



FEBRUARY | 2024

FREDERICKTOWN SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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| 29 | 30 | 31 | 1 BREAKFAST: Pop Tart Juice, Milk & Fruit LUNCH: Chicken Drumstick/Roll Green Beans Pineapple Milk | 2 BREAKFAST: Muffin Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk |
| 5 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Bosco Sticks W/Sauce Broccoli Apple Milk | 6 BREAKFAST: Mini Waffle Juice, Milk & Fruit LUNCH: Beef & Cheese Nachos Black Beans Orange Milk | 7 BREAKFAST: Breakfast Pizza Juice, Milk & Fruit LUNCH: Chicken Nuggets/Roll Green Beans Pineapple Milk | 8 BREAKFAST: Cereal Bar Juice, Milk & Fruit LUNCH: French Toast/Sausage Hash Brown Banana Milk | 9 BREAKFAST: Doughnut Holes Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk |
| 12 BREAKFAST: Yogurt & Graham Juice, Milk & Fruit LUNCH: Chicken Sandwich Green Beans Pineapple Milk | 13 BREAKFAST: Sausage Gravy & Biscuit Juice, Milk & Fruit LUNCH: Hot Dog Baked Beans Orange Milk | 14 BREAKFAST: Mini Pancake Juice, Milk & Fruit LUNCH: Spaghetti/Garlic Bread Salad Peaches Milk | 15 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Cheeseburger Waffle Fries Apple Milk | 16 BREAKFAST: Pancake Wrap Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk |
| 19 NO SCHOOL | 20 BREAKFAST: Bagel & Cream Cheese Juice, Milk & Fruit LUNCH: Chicken Tenders/Roll Green Beans Pineapple Milk | 21 BREAKFAST: Cinnamon Roll Juice, Milk & Fruit LUNCH: Ham Sandwich Fresh Veggies Mixed Fruit Milk | 22 BREAKFAST: Mini French Toast Juice, Milk & Fruit LUNCH: Grilled Cheese Soup (HS) Orange Milk | 23 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk |
| 26 BREAKFAST: Pop Tart Juice, Milk & Fruit LUNCH: Cheese Crunchers Fresh Broccoli Peaches Milk | 27 BREAKFAST: Muffin Juice, Milk & Fruit LUNCH: Quesadilla Refried Beans Orange Milk | 28 BREAKFAST: Omelet/Toast Juice, Milk & Fruit LUNCH: Chicken Nuggets/Roll Green Beans Pineapple Milk | 29 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Chinese Bowl HS & JRHIGH Corn Dog ELEM Veggie/Fruit Milk | 1 |

News

Availability of product. K-5 is serve, 6-12 Offer vs serve, and this allows the students in 6-12 the right to refuse up to two lunch items or breakfast item on the planned menu. One item at lunch must be ½ cup of fruit or vegetable.

PRICES:
Breakfast: 1-5 \$1.25,
6-12 \$1.50, Adult \$2.00.
Free/Reduced \$0
Lunch: 1-5 \$2.50,
6-12 \$2.75, Adult \$4.00
Free/Reduced \$0
Milk \$0.50

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EVERYDAY
HS/JR High Cold bar with fresh fruit and fresh vegetables.
Elementary Carrots are offered daily