

February 2024

Rockwood Elementary Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

February is Cherry Month!

In February 1912, three thousand cherry trees were shipped from the city of Yokohama, Japan and transferred to Washington. D.C. to be planted along the Potomac Tidal Basin. These cherry trees were a gift of friendship to the People of the United States from the People of Japan.

5
Dunkin' Stick
w/ Yogurt


Tony's 4x6 Cheese or
Pepperoni Pizza
Sweet Corn
Icy Blueberries
Choice of Cold Milk

6
Egg and Cheese
Bagelicious

Hot Dog on Bun
Cowboy Beans
Cinnamon Pears
Confetti Vanilla Pudding
Choice of Cold Milk

7
Fluffy Pancake
w/ Sausage Patty 

National Fettuccine Day!
Chicken Fettuccine Alfredo
Steamed Broccoli
Frosty Strawberry Cup
Choice of Cold Milk

8
 Dutch Waffle

Super Bowl Lunch Party!
Boneless Chicken Wings
w/ Warm Breadstick
Carrot & Celery Dip Cup
Apple Slices
Choice of Cold Milk

9
NO SCHOOL


12
Pancake and Sausage
Bites

Mini Cheese Calzones
Italian Seasoned Green Beans
Frosty Mixed Berries
Choice of Cold Milk


13
King Cake Breakfast
Cake w/ Yogurt

National Cheddar Day!
Soft Pretzel w/ Cheddar
Cheese Sauce
Steamed Broccoli
Peachy Keen Peaches
Choice of Cold Milk

14
Banana Split Yogurt
Parfait w/ Graham Crackers

Restaurant Pizza
Italian Roasted Baby Carrots
"Be Mine" Strawberries &
Cream Sidekick Icy 
Choice of Cold Milk

15
Turkey Sausage & Cheese
Egg Bite w/ Bagel Half

Breakfast for Lunch!
Cinnamon Glazed French Toast
Sticks w/ Sausage Links 
Hashbrown Rounds
Bananarama
Choice of Cold Milk

16
Warm Cinnamon
Oatmeal w/ Toppings

Potato Crusted Fish Fillet
w/ Hushpuppies
Bush's Baked Beans
Fruit Salad Mix Up
President Cookies
Choice of Cold Milk

19
NO SCHOOL

**HAPPY
PRESIDENTS
DAY!**

20
National Muffin Day!
Warm Muffin w/ Yogurt

Three Cheese Cavatappi
w/ Warm Breadstick
Steamed Broccoli
Diced Pears
Choice of Cold Milk

21
Scrambled Eggs
w/ Warm Biscuit

Nachos Supreme w/ Queso
Southwestern Refried Beans
Vine-Ripened Grapes
Choice of Cold Milk

22
Breakfast Pizza

**National Cook a Sweet
Potato Day!**
Popcorn Chicken Smackers
w/ Warm Breadstick
Sweet Potato Fries
Frosty Peach Cup
Choice of Cold Milk

23
**National Banana Bread
Day!**

Banana Super Slice Bread

Breaded Mozzarella Sticks
w/ Marinara Sauce
Italian Seasoned Green Beans
Icy Blueberries
Choice of Cold Milk


26
Chocolate Cherry
Granola Bar w/ Yogurt

Hamburger or
Cheeseburger on Bun
Bush's Baked Beans
A+ Applesauce
Choice of Cold Milk

27
National Strawberry Day!
Strawberry Smoothie
w/ Zee Zee's Strawberry
Grahamz

Mini Cheese Pizza Bagels
Sweet Green Peas
Frosty Strawberries
Choice of Cold Milk

28
Egg and Cheese
on Biscuit

National Pancake Day!
Fluffy Pancakes
w/ Sausage Links 
Sweet Potato Fries
Bananarama
Choice of Cold Milk

29
Warm Cinnamon Roll

Mandarin Orange Chicken
w/ Fluffy Rice
Steamed Broccoli
Pineapple Chunks
Fortune Cookie
Choice of Cold Milk

MEAL PRICES

Milk	\$0.75
Student Breakfast	\$2.10
Student Lunch	\$3.60
Adult Breakfast	\$2.50
Adult Lunch	\$4.45

Prepay your child's meal account
online using
www.myschoolbucks.com

Helpful hint: Deposit \$68.40 for
school lunches in February.

Breakfast includes the menued item;
Or 4 oz Yogurt & Graham Cracker; Or
Choice of Cereal & Graham Cracker.
Each breakfast is served with fruit
and/or 100% juice and milk.

Alternate Entrées Available Daily

- * Grilled Cheese Pretzel
- * Deli Turkey Sandwich
- * Sunbutter & Jelly Sandwich
- * Chef Salad w/Crackers

Snack Pack Options Available Daily


- Monday**– Cinnamon Snack'n Waffle
- Tuesday** – Cereal & Cinnamon Tiger
Bites
- Wednesday** – Muffin Variety &
Goldfish Pretzels
- Thursday** – Zee Zee's Strawberry
Grahamz & Goldfish Colors
- Friday**- Mini Pancakes

Served with choice of Cheese Cubes or
Sticks, Yogurt & Sunflower Seeds, Hard
Boiled Egg, or Sunflower/ Pumpkin
Seed Butter

Daily fruit choices may include:
Fresh, frozen, dried, canned (in juice or
light syrup) or 100% juice.

**Variety of fresh vegetables offered
daily.**

Rockwood is not peanut free.

 Indicates a pork product.

MENU IS SUBJECT TO CHANGE

This institution is an equal
opportunity provider.