

At-Home ImPACT Baseline Concussion Testing

To help foster an environment of exceptional player safety, Northwestern Medicine offers ImPACT® Baseline Concussion Testing. This testing can be completed at home through an online testing platform.

The program tests cognitive ability by measuring working memory, reaction time, speed and concentration. In the event of a head injury, results from the baseline test can be compared with post-injury testing to help evaluate a child's condition and their ability to safely return to school and play.

Information regarding ImPACT testing
By completing this baseline testing, you are granting consent to Northwestern Medicine to receive results and share them with medical professionals when deemed necessary. Test results will be sent directly to Northwestern Medicine. No further action is needed on your part. The director of the youth program will receive a list of everyone who has completed the test.

Please note:

- There is no "pass" or "fail" for baseline testing, and results will not impact a child's ability to participate in activities.
- **The child should receive no assistance during this test.** Proper care for a head injury depends on accurate baseline testing.

Instructions for baseline testing

1. Launch Google Chrome or Firefox. **Use only one of these two browsers.**
2. Enter impacttestonline.com/centegra in the **web address bar**, not the Google search bar.
3. Enter the customer code **dzm8z6phma** and click Validate.
4. Select your team in the drop-down box.
5. Launch the baseline test.
6. After entering your initial information, **skip additional demographics.**
7. From here, the test will begin.
8. If at any point the page will not load or you receive a spinning wheel, right click on the screen and select Reload.

If you have questions or difficulties with the testing platform, please contact Clayton Carius at clayton.carius@nm.org or call the Concussion Hotline at 815.759.4342. TTY for the hearing impaired, 815.759.8020.