136329 <input type="checkbox"/> Video Production II* (1.0 cr) <b>CTE</b> |
| 138179 <input type="checkbox"/> AP 2D Art & Design* (1.0 cr) | 136419 <input type="checkbox"/> Web Design I (1.0 cr) <b>CTE</b>         |
| 138189 <input type="checkbox"/> AP 3D Art & Design* (1.0 cr) | 136429 <input type="checkbox"/> Web Design II* (1.0 cr) <b>CTE</b>       |
| 138199 <input type="checkbox"/> AP Drawing* (1.0 cr)         | 132359 <input type="checkbox"/> Yearbook I (1.0 cr) <b>CTE</b>           |
| 134449 <input type="checkbox"/> AP Music Theory (1.0 cr)     | 082109 <input type="checkbox"/> Yearbook II* (1.0 cr) <b>CTE</b>         |

\* Prerequisite or teacher permission required - see catalog

BAND, CHOIR, ORCHESTRA: Audition required, teacher will place you in a specific group/level which will be reflected on your schedule this fall.

- |   |   |   |  |
|---|---|---|--|
| 134139 <input type="checkbox"/> Band (1.0 cr) | 134229 <input type="checkbox"/> Choir/Chorus (1.0 cr) | 134269 <input type="checkbox"/> Norselanders Ens (1.0 cr) | 134319 <input type="checkbox"/> Orchestra (1.0 cr) |
|---|---|---|--|

### FITNESS - request no more than 1.0 cr total

#### Semester Classes

- 468151  Fitness Walking (0.5 cr)
- 464110  Nutrition & Fitness (.5 cr) **CTE, HE**
- 468410  Swimming (0.5 cr)
- 468311  Team Sports (0.5 cr)
- 468231  Weight Training (0.5 cr)
- 468241  Weights for Athletic Performance (0.5 cr)
- 468161  Yoga (0.5 cr)

#### Full Year Classes

- 468159  Fitness Walking (1.0 cr)
- 468429  Swimming (1.0 cr)
- 468319  Team Sports (1.0 cr)
- 468239  Weight Training (1.0 cr)
- 468249  Weights for Athl Performance (1.0 cr)
- 468169  Yoga (1.0 cr)

I am interested in Running Start next year

\*for now **complete all requests as usual** and watch the PHS counseling website for more info

NOTE: Do NOT choose the same course more than once - many CTE courses satisfy credit requirements in more than one area

**CTE / Occ Ed**

**Semester Classes**

- 248210  Career Choices (0.5 cr)
- 464320  Child Development (0.5 cr)
- 244340  Financial Literacy (0.5 cr) **MA**
- 060040  Food Truck Basics (0.5 cr)
- 464450  Intro to Education (0.5 cr)
- 242230  MS Office Adv (0.5 cr)
- 242210  MS Office I (0.5 cr)
- 242220  MS Office II (0.5 cr)
- 464110  Nutrition & Fitness (0.5 cr) **HE, FI**
- 464310  Relationships & Hum Dev (0.5 cr)

**Full Year Classes**

- 244119  Accounting I (1.0 cr)
- 244129  Accounting II\* (1.0 cr)
- 466139  Anat & Phys (1.0 cr) **HE, SC**
- 352119  AP Comp Sci A (1.0 cr) **MA, SC**
- 352139  AP Comp Sci Princ (1.0 cr) **MA, SC**
- 575019  AP Envir Science (1.0 cr) **SC**
- 089629  AP Macroeconomics (1.0 cr) **SS**
- 139119  ASL I (1.0 cr) **WL**
- 139129  ASL II\* (1.0 cr) **WL**
- 139139  ASL III\* (1.0 cr) **WL**
- 354119  Auto Tech I (1.0 cr) **SC**
- 354129  Auto Tech II\* (2.0 cr) **SC**
- 574149  Bio Nat Resources (1.0 cr) **SC**
- 574269  Biotechnology (1.0 cr) **SC**
- 246119  Business Marketing I (1.0 cr)
- 246129  Business Marketing II\* (1.0 cr)
- 464129  Culinary Arts I (1.0 cr)
- 464139  Culinary Arts II\* (2.0 cr)
- 136119  Graphic Design (1.0 cr) **FA**
- 466119  Intro to Medical Careers (1.0 cr)
- 466129  Medical Terminology (1.0 cr)
- 466159  Nursing Assistant (2.0 cr) **HE, SC**
- 464159  Personal Trainer (1.0 cr)
- 136239  Photo I Digital (1.0 cr) **FA**
- 136259  Photo II Digital\* (1.0 cr) **FA**
- 352159  Robotics (1.0 cr) **SC**
- 466219  Sports Medicine I (1.0 cr)
- 466229  Sports Medicine II\* (1.0 cr)
- 080409  STEM I (1.0) **SC, EN, MA**
- 080419  STEM II (1.0) **SC, EN, MA**
- 464429  Teaching of Tomorrow (1.0 cr)
- 574219  Urban Farm-Soil Chem (1.0 cr) **SC**
- 136319  Video Production I (1.0 cr) **FA**
- 136329  Video Production II\* (1.0 cr) **FA**
- 136419  Web Design I (1.0 cr) **FA**
- 136429  Web Design II\* (1.0 cr) **FA**
- 132359  Yearbook I (1.0 cr) **FA**
- 082109  Yearbook II\* (1.0 cr) **FA**

**\*Prerequisite or application required.  
See catalog**

**MISC. ELECTIVES**

**Full Year Classes**

- 190859  AVID 11\* (1.0 cr)
- 132119  Debate I (1.0 cr)
- 089719  Leadership\* (Gov Dev) (1.0 cr)
- 132349  Newspaper Production\* (1.0 cr)

**\*Requires Teacher Permission or Application**

**SOCIAL STUDIES**

**Semester Classes**

- 089830  Anthropology (0.5 cr)
- 087320  CWP (0.5 cr)
- 089810  Psychology (0.5 cr)
- 089850  Social Justice (0.5 cr)
- 089510  World Geography (0.5 cr)

**Full Year Classes**

- 089889  AP Psychology (1.0 cr)
- 089629  AP Macroeconomics (1.0 cr) **CTE**
- 089159  AP World History (1.0 cr)

**WORLD LANGUAGE**

**Full Year Classes**

- 139119  ASL I (1.0 cr) **CTE**
- 139129  ASL II\* (1.0 cr) **CTE**
- 139139  ASL III\* (1.0 cr) **CTE**
- 139319  French I (1.0 cr)
- 139329  French II\* (1.0 cr)
- 139339  French III\* (1.0 cr)
- 139519  Japanese I (1.0 cr)
- 139529  Japanese II\* (1.0 cr)
- 139539  Japanese III\* (1.0 cr)
- 139619  Spanish I (1.0 cr)
- 139629  Spanish II\* (1.0 cr)
- 139639  Spanish III\* (1.0 cr)
- 139689  Span III\* Native Speakers (1.0 cr)
- 139659  AP Span Lang\* (1.0 cr)

**\*Prerequisite required - see catalog**

**HEALTH**

- 466139  Anat & Phys (1.0 cr) **CTE**
- 466159  Nursing Assistant (2.0 cr) **CTE**
- 464110  Nutrition & Fitness (0.5 cr) **CTE, FI**
- 466219  Sports Medicine I (1.0 cr) **CTE**
- 466229  Sports Medicine II\* (1.0 cr) **CTE**
- 464310  Relationships / Child Dev (0.5 Health cr if both taken) **CTE**
- 464320

**SCIENCE**

**Full Year Classes**

- 466139  Anat & Phys (1.0 cr) **CTE**
- 574189  AP Biology (1.0 cr)
- 576069  AP Chemistry\* (1.0 cr)
- 352119  AP Comp Sci A (1.0 cr) **CTE**
- 352139  AP Comp Sci Prin (1.0 cr) **CTE**
- 575019  AP Envir Science (1.0 cr) **CTE**
- 578029  AP Physics 1\* (1.0 cr)
- 578039  AP Physics 2\* (1.0 cr)
- 578049  AP Physics C\* (1.0 cr)
- 354119  Auto Tech I (1.0 cr) **CTE**
- 354129  Auto Tech II\* (2.0 cr) **CTE**
- 574149  Bio Natural Resources (1.0) **CTE**
- 574269  Biotechnology (1.0 cr) **CTE**
- 572249  Geology (1.0 cr)
- 466159  Nursing Assistant (2.0 cr) **HE, CTE** (1.0 cr SC upon completion)
- 578019  Physics\* (1.0 cr)
- 574129  Pre-AP Biology (1.0 cr)
- 576029  Pre-AP Chemistry (1.0 cr)
- 352159  Robotics (1.0) **CTE**
- 080409  STEM I (1.0) **CTE, EN, MA**
- 080419  STEM II\* (1.0) **CTE, EN, MA**
- 574219  Urban Farm-Soil Chem (1.0 cr) **CTE**

**\*Prerequisite required - see catalog**

**Information for PHS Counselors & Career Specialist**

**I am interested in the PHS STEM Apprenticeship next year**

*\*Please contact Mrs Jellison, PHS Career Specialist at [jellissl@puyallupsd.org](mailto:jellissl@puyallupsd.org)*

**I am hoping to play sports in college**

*\*if so, you'll want to make sure your classes meet NCAA standards. See [NCAA.org](http://NCAA.org)*

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**ALTERNATE CHOICES FOR ELECTIVES**

**Must enter a minimum of 3.0 credits of alternates and cannot be anything already marked/chosen above.**

Alternate 1

Credits  
1.0 or 0.5

Alternate 2

Credits  
1.0 or 0.5

Alternate 3

Credits  
1.0 or 0.5

Alternate 4

Credits  
1.0 or 0.5