

The LCADA Way is a private, non-profit organization that has been a proven leader in recovery since 1981. We deliver innovative, outcome-driven programs with an individualized approach to addiction and mental health treatment, education, prevention and recovery support services for residents in Lorain, Medina and surrounding counties.

Our unique approach – centered around Leadership, Compassion, Awareness, Dedication & Advocacy – is tailored to be gender and culturally appropriate based on individual customer needs.

We currently provide a full array of services including over 40 different types of alcohol, drug and gambling addiction treatment and prevention services as well as mental health services.

ADDICTION • TREATMENT • RECOVERY

We are dedicated to transforming the lives of individuals, families and communities suffering from alcohol and substance abuse as well as behavioral health issues and to becoming a Center of Clinical Excellence for education, prevention and treatment.

The Comprehensive School Prevention Model® Services are available on a contractual basis.

#### ACCREDITED BY:

The Joint Commission
Ohio Department of Mental Health and
Addiction Services

#### SUPPORTED BY:

Alcohol and Drug Addiction Services Board
of Lorain County
Community Foundation of Lorain County
EMH Foundation
Metka Foundation
The Nord Family Foundation
Ohio Department of Mental Health
and Addiction Services
United Way of Greater Lorain County

Equal Opportunity Provider/ Equal Opportunity Employer



#### PREVENTION SERVICES

2115 West Park Drive Lorain, OH 44053 To schedule service: 440.989.4900

#### MAIN OFFICE

2115 West Park Drive Lorain, OH 44053 440.989.4900 Fax number: 440.282.4778 www.thelcadaway.org

# The Comprehensive School Prevention Model®





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is available through
PREVENTION SERVICES

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Prevention of substance abuse can never begin too early. This is why The LCADA Way works with local schools to implement evidence- and research-based curriculum for students. Among these curriculum are:

#### **BUILDING BLOCKS**

Building Blocks uses interactive learning activities to reinforce the development of problem-solving and social skills by children 3-6 years old.

#### **BOTVIN LIFESKILLS TRAINING**

Botvin LifeSkills Training promotes healthy alternatives to risky behaviors by helping youth develop skills essential to resisting peer pressure, increasing self-esteem, coping with anxiety, enhancing healthy thinking and behaviors. The program has proven effective in helping youth to remain drug-free, to reduce or stop using drugs and to avoid high-risk behaviors such as violence and gambling. Programs are available for grades 3-12.

## GAMBLING TREATMENT AND PREVENTION SERVICES

Research finds that 80% of 12-17 year olds have gambled for money in the past year and that teens are 2-4X more likely than adults to exhibit problem gambling. The "Smart Choices" and "Botvin LifeSkills Training" programs have proven effective in helping youth make healthier life choices and to avoid high risk behaviors such as problem gambling.

#### **ANTI-VIRUS**

Anti-Virus encourages middle school students to actively live out positive character traits in their thoughts and actions.

#### **BECOMING A RESPONSIBLE TEEN (BART)**

Becoming a Responsible Teen (BART) assists Jr & Sr High youth to gain knowledge and skills for healthy relationships and lifestyle choices.

Prevention efforts are most effective when education services are combined with a positive school environment and easily accessible services for youth who are already harmfully involved with mood altering substances. In order to address these additional needs, The LCADA Way has developed the Comprehensive School Prevention Model®.

### COMPREHENSIVE SCHOOL PREVENTION MODEL®

A prevention professional is placed within a school or district for a contracted number of hours each week. Services are tailored to fit the school's unique needs. Among the available services are:

- Individual and classroom education, including the curriculums identified in this brochure
- Assist schools to identify & prioritize their prevention needs
- Assist to identify programs and services to address those needs
- Problem identification and referral services for students and families
- Consultation services
- Staff training
- Drop-in hours for youth and parents
- Policy review
- Awareness campaigns
- Presentations on issues related to adolescent or familial substance use
- Support groups for students concerned about a friend or family member's substance use
- Alternative to Suspension tobacco education and intervention
- Identify community resources available to help address school needs

## We are committed to:

#### **EMPATHY & RESPECT**

We approach each individual in our programs with compassion, care and understanding. This foundation of empathy and respect is at the heart of everything we do.

#### **INNOVATION & RESULTS**

Success is vital to our mission and to the people we serve. Every day we bring new ideas, energy and knowledge to strengthen our programs and organization so that we continually make a difference in the communities we serve.

#### **FAMILY & COMMUNITY**

Central to our organization is the belief in family and community. Every individual touches and is touched by the people around us. These relationships strengthen and enhance our lives every day.

