



**San Pasqual**

**Union School District**

*The Little School in the Valley*

**WELLNESS POLICY ASSESSMENT**

02/19/19

**Annual Assessment Form**

The purpose of this evaluation is to determine if the District is meeting the wellness goals set forth in the SPUSD Wellness Policy and to determine particular areas of strength or weakness. Each year a report of the results will be compiled and submitted for the Board for review. This evaluation will be completed annually.

For items marked “Needs Improvement”, a comment as to why we did not meet this goal and/or what we plan to do next year to accomplish this goal. (Examples: funding, man power, support/resources needed, etc).

<b>OVERVIEW</b>	Needs Improvement	Meets	Exceeds
1. The school promotes a healthy lifestyle to our staff, students and parents.			✓
2. The programs and/or activities provided at our school set our school at or above the standards of the SPUSD Wellness Policy.		✓	

Additional comments:

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<b>School Health, Safety and Environment</b>	Needs Improvement	Meets	Exceeds
1. Students are taught campus safety rules.			✓
2. Health Services staff at our school promotes healthy habits and injury prevention for staff and students.		✓	
3. A drug- and substance-free environment is promoted.			✓
4. Our school encourages events that promote and support a healthy lifestyle.			✓

Additional comments:

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<b>Nutrition Services</b>	Needs Improvement	Meets	Exceeds
1. Cafeteria staff is well-prepared and efficiently serve meals to our students.			✓
2. Fresh, safe, free drinking water is available to students on campus.			✓
3. All foods and beverages sold and served on school campus, including fundraisers; from midnight and up to one half hour after the school day comply with the California Education Code and California Code of Regulations.			✓
4. Food safety and sanitation standards are followed at all school-related events (i.e. cafeteria, class celebrations, fundraisers, athletic events, etc.)		✓	
5. Non-food or nutritious rewards are encouraged for student achievement.	✓		

Additional comments:

Administration will continue and encourage staff to use healthy snacks and/or non-food items as rewards and incentives.

<b>Physical Activity and Physical Education</b>	Needs Improvement	Meets	Exceeds
1. Our school provides all students with the opportunity to be physically active on a regular basis through physical education instruction and physical activity programs.			✓
2. The physical education curriculum at our school follows the California Education Code requirements. .		✓	
3. Physical education/activity is not used for disciplinary purposes.		✓	
4. Physical education is delivered by well-prepared and well-supported staff.			✓

Additional comments:

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<b>Family, Staff and Community Involvement</b>	Needs Improvement	Meets	Exceeds
1. The school community, parents, teachers and staff encourage a healthy lifestyle for students.		✓	
2. Teachers and staff model healthy behaviors.		✓	

Additional comments:

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<b>Parent and Volunteer Groups</b>	Needs Improvement	Meets	Exceeds
1. The Parent/Volunteer group at our school promotes health and wellness to students by incorporating physical activity into programs, fundraisers, events or other school-related functions.			✓
2. Foods and beverages sold or served on campus after the school day support healthy eating and meet the California Education Code and California Code of Regulations.		✓	
3. Food safety and sanitation standards are followed when foods are served at all school-related events (i.e. class celebrations, fundraisers, athletic events, etc.).		✓	
4. Efforts are made to coordinate with Nutrition Services whenever serving/selling food on campus after the school day.		✓	

Additional comments:

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