Tep Talk for Powers Parents

01/21/24 Edition

Safety Reminders:

Please remember that when entering the building you will need a photo ID
☐ Though we know people are trying to be courteous to others, please don't open the door or hold the
door open for others to enter. It is important that our staff have the opportunity to monitor adults that
are entering the building during the school day.
When dropping off students in the morning, please do not open your car door until we are dismissing your row of cars. Releasing your child early from a row farther away puts your child in danger. Thanks
for your help

The Ohio Parent Mentors - Lorain ESC, a grant-funded service, strives to foster collaborative efforts between schools and families, offering support and resources to create a conducive team atmosphere for the student's benefit.

Read their January newsletter here:

Ohio Parent Mentors - Lorain ESC - January Newsletter

Principal - **Brian Teppner**<u>brian teppner@amherstk12.org</u>

Assistant Principal - Mary Scott Williams maryscott williams@amherstk12.org

Our SuperPowers are....

School Pride - Kindness - Respect - Responsibility

A Look @ the Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
22	23	24	25	26
29	30	31	1	2
5	6	7	8	9
12	13	14	15	16
			Powers Conferences Night	No School

SuperPowers at Home

Powers Elementary School PBIS Initiative

Ideas on how to teach and practice students using
their Super Powers!

Our SuperPowers are...
School Pride, Respect, Kindness, Responsibility.



PBIS at Home Guide

by Justine Hoch, a certified teacher mentor and PBIS admin in Pasco County, Florida.

- 1. <u>Expectations</u>: Create a list of 3 -5 POSITIVELY worded expectations for the whole house. Keep it simple! Be respectful Be understanding Be helpful Use our SuperPowers from Powers!
- 2. <u>Examples</u>: Create a few examples of what each of those expectations looks like for the house. Ask your kids to contribute!
 - Respectful I can be respectful by... staying quiet when the adults are working. I can be respectful by... waiting for my turn to use the computer/device.
 - Understanding I can be understanding by ... recognizing our new reality and the challenges it presents.
 - Helpful I can be helpful by... cleaning up the messes I make or cleaning up a mess I see.
- 3. Celebrate It: When your child does one of these things, CELEBRATE IT!
 - Tell them what you liked and appreciated about their behavior. Then give them a physical token to keep track of their positive behaviors stickers, coins... whatever you have.
- 4. <u>Set Goals:</u> Come up with a "big picture" goal. If you earn 15 "points" or tokens, you can get 15 extra minutes of electronic time. Maybe they can buy their way out of a chore! You can check out this list of remote learning incentives from PBIS Rewards for ideas.
- 5. <u>Patience</u>: BE PATIENT! This type of system does not solve everything, but it definitely helps to define expectations and to focus on the positive outcomes. A small shift in what you observe can lead to a much larger change in the way you think and relate to your family members!

https://www.pbisrewards.com/wp-content/uploads/pbis-at-home-quide.pdf

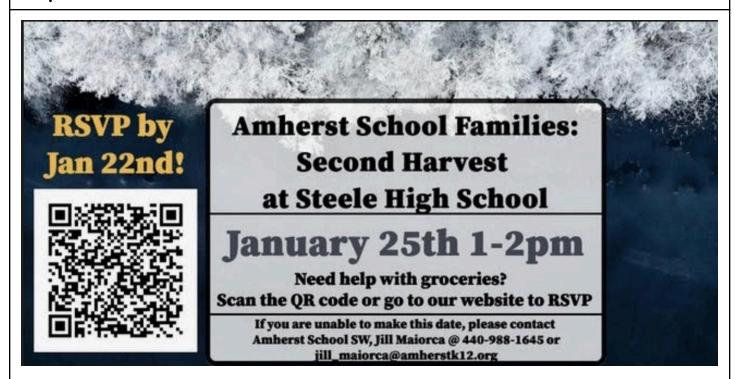
School to Home: Literacy Connection

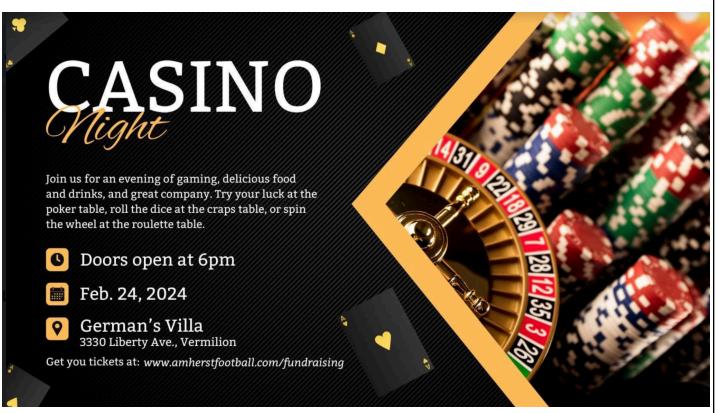


Synonym Rolls

Challenge your child to a synonym roll! See how many synonyms (or related words) you can come up with in a row! For example, "what are other words for stop?" (examples: freeze, end, pause, etc). This helps strengthen vocabulary! Check out thesaurus.com if you get stuck on a word.

For more practical ways to enhance foundational literacy skills at home with your elementary age children, email Literacy Coach, Breanna Carden at breanna_carden@amherstkl2.org









Triple P Positive Parenting Program







To Register contact: Kathleen Donnelly at (440) 260-6468

VIRTUAL

Discussion Group by Zoom Thursdays 10:00am - 12:00pm

January 18, 25, February 1, 8 OR February 22, 29, March 7, March 14

> Managing Fighting and Aggression Dealing with Disobedience Developing Good Bedtime Routines

This Program is for Lorain County Residents with children aged 12 and under

Raising children can be stressful. Triple F Positive Parenting Program teaches parents strategies to help manage their children's challenging behaviors, help them learn, and motivate them to do their best.

