

Did you know that your EAP program offers easy and confidential access to licensed therapy online?

"It's just like seeing a therapist in a clinic, but without the hassle .."

"being able to book my sessions around my schedule allowed me to really focus on taking care of .. me."

"The unlimited texting is like having a best friend who's a therapist!"



As part of the many benefits available to you through your employer, your EAP program offers convenient and direct access to a licensed therapist through Chat, Phone, or Video. **Anytime. Anywhere.**

Get matched with a licensed therapist **based on your own preferences** (gender, age, orientation, BIPOC, faith **and needs** (Stress, Anxiety, LGBTQ, Depression, Couples Therapy, Teen Counseling, Addictions, Grief, etc.).

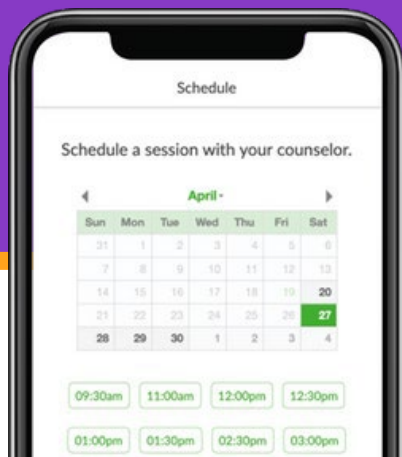
To schedule a telehealth appointment directly go to <https://profileeap.eapintake.com>

1. fill out the registration form
2. click on **SUBMIT**. You will be redirected to the Better_Help site for scheduling.

Scan this QR code:



Or to speak with Profile EAP staff call 1-800-645-6571



Profile EAP

is the EAP provider chosen by your employer.

BetterHelp is the world's largest online therapy provider.

Partnering together to provide easy access, convenient, and confidential counseling services.

CommonSpirit
Profile EAP

betterhelp
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