



Richard Maghakian
Memorial School
22 Milford St.
Brookline, NH 03033
Phone 603-673-4640
Fax 603-673-4785
Rmms-office@sau41.org

Brookline Bulletin

January 19, 2024
Volume 6, Issue 3



Captain Samuel
Douglass Academy
24 Townsend Hill Rd.
Brookline, NH 03033
Phone 603-821-0439
Fax 603-810-6651
csda-office@sau41.org

Dates to remember

Jan. 22 RMMS aimswebPlus benchmark testing
Jan. 23 NO SCHOOL All day voting
Jan. 24 School Board Meeting, 6:00 p.m. at RMMS
Jan. 29 Early Release RMMS 12:45 CSDA 12:55
Feb. 7 Early Release RMMS 12:45 CSDA 12:55
Feb. 7 Deliberative Session at CSDA at 6:30 p.m.
Feb. 24 School Board Meeting at RMMS at 6:00 p.m.
Feb 26-Mar 1 Winter Break



Next week, January 22 through January 26, is mid-term week at the high school. This means that our buses will be arriving early for dismissal. Please be aware that buses could be 5-15 minutes earlier than normal when dropping off in the afternoon next week.



CSDA Happenings

Grade 4: Fourth graders are working on Math Unit 6 Problem Solving. They are translating math language and numbers into division and multiplication equations. They will begin a new whole class chapter book next week: "The Tiger Rising," by Kate DiCamillo.

Grade 5: Fifth grade is finishing up learning about division of whole numbers. Next week, they will test on the topic and start decimal division.

Grade 6: Sixth graders are creating time capsules that align with our Archaeology Unit in Social Studies. Students are collecting primary sources such as pictures, news clippings, receipts, or letters to include in their capsules! Students will have to wait until they graduate from high school to open their time capsules.

CSDA Unified Arts: In physical education, students are working on floor hockey. This unit focuses on the skills of stick handling, passing, shooting, and defensive strategies. These skills will be combined into mini games at the end of the unit.

RMMS Happenings

Pre-K: Preschoolers will celebrate their final week of learning about Winter and Polar Animals. They will paint snowy day pictures on the easel and measure themselves with snowballs.

Grade K: Kindergarteners will begin writing how-to books in their next Writing Workshop unit of study. They will talk about what they are experts at and how they can use writing to teach others how to do something like play Candyland, put on winter clothing, or make a bowl of cereal.

Grade 1: First graders will begin topic 8 in math on place value. In Foundations, students will learn about consonant blends and r controlled vowels.

Grade 2: Second graders will begin to explore subtraction in math. They will also begin to learn about the vowel consonant e syllable in Foundations.

Grade 3: Third graders are continuing units on character studies and weather/climate. They are coming to the end of their area unit for math and preparing for their test. In word study, students continue working at their level on spelling patterns.

RMMS Unified Arts: In PE class, students are working on jump roping. They are using short ropes, long ropes, hula hoops, and jump bands. In Health Class, students are learning about personal hygiene and tooth care. Kids Heart Challenge information will be coming out soon.

Have a great weekend!

Mr. Molinari

CSDA & RMMS HEALTH OFFICE UPDATES

January 19, 2024

Hydration



- As temperatures drop it can become harder to keep hydration up. It's not uncommon to feel less thirsty in cold weather and many people are unaware that cold-weather dehydration exists. Dehydration occurs when the body doesn't have enough fluid to function properly. Regardless of the temps outside, staying hydrated is important all year round.
- Every time you sweat, urinate, or have a bowel movement, water is lost. It may be difficult to notice when you're sweating in colder weather, so pay attention when you're bundled up. Even when you're not sweating, you lose water through the skin, and the drier air from indoor heating can cause you to become dehydrated without even noticing. A lack of water not only results in dehydration but can increase your risk of kidney stones, urinary tract infections, and constipation.
- Water makes up approximately 60-70% of our bodies and is essential to how well our bodily systems are regulating everyday functions. Water is necessary for transporting nutrients, removing waste from the body, supporting the immune system, hydrating your tissues and organs, maintaining blood pressure as well as maintaining a proper body temperature. This is important for preventing hypothermia if outdoors in winter.

WHEN TO STAY HOME To prevent contagious illness, stay home from school with the following:

- Fever - until fever-free without medication for 24 hours
- Vomiting or Diarrhea - until symptom free for 24 hrs
- New/ Uncontrolled Cough or Sore Throat- contact MD
- New or Unexplained Rash- contact MD

Looking for Flu and COVID Vaccines or COVID tests?

Locations for obtaining a FLU VACCINE can be found here: <https://www.vaccines.gov/find-vaccines>

Locations for a COVID VACCINE can be found here: <https://www.vaccines.gov/search/>

Obtain a COVID test with any symptoms. To order 4 free COVID rapid tests <https://www.covid.gov/tests>

COVID-19 Common symptoms include Sore throat, Congestion or runny nose, Headache, Cough, Fatigue, Fever, Chills, Muscle or body aches, loss of taste or smell, Nausea or vomiting, Diarrhea. **If you have any symptoms, test for COVID right away. What should we do if we test positive for COVID?** Isolate and Contact the school nurse. Symptom start date or test positive date is Day Zero, then isolate days 1-5 and wear a well fitting mask days 6-10. **Follow the CDC Guidelines for Isolation**. If someone in the household tests positive, start wearing a well fitting mask for 10 days from exposure.

CSDA: Maureen Lorden,
RN maureen.lorden@sau41.org
Phone: 603-821-0439

RMMS- Covering/District Float Nurse:
Diana Zoltko, RN diana.zoltko@sau41.org a
Phone: 603-673-4640

RMMS: Tena Ferenczhalmay,
RN tena.ferenczhalmay@sau41.org
Phone: 603-673-4640

HAVE YOU HEARD ABOUT OUR **BROOKLINE FOOD PANTRY?**

**Currently accepting donations and supporting
families in Brookline and Hollis!**

HOW OUR SCHOOLS CAN HELP



**Most needed items
for January:**

- **Maple Syrup**
- **Ramen Noodles**
- **Dog Food (Wet & Dry)**
- **Cooking Oil**
- **Pasta Sauce**
- **Instant Rice**
- **Mayo**
- **Mustard**
- **Jelly**
- **Boxed Cereal**
- **Beef Broth**
- **Canned Fruit**
- **Coffee**

**All families
welcome- please
spread the word
to community
friends
and neighbors.**

**Thanks to our
PTO, you may
purchase the
most needed
items through
Amazon:**

[https://www.amazon.com/
registries/gl/guest-view/
11J6079RAHQIX](https://www.amazon.com/registries/gl/guest-view/11J6079RAHQIX)



**YOUR CONTINUED SUPPORT IS APPRECIATED!
PLEASE KNOW THAT ALL DONATIONS MAKE A
DIFFERENCE IN OUR COMMUNITY.**



**Daughters grab your Special Guy for a night of
dancing, music, snacks, raffles, photos, and more!**

Alpine Grove Banquet Hall

19 South rd Hollis NH 03049

Friday February 16th, 2024 ♥ 7-10 pm

\$50 Father and first Daughter pair

\$20 for each additional daughter

Event open to all ages and communities!

Make memories to last a lifetime!



Use QR Code to purchase tickets

This event is not school-sponsored, but rather a community event hosted by the non-profit Pepperell Softball. We are committed to supporting all girls, and will be making a donation to Hollis-Breadline Recreational Softball. All are welcome to join in this memorable occasion while contributing to a good cause. This is for the girls, join us!

Hollis-Brookline Rec Softball



Hollis Rec is proud to organize teams at the 8U, 10U and 12U level for new and returning softball players from Brookline & Hollis.

Register now through March 6th at <https://www.hollisnh.org/recreation/pages/recreation-programs>

\$115 cost for the season includes jersey.

Indoor practices for all available players are scheduled on Tuesday/s at 6PM at the Westwood Park Y March 5th – April 9th. Coaches will decide best weekday practice day for mid-April through end of May based on team and field availability. Games are typically each Saturday and one weeknight per week from April 29th through mid-June with home games in Hollis and away games in Amherst, Milford, Wilton, etc.



New for 2024: New Hampshire is aligning with the new USA Softball rules to use age as of 8.31.23 to determine placement. Girls ages 6-12 as of 8.31.23 can play in Spring 2024.

Play up requests will be considered for experienced players.

Parent coaches are needed; please indicate willingness to coach on registration. Questions? Contact marsha.bottino@gmail.com and recreation@hollisnh.org



**Richard Maghakian Memorial School Registration for
Kindergarten and First Grade
2024-2025 School Year.**

RMMS will be holding registration for incoming kindergarten and new first grade students starting on January 2, 2024 thru January 31, 2024. Please visit our school website at www.myrmms.org and go to the Kindergarten registration link to download the forms and instructions. Registration for kindergarten is for Brookline residents who have children who will be five years old by September 30, 2024. Registration for first grade is for Brookline residents who have children who will be six years old by September 30, 2024. Please share this with any family you know who may have an age appropriate child entering kindergarten or first grade and are new to the area. Thank you for your help. If you cannot make dates in January please call the school office to make an appointment at 603-673-4640.

Yearbook Information and Cover Design Contest

Dear Students and Parents:

Each year CSDA publishes a yearbook chronicling the events of the current year. Students may participate in designing the cover for our 2023- 2024 yearbook. (If you would like to submit a design for consideration, it must be submitted by **Friday, February 2, 2024**)

The cover should be done on an unlined 8 ½" x 11" sheet of paper in a vertical portrait position. All designs will be entered in the contest. There will be 2 entries chosen, one for the front and one for the back cover.

Please be sure to include the name of our school (CSDA is fine) and the school year, 2023-2024.

Students may use crayons, colored pencils, or markers. Students may also use computers to generate a graphic design. It is best to use bright, vivid colors when creating the cover. If using markers, please use heavier stock paper.

PLEASE **do not** put your name on the front of your design; please write it on the back. The camera ready art will be digitally scanned so the art work should be extremely clean and free from eraser marks, tears, creases, or smudges. Be sure that all text is legible and spelled properly. Please protect your work by sending your cover in an envelope or folder to the school by **February 2, 2024**

Sincerely,

Mary-Lou Gilbert
Yearbook Editor

CSDA Yearbook 2023-2024 Order Form

January 12, 2024

Dear Parents,

We are pleased to announce that we are offering an 8 1/2" X 11" full color yearbook documenting the 2023-24 school year. We are planning for candid photos chronicling the events at CSDA. The cost of the yearbook will be \$17.00.

To reserve your copy, please send your payment along with the bottom portion of this notice to your child's teacher. Families with more than one student who wish to purchase a book for each child are requested to complete a separate order form for each student. One check per family, however, is acceptable. **Please make checks payable to Capt. Samuel Douglass Academy; no cash, please.**

Please send your order in no later than March 08, 2024

Sincerely,

Mary-Lou Gilbert
Yearbook Editor

.....
**CSDA Yearbook 2023-2024
Order Form**

Student Name: _____ Teacher: _____

Amount of check: _____ Check#: _____

Payment sent in with sibling: _____
(Name and Teacher)

CSDA Yearbook 2023-2024

6th Grade Congratulatory Announcements

January 12, 2024

Dear Sixth Grade Parents;

We are pleased to announce that we are offering personalized announcements for our graduating 6th graders in our 2023-2024 Yearbook. Announcements will be limited to **25 words**. After negotiating the price of this year's yearbook, we are happy to offer this at no cost. If you would like to place an announcement on the congratulatory page, please fill out the form on the bottom of this page and return it by Friday, February 16, 2024.

Sincerely,

Yearbook Editor

.....

CSDA Yearbook 2023-2024

6th Grade Congratulatory Announcements

Student Name: _____ Teacher_____

Announcement:

Baby Pictures Needed of 6th Grade Students

The yearbook committee will continue the baby section again this year. Sixth grade parents are requested to send in a baby picture of your child from the age of newborn – 2 years of age. If you have a jpeg picture, you can email it to mary-lou.gilbert@sau41.org. Please note, **I will email you back to acknowledge I received the picture.** If you would like to send in a picture, we will scan it and return it back to you. Send in a photo in a sealed envelope addressed to Mrs. Gilbert.

Deadline is February 16, 2024

If you have any questions, feel free to call us at 821-0439.

Best regards,

Mary-Lou Gilbert