

900 Hillsborough Street, Raleigh, N.C. 27603 | 919-424-4028 | www.sms.edu/our-programs SMS 2024 CAMP

Week	Camp	Grades	Cost
1 June 10-14	Cookie and Cake Decorating	3-5	\$375
	STEM	5-8	\$375
	CSI Saint Mary's	5-8	\$375
	Let's DANCE Workshop	1-3	\$375
	Saints Sports Camp	3-5	\$375
	Tennis Academy for Beginners	1-3	\$375
	Yoga and Wellness	3-8	\$375
2 June 17-21	STEM	5-8	\$375
	Yoga	1-3	\$375
	Let's DANCE Workshop	3-5	\$375
	Saints Sports Camp	1-3	\$375
	Tennis Academy for Beginners	4-6	\$375
	Volleyball	5-8	\$375
	Glam Camp	5-8	\$375
	Art Camp	1-3	\$375
3 June 24-28	Art Camp	4-8	\$375
	Saints Sports Camp	1-3	\$375
	Tennis Academy for Intermediate Player	1-3	\$375
	Yoga and Wellness	3-5	\$375
	Acting for Theatre	3-5	\$375
	Dance	5-8	\$375
	Volleyball	3-5	\$375
	STEM	5-8	\$375
4 July 8-12	American Girl Doll Camp	1-4	\$375
	Art Camp	3-5	\$375
	Saints Sports Camp	3-5	\$375
	CSI Saint Mary's	5-8	\$375
	Volleyball	1-3	\$375
	Yoga and Wellness	1-3	\$375
5 July 15-19	American Girl Doll Camp	1-4	\$375
	Art Camp	1-3	\$375
	Yoga	5-8	\$375
	Saints Sports Camp	1-3	\$375
	Volleyball	3-5	\$375
	Glam Camp	4-7	\$375

Week 1: June 10-14, Monday - Friday Week 2: June 17-21, Tuesday - Friday Week 3: June 24-28, Monday - Friday Week 4: July 8-12, Monday - Friday Week 5: July 15-19, Monday - Friday

9 a.m. - 3 p.m. Extended Care: Morning Care: 7:30 a.m. - 9 a.m., Mon-Fri, \$150 Afternoon Care: 3 p.m. - 5 p.m., Mon-Fri, \$150

Camp hours, unless otherwise noted:

Registration opens: 1/1/24

Payment is due at the time of registration. Deposit and final payment due May 15, 2024.

Camp sizes are limited to 24

Camps are available on a first come, first served basis.

Grade groups are based on a student's grade level for the 2024/2025 school year.

<u>CANCELLATION POLICY:</u> Summer@Saint Mary's program cancellation requests made BEFORE May 15 will be entitled to the full amount paid minus a \$50 processing fee. Cancellations made AFTER May 15 and prior to the start of the registered camp program will NOT be refunded including the deposit.

DAY CAMPS:

American Girl Doll | Week 4 (July 8-12) Week 5 (July 15-19) 9 a.m.-3 p.m. | Grades 1-4 | \$375 Per Week This camp will celebrate young girls and all that they can be. We will try to speak to their imagination and teach them the importance of friends and family. We will use role play and other fun activities to entertain, educate and inspire them. The Etiquette section will include written notes, making proper introductions, and using proper manners. We will learn to use kindness, ask questions and how to be a good friend. We will set a proper table, learn the correct way to drink hot tea from a teacup, and eat hot soup with a spoon. Finally, we will help set up a proper tea table for our end of the week Tea with our dolls. Each day, the girls will have time to play with their dolls and create crafts that are tied to our daily lesson. Swimming and outdoor activities will be a part of the daily activities. Make sure you come with your favorite doll for a week full of fun!

Items needed for camp: Lunch, snack, water bottle, bathing suits, towels, and flip flops. Please label all belongings and apply sunscreen prior to arrival each day.

Art Camp (Art) | Week 2 (June 17-21) Week 3 (June 24-28) Week 4 (July 8-12) Week 5 (July 15-19) 9 a.m. – 3 p.m. | \$375 Per Week

Unleash your child's imagination this summer! Working in our beautiful sunlit painting studio, art camp will provide children an introduction to several forms of visual art. Each day, campers will explore mediums including drawing, painting, collage, and mixed media with a focus on our *artist of the day*. Each day, campers will have some time outdoors and will get to swim. Get ready to have some fun!

Items needed for camp: Lunch, snack, water bottle, bathing suits, towels, and flip flops. Please label all belongings and apply sunscreen prior to arrival each day.

<u>CSI Saint Mary's (STEM) | Week 1 (June 10-14) Week 4 (July 8-12) 9 a.m-3 p.m.| Grades 5-8 | \$375 Per Week</u>

Have you ever wanted to be a crime scene investigator? Get hands on experience investigating the death of a fictitious person through the collection of evidence. Activities will be including lifting and analyzing

fingerprints, blood spatter analysis, crime scene sketching, analysis of stomach contents, and DNA investigations including gel electrophoresis. CSI camp is structured to highlight the importance of learning how to collaborate in teams all while building one's own knowledge foundation and confidence through their own individual efforts while working through a simulated crime scene. Your CSI will have a break for lunch and pool time each day during the week.

Items needed for camp: Lunch, snack, water bottle, bathing suit, towel, and flip flops. Please label all belongings and apply sunscreen prior to arrival each day.

<u>Let's DANCE Workshop</u> (Performing Arts) | Week 1 (June 10-14) Week 2 (June 17-21) Week 3 (June 24-28) 9 a.m.-3 p.m. | \$375 per week

A full day camp for the beginner dancers. We will have introductions into many genres of dance including ballet, jazz, modern, hip-hop, improvisation, etc. Campers will have the opportunity to create their own movement phrases through personal writing, storytelling, and group discussions. The day will also include outdoor free play, pool time, and a snack and lunch break.

Items needed for camp: Lunch, snack, water bottle, bathing suits, towels, and flip flops. Please label all belongings and apply sunscreen prior to arrival each day.

<u>Saints Sports Camp</u> (Sports) | Weeks 1-5 (<u>June 10-14</u>) (<u>June 17-21</u>) (<u>June 24-28</u>) (<u>July 8-12</u>) (<u>July 15-19</u>) 9 a.m.-3 p.m. | <u>Grades 1-5</u> | \$375 Per Week

Saints Sports Camp is one of our most popular camps! This is an all-girls camp where girls are grouped by age, for small group instruction with an 8:1 ratio of children to counselors. Introduced to the fun and exciting, age appropriate, world of team play and outdoor activities. Participants are taught an appreciation for multiple athletic activities, participation, sportsmanship, and physical fitness. They will gain a deeper understanding of athletics through individual, and team play in an environment that promotes enjoyment and healthy competition. They will have outdoor and indoor activity sessions that will include introductions to different team building skills, arts and crafts, and time in the swimming pool.

Items needed for camp: Lunch, snack, water bottle, bathing suits, towels, and flip flops. Please label all belongings and apply sunscreen prior to arrival each day.

<u>Tennis Academy</u> (Sports) | Week 1 (<u>June 10-14</u>) Week 2 (<u>June 17-21</u>) Week 3 (<u>June 24-28</u>) 9 a.m.-3 p.m. | \$375 Per Week

For Beginners: This camp is open to rising 2nd-6th graders with little or no previous tennis experience. Players will have the opportunity to learn basic tennis skills that can be used throughout their playing careers. Throughout the week, they will learn the fundamentals of tennis, including ground strokes, volleys, serves, and score keeping. The daily schedule consists of drills, competitive games, and pool time. After this week, campers should feel confident with the fundamentals of tennis and strive to continue with the sport.

For Intermediate Player: This camp is open to rising 4th-8th graders with previous tennis experience. Utilizing Saint Mary's beautiful outdoor tennis courts, the players will be grouped by skill level and will be given the opportunity to improve their skills in a fun and encouraging atmosphere. The daily schedule will consist of drills, competitive games, match play, footwork training, tennis strategy, and pool time. Players will work on the following: ground strokes, volleys, overheads, serves, and singles and doubles play. This camp will help further develop the players' skills especially in preparation for middle school tennis.

Items needed for camp: Lunch, snack, water bottle, bathing suits, towel, Tennis shoes, flip flops and tennis racquet. Please label all belongings and apply sunscreen prior to arrival each day.

Volleyball (Sports) | Week 2 (June 17-21) Week 3 (June 24-28) Week 4 (July 8-12) Week 5 (July 15-19) 9 a.m.-3 p.m. | \$375 Per Week

This camp will prepare girls for middle school volleyball while building upon an elite level mind-set. The camp will feature age-appropriate conditioning and training to prepare individuals both physically and mentally, for the next level of athletic competition. This is a great program for girls that have been playing volleyball for less than a year. In addition to practice on the court, the camp will utilize strength conditioning, accountability and leadership, volleyball IQ, nutrition, the importance of being a good teammate and sportsmanship, and time to cool off in the pool. A tournament will wrap up the week-long camp.

Items needed for camp: Lunch, snack, water bottle, bathing suits, towel, and flip flops. Please label all belongings and apply sunscreen prior to arrival each day.

Yoga and Wellness (Fitness) | Week 1 (June 10-14) Week 2 (June 17-21) Week 3 (June 24-28) Week 4 (July 8-12) Week 5 (July 15-19) 9 a.m.-3 p.m. | \$375 Per Week

Throughout this week, girls will experience yoga, mindfulness, goal setting, relaxation, and self-care. Each day will include yoga poses, games, crafts, and spa time. Spa time features manicures and pedicures, face masks, and essential oils; crafts include creating eye pillows, mandalas, glitter jars, and more. Girls will get to keep their crafts to be equipped with tools to continue mindfulness practices on their own. If you are looking for a fun week that promotes overall happiness and health, this is the camp for you! Girls will also have time to swim each day!

Items needed for camp: Lunch, snack, water bottle, bathing suits, towels, and flip flops. Please label all belongings and apply sunscreen prior to arrival each day.

Acting for Theatre (Performing Arts) | Week 3 (June 24-28) 9 a.m.-3 p.m. | Grades 3-5 | \$375

A ten-day beginner theater intensive that will familiarize your child with all things acting! Collaborate with fellow actors to create short plays, hone your improv skills, and learn about the audition process! This camp is perfect for students looking for an introduction to acting or experienced actors who want to challenge themselves with new scene work and monologues. Come play with us as you gain self-confidence, improve public speaking skills, create amazing stories, and support your fellow actors with active listening. At the conclusion of the second week, you will be given the opportunity to perform live in a coffee house type setting. Campers will have snack and swimming time each day.

Items needed for camp: Lunch, snack, water bottle, bathing suits, towel, flip flops. Please label all belongings and apply sunscreen prior to arrival each day.

Glam Camp (Beauty) | Week 2 (June 17-21) Week 5 (July 15-19) 9 a.m.-3 p.m. | \$375 Per Week

This course teaches all things beauty! From the basics to the breathtaking! This basic beauty camp teaches basics of beauty, makeup trends, fashion makeup, Hair style trends and nails! Glam Camp provides guided instruction and support for the pace of each camper while encouraging engagement and camaraderie with peers and project-based makeup and beauty instruction. Learn about the newest makeup and beauty trends and discover the basics of makeup applications. Campers will also enjoy pool and snack time each day!

Items needed for camp: Lunch, snack, water bottle, bathing suits, towel, flip flops. Please label all belongings and apply sunscreen prior to arrival each day.