

Tep Talk for Powers Parents

01/21/24 Edition

Safety Reminders:

- ☐ Please remember that when entering the building you will need a photo ID
- ☐ Though we know people are trying to be courteous to others, please don't open the door or hold the door open for others to enter. It is important that our staff have the opportunity to monitor adults that are entering the building during the school day.
- ☐ When dropping off students in the morning, please do not open your car door until we are dismissing your row of cars. Releasing your child early from a row farther away puts your child in danger. Thanks for your help.

The Ohio **Parent Mentors - Lorain ESC**, a grant-funded service, strives to foster collaborative efforts between schools and families, offering support and resources to create a conducive team atmosphere for the student's benefit.

Read their January newsletter here:

[Ohio Parent Mentors - Lorain ESC - January Newsletter](#)

*Principal - **Brian Teppner***

brian_teppner@amherstk12.org

*Assistant Principal - **Mary Scott Williams***

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Our SuperPowers are....

School Pride - Kindness - Respect - Responsibility

A Look @ the Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
22	23	24	25	26
29	30	31	1	2
5	6	7	8	9
12	13	14	15	16
			Powers Conferences Night	No School

SuperPowers at Home

Powers Elementary School PBIS Initiative
Ideas on how to teach and practice students using
their Super Powers!

*Our SuperPowers are...
School Pride, Respect, Kindness, Responsibility.*



PBIS at Home Guide

by Justine Hoch, a certified teacher mentor and PBIS admin in Pasco County, Florida.

1. Expectations: Create a list of 3 -5 POSITIVELY worded expectations for the whole house. Keep it simple! • Be respectful • Be understanding • Be helpful
Use our SuperPowers from Powers!
2. Examples: Create a few examples of what each of those expectations looks like for the house. Ask your kids to contribute!
 - Respectful • I can be respectful by... staying quiet when the adults are working. • I can be respectful by... waiting for my turn to use the computer/device.
 - Understanding • I can be understanding by... recognizing our new reality and the challenges it presents.
 - Helpful • I can be helpful by... cleaning up the messes I make or cleaning up a mess I see.
3. Celebrate It: When your child does one of these things, CELEBRATE IT!
 - Tell them what you liked and appreciated about their behavior. Then give them a physical token to keep track of their positive behaviors - stickers, coins... whatever you have.
4. Set Goals: Come up with a "big picture" goal. If you earn 15 "points" or tokens, you can get 15 extra minutes of electronic time. Maybe they can buy their way out of a chore! You can check out this list of remote learning incentives from PBIS Rewards for ideas.
5. Patience: BE PATIENT! This type of system does not solve everything, but it definitely helps to define expectations and to focus on the positive outcomes. A small shift in what you observe can lead to a much larger change in the way you think and relate to your family members!

<https://www.pbisrewards.com/wp-content/uploads/pbis-at-home-guide.pdf>

School to Home: Literacy Connection



Synonym Rolls

Challenge your child to a synonym roll! See how many synonyms (or related words) you can come up with in a row! For example, "what are other words for stop?" (examples: freeze, end, pause, etc). This helps strengthen vocabulary! Check out [thesaurus.com](https://www.thesaurus.com) if you get stuck on a word.

For more practical ways to enhance foundational literacy skills at home with your elementary age children, email Literacy Coach, Breanna Carden at breanna_carden@amherstkl2.org



**RSVP by
Jan 22nd!**



**Amherst School Families:
Second Harvest
at Steele High School**

January 25th 1-2pm

**Need help with groceries?
Scan the QR code or go to our website to RSVP**

**If you are unable to make this date, please contact
Amherst School SW, Jill Maiorca @ 440-988-1645 or
jill_maiorca@amherstk12.org**

CASINO *Night*

Join us for an evening of gaming, delicious food and drinks, and great company. Try your luck at the poker table, roll the dice at the craps table, or spin the wheel at the roulette table.



Doors open at 6pm



Feb. 24, 2024



German's Villa

3330 Liberty Ave., Vermilion

Get you tickets at: www.amherstfootball.com/fundraising





OhioGuidestone

WHERE NEW PATHS BEGIN

Triple P Positive Parenting Program



VIRTUAL

Discussion Group by Zoom
Thursdays 10:00am - 12:00pm

January 18, 25, February 1, 8
OR
February 22, 29, March 7, March 14

Managing Fighting and Aggression
Dealing with Disobedience
Developing Good Bedtime Routines

This Program is for Lorain County
Residents with children aged 12 and under



Raising children can be stressful. Triple P Positive Parenting Program teaches parents strategies to help manage their children's challenging behaviors, help them learn, and motivate them to do their best.



To Register contact:
Kathleen Donnelly at (440) 260-6468



