

**Friendswood Jr. High Swim/Water Polo Team
2024**

Tryouts for the Swim/Water Polo Team will be held on Jan 31- Feb 5 & 6 between 4:30-6:00 pm at the High School Natatorium. **All swimmers must have a physical on file with the Friendswood ISD training staff before trying out.** Anyone who signs up for tryouts will be assigned one 30-minute time slot on one of those days. This will be the only time you have to show up. Tryouts will include a warm-up, followed by a 100-yard swim of each of three strokes (50-yard butterfly), and 200-yard freestyle. The 100-yard swims will be judged on technique, not time. Swimmers must prove they can legally swim all four strokes without disqualifying. The 200-yard freestyle will be for a time. The combination of these two will determine who makes the team. The team will be 12-19 boys and 12-19 girls. The team will be announced via the swim website on Friday, February 9th.

<https://myfisd.instructure.com/courses/1917/wiki>

The swim team is a club sport and requires a booster club membership that costs \$95.00. You will also be required to purchase the team swimsuit which is yours to keep at the end of the season. Membership will include a swim cap and the team t-shirt.

Try-out Conflicts: Please list any days or times that you cannot attend try-outs 1/31 - 2/5-6. (e.g. Tuesday: Cross Country Meet or We would prefer a 5:00 or 5:30 time slot) I will do my best to honor your request.

Swimmers Name: _____ Grade Level: _____

Print Circle: Boy or Girl

Parent's Name: _____ Email: _____

Please print a current copy of your grades from Skyward,

and return this form to Coach Givens, or your P.E. or Athletics Coach by
1/25.

Students will receive a note with their tryout times delivered to one of their
classes on Monday, Jan 29.

If you have not heard your try-out time by **1/29**, please email Coach Givens
pjgivens@fisd12.net